

April 3, 2022



# THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

[www.stjohnofdamascus.org](http://www.stjohnofdamascus.org)

Publication of St. John of Damascus Orthodox Church, Poway, CA

4TH SUNDAY OF GREAT LENT —TONE 8  
ST JOHN CLIMACUS (OF THE LADDER)

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### Welcome!

...to all who have gathered to follow Jesus Christ & manifest the Kingdom of God in the Liturgy of His Church. If this is your first time with us, give us a chance to get to know you and fill out a visitor card.

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### A Word from the Holy Fathers

God is the life of all free beings. He is the salvation of all, of believers or unbelievers, the just or the unjust, of the pious or the impious, of those freed from the passions and those caught up in them, of the educated or the illiterate, the healthy or the sick, the young or the very old. He is like the outpouring of light, a glimpse of the sun, which is the same for everyone 9th

*St John Climacus  
Ladder of Divine Ascent*

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Include Something in the Bulletin or  
Be Included in our Weekly  
([NEWS@StJohnofDamascus.org](mailto:NEWS@StJohnofDamascus.org))  
E-mails



## Parish Life

### Church School w/ Fr Michael About Holy Confession April 10

April 10 Fr Michael will meet again with the children and youth of the parish to talk about the Sacrament of Repentance (Holy Confession) after their youth choir time.

Please mark your calendars and plan on having your child participate.



### Help Needed—George Rahal's Sister

George Rahal's sister and her two boys ages 18 & 21 are looking to rent a room in the area until they are able to find a long term residence. They recently immigrated to the US from Lebanon. If you can help or know someone that can please call/text George Rahal at 858 386 3752. Thank you



### Sat Adult Ed Book Club—3:00pm Growing in Christ: Shaped in His Image

Beginning Sat Mar 12 through April 16, our Saturday Adult Education Series will discuss the book "Growing in Christ" by Mother Raphaela.

Deacon George facilitates the discussion via the Zoom format at 3:00PM on Saturdays.

The book is available from multiple sources including a Kindle version at Amazon. Copies are also available at our parish bookstore for \$12.

You can find the Zoom link on our parish calendar: <https://stjohnofdamascus.org/calendar/>

### Auxiliary Cooking Days April 5 & 7

This Tuesday & Thursday the Auxiliary will be gathering to make pierogies and other goodies for our upcoming Spring Bake Sale (April 16).

Tuesday April 5—Nut, Poppy & Apricot rolls  
Thurs April 7— Stuffed Cabbage

We need your help. It is also a nice time to visit and chat with your fellow parishioners.

If you are available plan on coming and joining the fun.



### Spring Bake Sale April 16—Save the Date

The Auxiliary will have this year's Spring Bake Sale on Saturday April 16.

Please mark your calendars to come and help!



### Blood Drive—June 27 Make Your Appointment

As many of you may have heard there is a significant shortage of blood donations currently. We are investigating hosting a blood drive in response.

Now that we passed the 25 donors needed to schedule the blood drive we have been scheduled to have it on June 27.

People need to make appointments for the day. Please see Justin Wong

## Today's Worship—Hymns

### TROPARIA

#### Resurrection—Tone 8

You descended from on high, O Merciful One!  
You accepted the three day burial to free us from  
our sufferings!  
O Lord, our Life and Resurrection, glory to You!

#### St John of Damascus —Tone 8

Teacher of Orthodoxy, piety, & purity!  
Enlightener of the universe!  
& divine inspiration to monastics  
by your teachings we are all enlightened,  
& by your spiritual music, O all-wise John of  
Damascus,  
pray to Christ our God for the salvation of our  
souls!

#### St John Climacus—Tone 1

O dweller of the wilderness and angel in the  
body,  
you were a wonderworker, O our God-bearing  
Father John.  
You received heavenly gifts through fasting, vigil  
and prayer,  
healing the sick and the souls of those drawn to  
you by faith.  
Glory to Him Who gave you strength!  
Glory to Him Who granted you a crown!  
Glory to Him Who grants healing to all!

### KONTAKIA

#### Resurrection—Tone 8

By rising from the tomb, Thou didst raise the  
dead and resurrect Adam.  
Eve exults in Thy Resurrection, //  
and the world celebrates Thy rising from the  
dead, O greatly Merciful One!

#### St John Climacus—Tone 4

The Lord truly set you on the heights of  
abstinence,  
to be a guiding star, showing the way to the  
universe,  
O our father and teacher John.

#### Steadfast Protectress—Tone 6

Steadfast Protectress of Christians,  
Constant advocate before the Creator:  
Do not despise the cry of us sinners,  
But in your goodness, come speedily to help us  
who call on you in faith.  
Hasten to hear our petitions and to intercede for  
us, O Theotokos,  
For you always protect those who honor you!

### PROKEIMENA

**Tone 8** — *(Resurrection)* Pray and make your vows before the Lord, our God! *(Ps 75/76:11)*

*v: In Judah God is known; His name is great in Israel. (Ps 75/76:1)*

**Tone 7** — *(St John Climacus)* Let the saints exult in glory; let them sing for joy on their  
couches! *(Ps 149:5)*

## Today's Worship — Scripture Readings

### Epistle — Hebrews 6:13-20

<sup>13</sup> When God made a promise to Abraham, since he could swear by no one greater, he swore by himself, <sup>14</sup> saying, "I will surely bless and multiply you." <sup>15</sup> Thus, having patiently endured, Abraham obtained the promise. <sup>16</sup> For humans indeed swear by someone greater, and in every dispute they have, the oath is final to get things settled. <sup>17</sup> In this way, being determined to show more abundantly to the heirs of the promise the unchangeable nature of his purpose, God intervened with an oath. <sup>18</sup> And so, by two unchangeable things in which it is impossible for God to lie, may we have a strong encouragement, since we have sought refuge and taken hold of the hope set before us. <sup>19</sup> We have this hope as an anchor of the soul, a hope which is both sure and solid. It reaches beyond the veil, <sup>20</sup> where Jesus has entered as a forerunner for us, having become a high priest forever after the order of Melchizedek.

### Epistle — Ephesians 5:9-19

<sup>9</sup> for the fruit of the Spirit is in all [manner of] goodness, righteousness and truth. <sup>10</sup> Discern what is well-pleasing to the Lord! <sup>11</sup> Have no fellowship with the vain works of darkness, but rather, expose them for what they are. <sup>12</sup> It is a shame even to speak about the things which these people do in secret! <sup>13</sup> But all things are revealed when they are exposed to the light. <sup>14</sup> Therefore, it is said:

Awake, you sleeper, arise from the dead,  
and Christ will shine on you.

<sup>15</sup> Therefore, watch carefully how you live, not as unwise, but as wise [people], <sup>16</sup> making good use of time, because the days are evil. <sup>17</sup> Do not be foolish, but understand what the will of the Lord is. <sup>18</sup> Do not get drunk with wine—this is reckless living—but be filled with the Spirit. <sup>19</sup> Speak to one another in psalms, hymns, and spiritual songs! Sing and chant to the Lord in your heart

### ALLELUIA

**Tone 8** - V. Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior! (Ps. 94:1)

V. Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise! (Ps. 94:2)

**Tone 4** - V. They that are planted in the house of the Lord shall flourish in the courts of our God. (Ps. 91:12)

## Today's Worship — Scripture Readings

### Gospel — Mark 9:17-31

<sup>17</sup> Someone in the crowd answered, "Teacher, I brought you my son who has a mute spirit.

<sup>18</sup> Wherever [the spirit] seizes him, it throws him to the ground and my son foams at the mouth, grinds his teeth, and becomes rigid. I asked your disciples to cast it out, but they were not able."

<sup>19</sup> Jesus answered him, "Unbelieving generation, how long shall I be with you? How long shall I put up with you? Bring him to me."

<sup>20</sup> They brought the son to him, and when he saw Jesus, the spirit immediately convulsed the boy who fell to the ground and rolled around, foaming at the mouth.

<sup>21</sup> Jesus asked the boy's father, "How long has he been like this?"

"From childhood," he answered. <sup>22</sup> "Often, it has thrown him both into the fire and into water, in order to destroy him. But if you are able to do anything, have compassion on us and help us!"

<sup>23</sup> Jesus said to the man, "If you are able! All things are possible to the one who believes!"

<sup>24</sup> Immediately the father of the child cried out with tears, "I believe! Help my unbelief!"

<sup>25</sup> When Jesus saw that a crowd was running to the scene, he rebuked the unclean spirit, saying to him, "You mute and deaf spirit, I command you, come out of him, and never enter him again!"

<sup>26</sup> The spirit cried out, convulsed greatly, and came out of the boy. He became as dead, so much that many said, "He is dead!" <sup>27</sup> But Jesus took him by the hand and raised him up; and the boy stood up.

<sup>28</sup> When Jesus entered into the house, his disciples asked him privately, "Why could we not cast it out?" <sup>29</sup> He answered, "This kind can come out by nothing, except by prayer and fasting."

The Lord's passion announced again—The greatest in the Kingdom

<sup>30</sup> They left that place and passed through Galilee, [and] Jesus did not want anyone to know it. <sup>31</sup> He was teaching his disciples and told them,

"The Son of Man is to be delivered into the hands of men. They will kill him, and when he is killed, he will rise again on the third day."

### Gospel — Matthew 4:25-5:12

<sup>25</sup> Great crowds from Galilee, Decapolis, Jerusalem, Judea and from beyond the Jordan followed him.

The sermon on the mount

<sup>5</sup> Seeing the crowds, Jesus went up to the mountain and when he had sat down, his disciples came to him. <sup>2</sup> He began to speak and to teach them, saying:

<sup>3</sup> Blessed are the poor in spirit,  
for theirs is the Kingdom of Heaven!

<sup>4</sup> Blessed are those who mourn,  
for they shall be comforted!

<sup>5</sup> Blessed are the meek,  
for they shall inherit the earth!

<sup>6</sup> Blessed are those who hunger and thirst  
after righteousness,  
for they shall be filled!

<sup>7</sup> Blessed are the merciful,  
for they shall obtain mercy!

<sup>8</sup> Blessed are the pure in heart,  
for they shall see God!

<sup>9</sup> Blessed are the peacemakers,  
for they shall be called children of God!

<sup>10</sup> Blessed are those who are persecuted for  
righteousness' sake,  
for theirs is the Kingdom of Heaven!

<sup>11</sup> Blessed are you when people revile you,  
persecute you,  
and say all kinds of evil against you falsely  
for my sake! <sup>12</sup> Rejoice, and be extremely  
glad,

for great is your reward in heaven!

Indeed, this is how they persecuted the prophets  
who were before you!

**SAINT JOHN OF DAMASCUS  
ORTHODOX CHURCH  
AUXILIARY**

**ETHNIC FOODS and BAKE SALE**

**Saturday, April 16, 2022**

**11:00 A.M. to 2:00 P.M.**

**16903 Espola Road, Poway**

**Pierogies – Ask about our NEW varieties!**

Cheese • Potato/Cheese • Sauerkraut • Prune • Cherry  
@ \$9.00 per dozen

Sausage & Cheese • Carne Asada • The Polish  
The Italian • Loaded Baked Potato @ \$10.00 per dozen

**Stuffed Cabbage Rolls** - \$20.00 per dozen **Quiche** - \$15.00 ea.

**Piroshky** - \$15.00 per bag **Easter Breads** - \$10.00 ea.

**Georgian Cheese Bread** - \$15.00 ea. **Baklava** - \$15.00 per dozen

**Spanakopita** - \$15.00 per dozen

**Walnut, Poppy Seed, and Apricot Rolls** - \$15.00 ea.

**Brownies** - \$6.00 per ½ dozen **Cannoli** - \$2.50 ea.

**Apple Turnovers** - \$2.00 ea. **Lemon Bars** \$6.00 per ½ dozen

**Tea Breads** (Lemon Poppy Seed, Orange Nut, Banana Nut) - \$9.00 ea.

**Walnut Cookies** - \$9.00 per dozen

**Shortbread Cookies, Russian Tea Cakes** \$6.00 per dozen

**Cheesecakes** (Lemon or German Chocolate) \$15.00 ea.

**Mini Chocolate Cheesecakes** - \$2.00 ea.

**Carrot Cakes** - (6" pan) \$10.00 ea.

*Advance Orders Only / Outdoor Pick-Up*

**TO ORDER, PHONE**

Tanya: 619-818-2311 or Mike: 858-344-2981

*or* email: [auxiliary@stjohnofdamascus.org](mailto:auxiliary@stjohnofdamascus.org)

Ask about our  
marinated  
Easter Lamb!

## **Our Life in Christ**

This year every week the bulletin will have a Bible Question connected to the Old Testament. After Pentecost a "test" will be included in the bulletin. Whoever completes the "test" (you can use past bulletins to help) and submits it will be entered into a raffle for a gift card to their favorite store and/or restaurant.

### **Bible Question(s)**

**ACCORDING TO THE BIBLE.....**

**Q. WHO SAVED MOSES FROM PHAROAH'S ATTEMPT TO KILL HIM AND HOW WAS HE SAVED?**

**Q. WHO BECAME MOSES' ADOPTIVE MOTHER?**

**Q. DID MOSES EVER SEE HIS BIOLOGICAL MOTHER?**

**Q. WHY DID MOSES FLEE FROM PHAROAH?**

***Answers will be included in next week's bulletin. Stay tuned!***

### **Bible Question(s) - Answers**

**ACCORDING TO THE BIBLE.....**

**Q. ACCORDING TO THE BOOK OF EXODUS WHY DID THE "NEW" KING OF EGYPT BECOME FEARFUL OF THE PEOPLE OF ISREAL?**

**A. HE DID NOT KNOW JOSEPH & BELIEVED THE PEOPLE OF ISRAEL WHO WERE "TOO MANY AND MIGHTY" MIGHT JOIN WITH EGYPT'S ENEMIES**

**Q. WHY WAS MOSES IN DANGER WHEN HE WAS BORN?**

**A. BECAUSE PHAROAH HAD COMMANDED THAT EVERY SON BORN TO THE HEBREWS WOULD BE CAST INTO THE NILE RIVER TO DROWN.**

**Q. WHAT HOUSE OR TRIBE OF ISREAL WAS MOSES BORN INTO?**

**A. LEVI**



## LOOKING AHEAD

*The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).*

### Tuesday April 5

9:00am—Auxiliary Cooking Day  
10:30am — Father's Café (in person in church hall AND  
via Zoom—see online calendar for link)

### Wednesday April 6

6:00pm — Liturgy of the Presanctified Gifts followed by Lenten  
Potluck

### Thursday April 7

9:00am—Auxiliary Cooking Day

### Friday April 8

6:00pm — Matins w/ Akathist to the Theotokos

### Saturday April 9

3:00pm — Adult Ed: Book Study :“Growing in Christ” (via Zoom—  
see online calendar for link to join.

### Tuesday April 12

10:30am — Father's Café (in person in church hall AND  
via Zoom—see online calendar for link)  
7:00pm—Parish Council Meeting

**For more dates & links please visit our website: [www.stjohnofdamascus.org/calendar](http://www.stjohnofdamascus.org/calendar)**

*Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.*

## Many Years!

### *Birthdays*

Edward Klavzar, Abigail Gammo 4/4  
Nino Kiria 4/9

### *Wedding Anniversaries*

Nino Kiria & Levan Darjania 4/9

### PARISH CONTACT INFO:

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**Priest:** V. Rev. Michael Anderson, Rector

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**Attached Clergy:** V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA