

**SUNDAY, NOVEMBER 29, 2020**  
**MARTYR PARAMON**

**The Holy Martyr Paramon** and the 370 Martyrs with him suffered for their faith in Christ in the year 250 during the rule of the emperor Decius (249-251). The governor of the Eastern regions, Aquianus, had locked up 370 Christians in prison, urging them to abjure Christ and instead offer sacrifice to idols. They subjected the captives to beatings, hoping by torture and the threat of death to persuade them to renounce Christ and worship the pagan gods. One of the local inhabitants, Paramon by name, openly denounced the cruel governor and confessed his faith in the One True God, the Lord Jesus Christ. They beheaded St Paramon after fierce tortures, together with the other 370 martyrs.

**GREAT VESPERS**

***LORD I CALL: Seven stikhera of the Resurrection in tone 8, followed by three for the martyr***

***Resurrection, tone 8:***

We offer to You, O Christ,  
our evening song and reasonable service,  
for You willed to have mercy on us//  
by Your Resurrection.

Lord, Lord, do not cast us away from Your face!  
For You willed to have mercy on us//  
by the Resurrection.

Rejoice, holy Zion!  
Mother of the churches, the abode of God!  
For you were the first to receive remission of sins//  
by the Resurrection.

The Word of God the Father,  
begotten before the ages,  
in the latter times willed to be incarnate of the Virgin  
and endured crucifixion unto death.  
He has saved mortal man//  
by His Resurrection.

We glorify You, O Lord  
for You voluntarily endured the Cross for our sake.  
We fall down in worship before You, almighty Savior.  
Do not cast us away from Your face  
but hear us and save us, Lover of mankind//  
by Your Resurrection!

Glory to You, O Savior Christ,  
only begotten Son of God, nailed to the Cross//  
and resurrected from the tomb on the third day!

We glorify Your Resurrection from the dead, O Christ,  
by which You have freed Adam's race from the tortures of hell,//  
and as God have granted to the world eternal life and great mercy.

***Martyr, tone 4:***

Manifestly illumined by the brightness of the Spirit of God,  
most blessed Paramon,  
you despised the total darkness of idolatry.  
When your time had come, O most blessed one,  
you approached the suffering before you with a courageous mind.  
Revealed as victorious, you cast down the prideful enemy of all mortals,  
as you magnified Christ.//  
Entreat Him to save and enlighten our souls!

Witnessing a great multitude slaughtered for the King and God of all,  
you burned with divine zeal, O Paramon, crying out:  
“I am ever a true servant of Christ.  
Understand, O evil tyrants,  
for behold, I was summoned, and now I come  
to be slain like an innocent lamb.  
Therefore, do not be deceived:  
I am forced to become an acceptable sacrifice to Him//  
Who for my sake was freely slain in the flesh.”

The honored choir of athletes,  
three hundred seventy in number,  
with faith cast down the falsehood of the evil-doers' idolatry.  
You also were crowned with them,  
having struggled with a courageous mind, O Paramon,  
and, rejoicing, you joined the choirs of the bodiless hosts.  
Ever pray with them that we, who honor and bless you,//  
may be delivered from all sorrow and dangers!

***GLORY...NOW AND EVER...the Dogmatikon in tone 8:***

The King of heaven,  
because of His love for man,  
appeared on earth and dwelt with men.  
He took flesh from the pure Virgin  
and after assuming it, He came forth from her.  
The Son is one: in two natures, yet one Person.

Proclaiming Him as perfect God and perfect Man,  
we confess Christ our God!//  
Entreat him, O unwedded Mother, to have mercy on our souls!

**APOSTIKHA: All stikhera of the Resurrection in tone 8:**

Descending from heaven to ascend the Cross,  
the Eternal Life has come for death  
to raise those who are fallen;  
to enlighten those in darkness.//  
Jesus, our Savior and illuminator, glory to You!

We glorify Christ, who rose from the dead.  
He accepted the human body and soul,  
and freed both from suffering.  
His most pure soul descended to hell, which He spoiled.  
His holy body did not see corruption in the tomb.//  
He is the Redeemer of our souls.

In psalms and songs we glorify Your Resurrection from the dead, O Christ.  
By it, You have freed us from the tortures of hell//  
and as God have granted eternal life and great mercy.

Master of all, incomprehensible Creator of heaven and earth,  
by Your suffering on the Cross You have gained passionlessness for me.  
Accepting burial and arising in glory,  
You resurrected Adam with Yourself by Your almighty hand.  
Glory to Your rising on the third day!  
By it You have granted us eternal life and cleansing of sins//  
as the only compassionate One.

***Glory... now & ever...***

Unwedded Virgin,  
you ineffably conceived God in the flesh.  
O Mother of God most high,  
accept the cries of your servants, O blameless one!  
Grant cleansing of transgressions to all!//  
Receive our prayers and pray to save our souls!

***Troparia***

***Resurrection, tone 8***

Thou didst descend from on high, O Merciful One!  
Thou didst accept the three day burial to free us from our sufferings!  
O Lord, our Life and Resurrection: glory to Thee.

***Martyrs, tone 4:***

Your holy martyrs Paramon and Philumenus and those with them, O Lord,  
through their sufferings have received incorruptible crowns from You, our God.  
For having Your strength, they laid low their adversaries,  
and shattered the powerless boldness of demons.//  
Through their intercession, save our souls!

***Resurrectional Dismissal Theotokion, tone 4***

The mystery of all eternity,  
unknown even by Angels,  
through you, Theotokos, is revealed to those on earth:  
God incarnate by union without confusion.  
He voluntarily accepted the Cross for us,  
by which He resurrected the first-created man,//  
saving our souls from death.

<b>THE DIVINE LITURGY</b>
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**TROPARIA**

**Resurrection, tone 8**

Thou didst descend from on high, O Merciful One!  
Thou didst accept the three day burial to free us from our sufferings!  
O Lord, our Life and Resurrection: glory to Thee.

**Saint John of Damascus**

Teacher of Orthodoxy, piety, and purity!  
Enlightener of the universe!  
And divine inspiration to monastics  
by your teachings we are all enlightened,  
and by your spiritual music, O all-wise John of Damascus,  
pray to Christ our God for the salvation of our souls!

**Saint Paramon, tone 4**

Your holy martyrs Paramon and Philumenus and those with them, O Lord,  
through their sufferings have received incorruptible crowns from You, our God.  
For having Your strength, they laid low their adversaries,  
and shattered the powerless boldness of demons.  
Through their intercessions, save our souls!

**KONTAKIA**

**Resurrection, tone 8**

By rising from the tomb, Thou didst raise the dead and resurrect Adam.  
Eve exults in Thy Resurrection,  
and the world celebrates Thy Rising from the dead, O greatly Merciful One!

### **Saint Paramon, tone 4**

Urged on by the commandments of God,  
with patience, you cleansed your souls from all defilement.  
You reached perfection as spiritual athletes;  
you renounced sacrifice to idols.  
Imitating Christ, you were slain with a spear,  
most blessed Paramon and Philumenus.

### **Steadfast Protectress of Christians**

Steadfast protectress of Christians,  
Constant advocate before the creator:  
Do not despise the cry of us sinners,  
But in your goodness come speedily to help us who call on you in faith.  
Hasten to hear our petition and to intercede for us, O Theotokos,  
For you always protect those who honor you.

**PROKEIMENON, tone 8:** Pray and make your vows before the Lord our God!

**Vs.** In Judah God is known' His Name is great in Israel.

**EPISTLE: (224) Ephesians 4:1-6** Brethren, I the prisoner of the Lord, beseech you to have a walk worthy of the vocation with which you were called, with all lowliness and meekness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called in one hope of your calling; one Lord, one faith, one baptism; one God and Father of all who is above all, and through all, and in you all.

**Alleluia in the eighth tone:** Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

**vs.** Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise!

**GOSPEL: (71) Luke 13:10-17** At that time, He was teaching in one of the synagogues on the Sabbath. And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up. But when Jesus saw her, He called her to Him and said to her, "Woman, you are loosed from your infirmity." And He laid His hands on her, and immediately she was made straight, and glorified God. But the ruler of the synagogue answered with indignation, because Jesus had healed on the Sabbath; and he said to the crowd, "There are six days on which men ought to work; therefore come and be healed on them, and not on the Sabbath day." The Lord then answered him and said, "Hypocrite! Does not each one of you on the Sabbath loose his ox or donkey from the stall, and lead it away to water it? So ought not this woman, being a daughter of Abraham, whom Satan has bound, think of it, for eighteen years, be loosed from this bond on the Sabbath?" And when He said these things, all His adversaries were put to shame, and all the multitude rejoiced for all the glorious things that were done by Him.

**COMMUNION HYMN:** Praise the Lord from the heavens, praise Him in the highest!  
Alleluia....