

THE IMAGE... (Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

5TH SUNDAY OF GREAT LENT —TONE 1 ST MARY OF EGYPT



Welcome!

...to all who have gathered to follow Jesus Christ & manifest the Kingdom of God in the Liturgy of His Church. If this is your first time with us, give us a chance to get to know you and fill out a visitor card.



A Word from the Holy Fathers

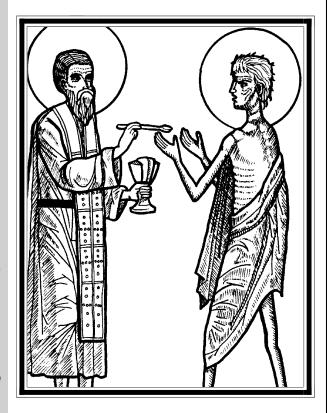
According to thy mercy, pour out upon me, who am miserable, at least one small drop of grace to make me understand and be converted, that I might make at least some small effort to correct myself. For if thy grace does not illumine my soul, I will not be able to see the carelessness and negligence that the passions have produced in me through my apathy and recklessness.

—St. Ephraim the Syrian



Include Something in the Bulletin or Be Included in our Weekly (NEWS@StJohnofDamascus.org) E-mails

E-mail info@stjohnofdamascus.org with your request.



Parish Life

Church School w/ Fr Michael About Holy Confession Today—April 10

April 10 Fr Michael will meet again with the children and youth of the parish to talk about the Sacrament of Repentance (Holy Confession) after their youth choir time.

Please mark your calendars and plan on having your child participate.



Help Needed—George Rahal's Sister

George Rahal's sister and her two boys ages 18 & 21 are looking to rent a room in the area until they are able to find a long term residence. They recently immigrated to the US from Lebanon. If you can help or know someone that can please call/text George Rahal at 858 386 3752. Thank you



Sat Adult Ed Book Club—3:00pm Growing in Christ: Shaped in His Image

Beginning Sat Mar 12 through April 16, our Saturday Adult Education Series will discuss the book ""Growing in Christ" by Mother Raphaela.

Deacon George facilitates the discussion via the Zoom format at 3:00PM on Saturdays.

The book is available from multiple sources including a Kindle version at Amazon. Copies are also available at our parish bookstore for \$12.

You can find the Zoom link on our parish calendar: https://stjohnofdamascus.org/calendar/

Fr Alexander's & Vickie's Celebration Sun Nov 6 & Fri June 17

The formal celebration with His Eminence Archbishop Benjamin will take place on Sun Nov 6 with a Hierarchical Divine Liturgy followed by banquet luncheon.

Taking advantage of Summer weather & a fast-free Friday we will also have a more casual luaustyle party in the church hall on Friday June 17 4:30-8:30pm. There will be a delicious Hawaiian buffet, live music and indoor as well as outdoor seating.

RSVP by June 3 to auxiliary@stjohnofdamascus.org



Spring Bake Sale April 16—Save the Date

The Auxiliary will have this year's Spring Bake Sale on Saturday April 16.

Please mark your calendars to come and help!



Blood Drive—June 27 Make Your Appointment

As many of you may have heard there is a significant shortage of blood donations currently. We are investigating hosting a blood drive in response.

Now that we passed the 25 donors needed to schedule the blood drive we have been scheduled to have it on June 27.

People need to make appointments for the day. Please see Justin Wong

Today's Worship—Hymns

TROPARIA

Resurrection—Tone 1

When the stone had been sealed by the Jews, while the soldiers were guarding Thy most pure body.

Thou didst rise on the third day, O Savior, granting life to the world.

The powers of heaven therefore cried to Thee, O Giver of Life:

"Glory to Thy Resurrection, O Christ!
Glory to Thy Kingdom!//
Glory to Thy dispensation, O Thou Who lovest mankind!"

St John of Damascus -Tone 8

Teacher of Orthodoxy, piety, & purity!
Enlightener of the universe!
& divine inspiration to monastics
by your teachings we are all enlightened,
& by your spiritual music, O all-wise John of
Damascus,

pray to Christ our God for the salvation of our souls!

St Mary of Egypt—Tone 8

The image of God was truly preserved in thee, O Mother

for thou didst take up the Cross and follow Christ.

By so doing, thou taughtest us to disregard the flesh for it passes away;

but to care instead for the soul, for it is immortal.//

Therefore thy spirit, O holy Mother Mary, rejoices with the angels.

KONTAKIA

Resurrection—Tone 1

As God, Thou didst rise from the tomb in glory, raising the world with Thyself.

Human nature praises Thee as God, for death has vanished.

Adam exults, O Master!

Eve rejoices, for she is freed from bondage and cries to Thee://

"Thou art the Giver of Resurrection to all, O Christ!"

St John of Damascus — Tone 4

Let us the faithful sing praises to John, worthy of great honor the composer of hymns. The star & teacher of the Orthodox Faith, the defender of its doctrine.

Through the might of the Lord's Cross he overcame heretical error!

Now he is fervent in prayer to Christ God, to grant forgiveness of our sins.

St Mary of Egypt—Tone 3

Having been a sinful woman, thou becamest through repentance a bride of Christ.

Having attained angelic life,

thou didst defeat demons with the weapon of the Cross.//

Therefore, O most glorious Mary, thou art a bride of the Kingdom.

Steadfast Protectress—Tone 6

Steadfast Protectress of Christians, Constant advocate before the Creator: Do not despise the cry of us sinners, But in your goodness, come speedily to help us who call on you in faith. Hasten to hear our petitions and to intercede for

us, O Theotokos,

For you always protect those who honor you!

PROKEIMENA

Tone 1 — (Resurrection) Let Thy mercy, O Lord, be upon us / as we have set our hope on Thee! (Ps. 32:22)

V. Rejoice in the Lord, O you righteous! Praise befits the just! (Ps. 32:1)

Tone 4 — (St Mary of Egypt) God is wonderful in His saints, / the God of Israel. (Ps. 67:35a)

Today's Worship — Scripture Readings

Epistle — Hebrews 9:11-14

¹¹ But when Christ appeared as a high priest of the good things to come, he entered through the greater and more perfect tabernacle, not made with hands, that is to say, not of this creation.
¹² It was not through the blood of goats and calves but through his own blood that he entered into the Holy Place once for all, having obtained eternal redemption.
¹³ Indeed, if the blood of bulls and goats, and the ashes of a heifer (sprinkling those who have been defiled) could sanctify to restore the purity of the flesh, ¹⁴ how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to offer divine service to the living God?

Epistle — Galatians 3:23-29

²³ Nevertheless, before faith came, we were kept in custody under the law, locked up to wait for the faith which would later be revealed. ²⁴ Hence, the law was our tutor which was to bring us to Christ, so that we might be justified by faith. ²⁵ But now that faith has come, we are no longer under a tutor, ²⁶ and you are all God's children, through faith in Christ Jesus! ²⁷ For as many of you as have been baptized into Christ have put on Christ. ²⁸ There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. ²⁹ If you are Christ's, then you are Abraham's seed and heirs according to the promise.

ALLELUIA

Tone 1 - V. V. God gives vengeance unto me, and subdues people under me. (Ps. 17:48)

V. He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever. (Ps. 17:51)

Tone 1 - V. I waited patiently for the Lord; He attended to me and heard my supplication. (Ps. 39:1)

Today's Worship — Scripture Readings

Gospel — Mark 10:32-45

³² They were on their way up to Jerusalem, and as Jesus was going in front of them, they were stunned; and those who followed were afraid. Again, he took the Twelve [aside] and began to tell them about the things that were going to happen to him. ³³ "Behold, we are going up to Jerusalem. The Son of Man will be delivered to the chief priests and the scribes. They will condemn him to death and deliver him to the Gentiles. ³⁴ They will scourge him, mock him, spit on him, and kill him. On the third day, he will rise again."

³⁵ James and John, the sons of Zebedee, approached Jesus and said, "Teacher, we want you to do for us whatever we will ask!"

³⁶He replied, "What do you want me to do for you?"

³⁷They answered, "Grant to us that we may sit, one at your right hand, and one at your left hand, in your glory."

³⁸ But Jesus said to them, "You do not know what you are asking! Are you able to drink the cup that I drink, and to be baptized with the baptism that I am baptized with?"

³⁹ They replied, "We are able!"

Jesus said to them, "You shall indeed drink the cup that I drink, and you shall be baptized with the baptism that I am baptized with! ⁴⁰ However, to sit at my right hand and at my left hand is not mine to give, but it is for whom it has been prepared."

⁴¹When the ten heard this, they became upset with James and John.

⁴² Jesus called them, and told them, "You know that those who are recognized as rulers over the nations lord it over them, and their great ones exercise authority over them. ⁴³ But it shall not be so among you! Whoever wants to become great among you shall be your servant. ⁴⁴ Whoever of you wants to become first shall be slave of all. ⁴⁵ For the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Gospel — Luke 7:36-50

³⁶ One of the Pharisees invited Jesus to eat with him. He entered into the Pharisee's house, and sat at the table. ³⁷ And behold, a woman who was a sinner in the city, when she learned that he was reclining at the table in the Pharisee's house, brought an alabaster jar of perfume. ³⁸ Standing behind at his feet, weeping, she began to wet his feet with her tears, and she wiped them with the hair of her head. She also kissed his feet and anointed them with the perfumed oil. ³⁹ Now when the Pharisee who had invited Jesus saw this, he said to himself, "If this man were a prophet, he would have perceived who is touching him and what kind of woman this is, that she is a sinner."

⁴⁰ Jesus said to him, "Simon, I have something to tell you."

He replied, "Speak, teacher."

⁴¹ "A certain lender had two debtors. One owed five hundred denarii, and the other fifty. ⁴² And when they could not pay, he forgave them both. Tell me then, which of them will love him the most?"

⁴³ Simon answered, "The one to whom he forgave the most I suppose."

Jesus said to him, "You have judged correctly." ⁴⁴ Turning to the woman, he said to Simon, "Do you see this woman? I entered into your house, and you gave me no water for my feet; but she has wet my feet with her tears and wiped [them] with the hair of her head. ⁴⁵ You gave me no kiss, but since the time I came in, she has not ceased kissing my feet. ⁴⁶ You did not anoint my head with oil, but she has anointed my feet with perfume. ⁴⁷ Therefore, I tell you, her sins, which are many, are forgiven because she has loved much. But the one to whom little is forgiven loves little." ⁴⁸ Jesus said to her, "Your sins are forgiven."

⁴⁹ Those who sat at the table with him began to say to themselves, "Who is this who even forgives sins?"

⁵⁰ Then Jesus said to the woman, "Your faith has saved you. Go in peace."

Parish Life

SAINT JOHN OF DAMASCUS ORTHODOX CHURCH AUXILIARY

ETHNIC FOODS and BAKE SALE

Saturday, April 16, 2022 11:00 A.M. to 2:00 P.M.

16903 Espola Road, Poway

Pierogies – Ask about our NEW varieties!

Cheese • Potato/Cheese • Sauerkraut • Prune • Cherry @ \$9.00 per dozen

Sausage & Cheese • Carne Asada • The Polish The Italian • Loaded Baked Potato @ \$10.00 per dozen

Stuffed Cabbage Rolls - \$20.00 per dozen Quiche - \$15.00 ea.

Piroshky - \$15.00 per bag Easter Breads - \$10.00 ea.

Georgian Cheese Bread - \$15.00 ea. Baklava - \$15.00 per dozen Spanakopita - \$15.00 per dozen

Walnut, Poppy Seed, and Apricot Rolls - \$15.00 ea.

Brownies - \$6.00 per ½ dozen Cannoli - \$2.50 ea.

Apple Turnovers - \$2.00 ea. Lemon Bars \$6.00 per ½ dozen Tea Breads (Lemon Poppy Seed, Orange Nut, Banana Nut) - \$9.00 ea.

Walnut Cookies - \$9.00 per dozen

Shortbread Cookies, Russian Tea Cakes \$6.00 per dozen

Cheesecakes (Lemon or German Chocolate) \$15.00 ea.

Mini Chocolate Cheesecakes - \$2.00 ea.

Carrot Cakes - (6" pan) \$10.00 ea.

Advance Orders Only / Outdoor Pick-Up TO ORDER, PHONE

Tanya: 619-818-2311 or Mike: 858-344-2981 or email: auxiliary@stjohnofdamascus.org

Ask about our marinated Easter Lamb!

Our Life in Christ

This year every week the bulletin will have a Bible Question connected to the Old Testament. After Pentecost a "test" will be included in the bulletin.

Whoever completes the "test" (you can use past bulletins to help) and submits it will be entered into a raffle for a gift card to their favorite store and/or restaurant.

Bible Question(s)

ACCORDING TO THE BIBLE......

Q. WHEN MOSES FLEED EGYPT WHERE DID HE END UP? Q. WHO DID HE MARRY?

Q. WHAT WAS THE NAME AND "JOB" OF HIS FATHER-IN-LAW?
Q. WHAT WAS THE NAME OF MOSES' FIRST SON?
Q.WHAT WAS MOSES DOING WHEN GOD SPOKE TO HIM THROUGH THE
BURNING BUSH?

Answers will be included in next week's bulletin. Stay tuned!

Bible Question(s) - Answers

ACCORDING TO THE BIBLE......

- Q. WHO SAVED MOSES FROM PHAROAH'S ATTEMPT TO KILL HIM AND HOW WAS HE SAVED?
- A. MOSES' MOTHER PLACED HIM IN AN "ARK" MADE OF BULRUSHES & ASPHALT AND PLACED HIM IN THE RIVER.
 - Q. WHO BECAME MOSES' ADOPTIVE MOTHER?
 - A. A DAUGHTER OF PHAROAH
 - Q. DID MOSES EVER SEE HIS BIOLOGICAL MOTHER?
 A. YES, SHE ENDED UP BEING HIS NURSE MAID
 - Q.WHY DID MOSES FLEE FROM PHAROAH?
- A. BECAUSE HE KILLED AN EGYPTIAN WHO WAS ABUSING A HEBREW



LOOKING AHEAD

The following are services & parish events <u>IN ADDITION</u> to the usual weekend services <u>(Sat 6pm & Sun 8:30am).</u>

Tuesday April 12

10:30am — Father's Café (in person in church hall AND via Zoom—see online calendar for link)
7:00pm—Parish Council Meeting

Wednesday April 13

6:00pm — Liturgy of the Presanctified Gifts followed by Lenten Potluck

Friday April 15

11:30am — Sacrament of Confession4:30pm — Sacrament of Confession

6:30pm — Sacrament of Confession

Saturday April 16—Lazarus Saturday

8:30am — Hours & Divine Liturgy 10:30am—Lenten Pancake Breakfast 11:00am—Auxiliary Bake Sale 6:00pm — Vigil for Palm Sunday with blessing of Palms

Sunday April 17—Palm Sunday

8:30am — Hours & Divine Liturgy with Procession 6:00pm—Bridegroom Matins

Monday April 18—Holy Monday

6:00pm — Bridegroom Matins

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

Many Years!

Birthdays

Anna Jones 4/8
Peter Franchak 4/10
Panayiota Rahal 4/11
Tanya Franchak 4/14
Marie Kopcha 4/15
Mark Griebling 4/16

Wedding Anniversaries

Vlad & Helen Korolev 4/11

PARISH CONTACT INFO:

Church: 16903 Espola Rd Poway — Mailing Address: PO Box 28291 San Diego, CA 92198

Web: www.stjohnofdamascus.org

Email: info@stjohnofdamascus.org — Phone: (858) 674-1931

Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — **Phone:** (858) 717-2172 **Attached Clergy:** V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESS OF THE WEST + THE ORTHODOX CHURCH IN AMERICA