

February 27, 2022



THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

36TH SUNDAY AFTER PENTECOST—TONE 3

SUNDAY OF THE LAST JUDGEMENT

REPOSE OF ST RAPHAEL OF BROOKLYN

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Welcome!

...to all who have gathered to follow Jesus Christ & manifest the Kingdom of God in the Liturgy of His Church. If this is your first time with us, give us a chance to get to know you and fill out a visitor card.

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A Word from the Holy Fathers

Vigils and fasts and acts of mercy are the methods advocated by the saints to attain the spiritual life. But they must not stand alone, nor must the Christian put his trust in them. Humility must have faith for its principle, and fasting be combined with charity, that is feed the hungry, give water to the thirsty, clothe the naked.

St. Basil the Great

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**Include Something in the Bulletin or
Be Included in our Weekly
(NEWS@StJohnofDamascus.org)
E-mails**

E-mail info@stjohnofdamascus.org



Parish Life

Youth Choir to Perform after Church Next Week

Our Youth Choir continues to meet and learn new songs.

Next week after Forgiveness Sunday Vespers they will share a mini program with us to help us enter Great Lent!



Blood Drive—Need 25 Commitments We Made It!

As many of you may have heard there is a significant shortage of blood donations currently. We are investigating hosting a blood drive in response. We need at least 25 people committed to giving blood to host the drive and now have MORE than 25.

We will be contacting the Red Cross to schedule. More details to follow

Current count: 29



Keep Informed Receive Weekly E-mails About Parish Life

We are an active community with a lot going on. These days it is especially helpful to keep up to date on things taking place in our parish.

We have an email group
“News@stjohnofdamascus.org”

It is all those who are interested in the activities of St. John of Damascus Orthodox Church. Members receive periodic notifications of special events, parish meetings and weekly newsletters.

**To be included E-mail Fr Michael at
info@stjohnofdamascus.org**

Cheesefare Luncheon (Next Week) to Collect for IOCC & Ukraine

At next week's luncheon all donations will go to IOCC, the InterOrthodox Christian Charities. This is one way we can support those suffering in Ukraine. IOCC has a network across all of Ukraine and an excellent record of non partisan and non sectarian humanitarian relief.

Please come prepared to give generously.



Auxiliary Cooking Days in March 17th, 22nd & 29th

Tuesday March 17, 22nd & 29th the Auxiliary will be gathering to make pierogies and other goodies for our upcoming Spring Bake Sale (April 18).

We need your help. It is also a nice time to visit and chat with your fellow parishioners.

If you are available plan on coming and joining the fun.



Purchase Gift Cards Through Our Scrip Coordinator & Help our Parish

Scrip gift cards raise money for St. John's Auxiliary. When you buy Scrip cards, the store makes a donation with NO extra expense. Use the cards for your regular monthly purchases or gifts for loved ones and support our parish's ministry. Cards are available for gas, groceries, Amazon, restaurants and many other stores.

See Carmen Brown after Liturgy for more information or to purchase your cards.

Parish Life

TROPARIA

Resurrection — Tone 3

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

St John of Damascus —Tone 8

Teacher of Orthodoxy, piety, & purity!
Enlightener of the universe!
& divine inspiration to monastics
by your teachings we are all enlightened,
& by your spiritual music, O all-wise John of
Damascus,
pray to Christ our God for the salvation of our
souls!

St Raphael of Brooklyn —Tone 1

Thy proclamation has gone out through North
America,
calling the scattered sheep into the unity of the
Church.
Hearing thy voice, they respond to thy teaching,
and through thy writings thou didst instruct them
in piety.
Now guided by thine example, O Father Raphael,
we sing hymns of praise to Christ our God:
“Glory to Him Who gave thee strength!
Glory to Him Who granted thee a ^crown!//
Glory to Him Who, through thee, grants healing
to all!

KONTAKIA

St John of Damascus — Tone 4

Let us the faithful sing praises to John,
worthy of great honor the composer of hymns.
The star & teacher of the Orthodox Faith,
the defender of its doctrine.
Through the might of the Lord's Cross he
overcame heretical error!
Now he is fervent in prayer to Christ God,
to grant forgiveness of our sins.

St Raphael of Brooklyn —Tone 8

Thou wast a guardian and a defender of the
Church's teaching,
thou didst protect thy flock from false doctrines
and confirmed them in the true faith!
O holy Father Raphael, son of Syria and glory of
North America,//
always intercede before the Lord that our souls
may be saved!

Lenten Triodion – Tone 1

When Thou, O God, shalt come to earth with
glory,
all things shall tremble,
and the river of fire shall flow before Thy
judgment seat;
the books shall be opened, and the hidden things
disclosed;
then deliver me from the unquenchable fire,//
and make me worthy to stand at Thy right hand,
O Righteous Judge!

Funeral Services for Landon Michael Henry—Monday & Tuesday

As many of you know, early Sunday morning Landon Michael Henry, son of Wayne & Shari Henry tragically died in a car crash.

We mourn for him and pray for his soul as well as for his grieving family and friends

Services will be at St John of Damascus on Monday & Tuesday.

Monday 5:00-8:00pm Visitation at the church with Pannikhida/Trisagion at 7pm

Tuesday 11:30am - Funeral at church

1:00pm Burial at Dearborn Memorial Cemetery in Poway. 14361 Tierra Bonita Rd

Repast Meal at church hall to follow burial

Today's Worship — Scripture Readings

Epistle — 1 Corinthians 8:8-9:2

⁸ But food does not commend us to God, for if we eat, we are not better; and if we do not eat, we are not worse! ⁹ However, be careful that your freedom may never become a stumbling block to the weak. ¹⁰ For if someone sees you who have knowledge sitting in an idol's temple, will not this person's conscience, if weak, be emboldened to eat things sacrificed to idols? ¹¹ And thus, through your knowledge, shall the weak brother perish, for whom Christ died? ¹² And so, by sinning against the brethren and wounding their conscience when it is weak, you sin against Christ! ¹³ Therefore, if food causes my brethren to stumble, I will never ever eat meat, so that I may not cause my brethren to stumble.

9 Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord? ² If to others I am not an apostle, yet at least for you I am one! You are the seal of my apostleship in the Lord.

Epistle — Hebrews 13: 17-21

¹⁷ Obey your leaders and submit to them as they watch over your souls as people who will give an account. This way, they will be able to do this with joy and not with grief because that would not be profitable for you.

¹⁸ Pray for us: we trust that we have a good conscience, desiring to live honorably in all things. ¹⁹ I strongly urge you to pray for this: that I may be restored to you sooner.

²⁰ Now may the God of peace, who with the blood of an eternal covenant brought back from the dead the great shepherd of the sheep, our Lord Jesus, ²¹ make you complete in every good work so that you may do his will. May God work in you what is well-pleasing in his sight, through Jesus Christ, to whom be the glory unto ages of ages. Amen.

PROKEIMENA

Tone 3 (*Lenten Triodiion*) — Great is our Lord, and abundant in power, / His understanding is beyond measure. (Ps. 146:5)

V. Praise the Lord! For it is good to sing praises to our God! (Ps. 146:1)

Tone 1 (St. Raphael) — My mouth shall speak wisdom; / the meditation of my heart shall be understanding. (Ps. 48:3)

ALLELUIA

Tone 8—V. Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior! (Ps. 94:1)

V. Let us come before His presence with thanksgiving; let us make a joyful noise to Him with songs of praise. (Ps. 94:2)

Tone 2— V. The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgment. (Ps. 36:31)

Today's Worship — Scripture Readings

Gospel — Matthew 25: 31-46

³¹ “But when the Son of Man comes in his glory, and all the holy angels with him, then he will sit on the throne of his glory. ³² All the nations will be gathered before him, and he will separate them one from another, just as a shepherd separates the sheep from the goats. ³³ He will place the sheep on his right hand, but the goats on the left. ³⁴ Then the King will tell those on his right hand, ‘Come, you blessed of my Father! Inherit the Kingdom prepared for you since the foundation of the world! ³⁵ For I was hungry and you gave me food to eat; I was thirsty and you gave me drink; I was a stranger and you took me in. ³⁶ I was naked and you clothed me; I was sick and you visited me; I was in prison, and you came to me.’

³⁷ Then the righteous will answer him, saying: ‘Lord, when did we see you hungry and feed you; or thirsty and give you a drink? ³⁸ When did we see you as a stranger and take you in; or naked, and clothe you? ³⁹ When did we see you sick, or in prison, and visit you?’

⁴⁰ The King will answer them, ‘Amen, I tell you: as much as you did it to one of the least of these my brethren, you did it to me.’ ⁴¹ Then he will also say to those on his left hand, ‘Depart from me, you accursed, into the eternal fire which is prepared for the devil and his angels! ⁴² For I was hungry and you gave me no food; I was thirsty and you gave me no drink; ⁴³ I was a stranger and you did not receive me; naked, and you did not clothe me; sick, and in prison, and you did not visit me.’

⁴⁴ Then they will answer him: ‘Lord, when did we see you hungry, or thirsty, or a stranger, or naked, or sick, or in prison, and did not help you?’

⁴⁵ Then he will answer them, saying: ‘Amen, I tell you: as much as you did not do it to one of the least of these, you did not do it to me.’

⁴⁶ These [ones on the left] will go away into eternal punishment, but the righteous into eternal life.”

Gospel — John 10:9-16

⁹ I am the gate! Anyone who enters in by me will be saved, and go in and out, and will find pasture. ¹⁰ The thief only comes to steal, kill, and destroy. I came so that people may have life, and have it in abundance. ¹¹ I am the good shepherd! The good shepherd lays down his life for the sheep. ¹² The one who is a hired hand, not a shepherd, and who does not own the sheep, leaves the sheep and flees when he sees the wolf coming. Then the wolf snatches the sheep and scatters them. ¹³ The hired hand flees because he is a hired hand and does not care for the sheep. ¹⁴ I am the good shepherd! I know my own, and I am known by my own; ¹⁵ even as the Father knows me, and I know the Father. I lay down my life for the sheep. ¹⁶ I have other sheep, which are not of this fold. I must bring them also, and they will hear my voice. And there will be one flock—one shepherd.

Our Life in Christ

Statement of His Beatitude Metropolitan Tikhon on War in Ukraine



Dearly beloved children in the Lord,

In light of the distressing developments in Ukraine affecting millions of innocent people in the region, I wholeheartedly urge you to pray for peace and the well-being of our brothers and sisters who are enduring this tragic moment.

I ask that the hostilities be ceased immediately and that President Putin put an end to the military operations. As Orthodox Christians, we condemn violence and aggression.

I offer my support and prayers to my brother and concelebrant, His Beatitude Metropolitan Onufriy, who has the most difficult task of leading his beloved flock in this time of pain and anxiety. I also assure my prayers to the other religious leaders serving in Ukraine who have the delicate task of leading their communities in these difficult times.

To our beloved Ukrainian brothers and sisters, as well to all of you who are certainly troubled and concerned about these recent developments, I offer the words that the Lord Himself offers to us through His Psalmist: "The Lord will give strength to His people; The Lord will bless His people with peace (Ps 29:11)."

May we fervently offer our petition to our Lord and Savior Jesus Christ to have mercy on us "for the peace of the whole world, for the welfare of the holy churches of God, and for the union of all."

Yours in Christ,

Tikhon

Archbishop of Washington

Metropolitan of All America and Canada

Our Life in Christ

Preparing for Your House Blessing—Final Week

Sanctification of the home

The blessing of homes with holy water maintains the spiritual association between the 'home or family church' and the parish, as well as again providing for the sharing of God's spiritual gifts. This annual blessing is not as elaborate as the blessing of the new dwelling, but because of this it should not be overlooked, for it is in this way that the grace of God is extended to individual dwellings.

The sanctification of the home takes place with prayer and the sprinkling of holy water. The priest, at this annual visit, asks God to have mercy on the house, to rid it of every evil and to fill it with every blessing. Everyone of the house, prays together for the living and the dead of the family, and all who live and have lived in the house. They all sing the hymn of salvation and process from room to room while the priest blesses the house.

Preparation

Traditions of the ceremony differ according to local custom, but these general guidelines should be observed:

- A candle with an icon and some holy water should be placed in a suitable place, such as kitchen or dining room table, or a home altar.
- Also, a list of first names for whom prayers are to be offered, including members of the family and all those living in the house. The list should have a clear distinction between the living and the dead.
- If it is the practice to give the priest a gift, it should not be placed with the holy objects on the table. It can be prepared in advanced, but given at the conclusion of the service.

The ceremony

When the priest comes, all who are present in the house should gather around the icon with the candle. They should, if they are able to join in, say the Trisagion Prayers and sing of the Troparion of the Feast of Epiphany. Then a family member leads the priest through the house with the candle. As he goes, he sprinkles holy water, and prays for a blessing upon each room and the activity that goes on there. When they have gone through the entire house, the family gathers again around the table and the priest blesses each person present.

**Following the feast of Theophany until the beginning of Great Lent
(Jan. 6 - Mar 6) Fr. Michael will be blessing homes.
Please contact Fr. Michael to arrange a date and time.**

*The voice of the Lord upon the waters cries out, saying,
'Come all of you, receive the Spirit of wisdom,
the Spirit of understanding, the Spirit of the fear of God,
of Christ who has appeared'.*

— from the Great Blessing of the Waters



LOOKING AHEAD

*The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).*

January 6-March 5

Annual House Blessings—Contact Fr Michael to Schedule

Tuesday March 1

10:30am — Father's Café (in person & via Zoom)

Wednesday March 3

7:00pm — Adult Ed: Who's Who in the Canon of St Andrew
(Old Testament)

In-person & Via Zoom (see online calendar for link)

Saturday March 5

1:00pm — Adult Ed Book Study: The Names of Jesus (Via Zoom)

Sunday March 6

After Liturgy — Forgiveness Sunday Vespers

Monday March 7

6:00pm — Compline w/ Canon of St Andrew

Tuesday March 8

6:00pm — Compline w/ Canon of St Andrew

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Many Years!

Name Days

Kyra Toth 2/28

Wedding Anniversaries

Heather & Tom Ferrari 3/1

Birthdays

Emily Katherine Shumaik Lorelli	2/28
Michael Franchak	3/1
Carmen (Anthony) Brown, Benjamin Fenlason	3/2
Barry Temnick	3/3
Elena Miller	3/5

New Catechumen

Charlene Hayes

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

PARISH CONTACT INFO:

Church: 16903 Espola Rd Poway — **Mailing Address:** PO Box 28291 San Diego, CA 92198

Web: www.stjohnofdamascus.org

Email: info@stjohnofdamascus.org — **Phone:** (858) 674-1931

Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — **Phone:** (858) 717-2172

Attached Clergy: V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA