



LOOKING AHEAD

The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).

Wednesday May 11

10:30am — Father's Café (NOW ON WEDNESDAYS)
In Person in Church Hall & via Zoom (see online calendar for link)

Tuesday May 17

10:00am — Diamond Circle Meet in Church Hall for Field Trip/Tour of St Anthony's Orthodox Church
7:00pm — Parish Council Meeting (via Zoom)

Wednesday May 18

10:30am — Father's Café (NOW ON WEDNESDAYS)
In Person in Church Hall & via Zoom (see online calendar for link)
7:00pm—Adult Ed: Images of the Kingdom of God in the Book of Isaiah (In Person & via Zoom—see online calendar for link)

Saturday May 21

10:00am-5:00pm—Retreat—Icons: Typically, Usually & Almost Always (RSVP by May 17—see flyer in bulletin)

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

Many Years!

All our Mothers, Godmothers, Grandmothers, Stepmothers, Foster Mothers

Birthdays

Ethan (Athanasios) Jeffrey Menig, Marina Rahal 5/8
Annie Shumaik Cooper 5/9
Jon Temnick, Barbara Karleen, Nicholas Franchak 5/10
Rowan Sullivan 5/11
Anita Solis 5/12
Alina Macrina Panasenکو 5/14

Wedding Anniversaries

Joseph & Iryna Sheeler 5/12

PARISH CONTACT INFO:

Church: 16903 Espola Rd Poway — Mailing Address: PO Box 28291 San Diego, CA 92198

Web: www.stjohnofdamascus.org

Email: info@stjohnofdamascus.org — Phone: (858) 674-1931

Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — Phone: (858) 717-2172

Attached Clergy: V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA

May 8, 2022



THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

3RD SUNDAY OF PASCHA—TONE 2

HOLY MYRRHBEARING WOMEN
HOLY APOSTLE & EVANGELIST JOHN



Welcome!

...to all who have gathered to follow Jesus Christ & manifest the Kingdom of God in the Liturgy of His Church. If this is your first time with us, give us a chance to get to know you and fill out a visitor card.



A Word from the Holy Fathers

For he says: "I am the resurrection and the life." Now the very One who brought Jonah alive and unhurt out of the belly of the whale in the space of three days, and who brought the three children out of the furnace of Babylon and Daniel out of the mouth of the lions, does not lack power to raise us up also.

Apostolic Constitutions



Include Something in the Bulletin or
Be Included in our Weekly
(NEWS@StJohnofDamascus.org)
E-mails

E-mail info@stjohnofdamascus.org
with your request.



ST. JOHN OF DAMASCUS ORTHODOX CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA

**Wednesday Evening Adult Ed Resumes
May 18**

**Topic: Images of the Kingdom of God
in the Prophet Isaiah**

Beginning on Wednesday May 18 we will resume our weekly adult education class. Our next topic will be images of the Kingdom of God in the Book of Isaiah.

Every wonder what the Kingdom of God will be like? Come and learn what God showed the Prophet Isaiah!

The class will be held in person in the Church Hall and via Zoom. You can find the Zoom link on our parish calendar:



**Father's Café
Moving to Wednesdays May 11
Now In-Person as well as via Zoom
10:30-11:30 (ish)**

Our weekly gathering for prayer, reflection & simple fellowship is moving to Wednesdays. It is at 10:30am is available for people to attend IN PERSON as well as via Zoom (see online calendar for the link).

This is an opportunity to sit and have a cup of coffee or tea (reg and decaf provided) and ask questions about the Faith or talk about whatever comes to mind (gardening, movies, history, etc.). We say a prayer, read a reflection and let the conversation (and coffee) flow.

**Fr Alexander's & Vickie's Celebration
Sun Nov 6 & Fri June 17**

The formal celebration with His Eminence Archbishop Benjamin will take place on Sun Nov 6 with a Hierarchical Divine Liturgy followed by banquet luncheon.

Taking advantage of Summer weather & a fast-free Friday we will also have a more **casual luau-style party in the church hall on Friday June 17 4:30-8:30pm**. There will be a delicious Hawaiian buffet, live music and indoor as well as outdoor seating.

RSVP by June 3 to
auxiliary@stjohnofdamascus.org



**Blood Drive—June 27
Make Your Appointment**

Each blood donation can help save up to 3 lives. The blood supply often declines in the summer. Anyone can now sign up for specific donation times for Monday, June 27. Go to redcrossblood.org, and enter sponsor code "StJohnDamascus" in the red box in the upper right corner entitled "Find a Blood Drive." Justin Wong can continue to schedule appointments in person.

Volunteers are needed on the day of the blood drive to help conduct check-ins and watch donors wait 15 minutes after the collection. Please talk to Justin.

Auxiliary Cooking Days in May

The Auxiliary will be cooking the following days in the church hall.

Tuesday May 24— nut rolls

Tuesday May 31— cabbage rolls

Please consider and helping (training is offered for new folks. See Tanya for details

This year every week the bulletin will have a Bible Question connected to the Old Testament. After Pentecost a "test" will be included in the bulletin. Whoever completes the "test" (you can use past bulletins to help) and submits it will be entered into a raffle for a gift card to their favorite store and/or restaurant.

Bible Question(s)

ACCORDING TO THE BIBLE.....

- Q. IN EXODUS CHAPTER 3 AND 4 WHAT IS "ROLE" IS GOD TELLING MOSES TO TAKE ON?**
- Q. FROM THE TEXT WOULD YOU SAY MOSES WANTED TO DO THIS? WHY OR WHY NOT?**
- Q. WHAT MIRACLES DOES GOD SHOW TO MOSES?**
- Q. IN CHAPTER 4 WHY DOES GOD BECOME ANGRY WITH MOSES?**

Answers will be included in next week's bulletin. Stay tuned!

Bible Question(s) - Answers

ACCORDING TO THE BIBLE.....

- Q. WHAT WAS THE FIRST THING GOD INSTRUCTED MOSES TO DO? WHY? A. TO NOT COME CLOSER & TAKE OFF HIS SANDALS BECAUSE THE PLACE HE STOOD WAS HOLY**
- Q. HOW DID GOD FIRST IDENTIFY HIMSELF TO MOSES? A. THE GOD OF YOUR FATHER—THE GOD OF ABRAHAM, ISAAC AND JACOB**
- Q. HOW DID GOD RESPOND WHEN MOSES ASKED WHAT HIS NAME WAS? A. I AM THE EXISTING ONE**
- Q. WHY DID GOD CHOOSE TO SPEAK TO MOSES NOW? A. TO DELIVER THEM FROM THEIR AFFLICTION AND SORROW TO A LAND FLOWING WITH MILK AND HONEY**



MAY 21, 2022 ICONS: TYPICALLY, USUALLY AND ALMOST ALWAYS

World renowned iconographer Father Vladimir Lysak brings his expertise and knowledge to Poway, California in his lecture series on icons. Come with your questions about iconography and find your answers in this multimedia presentation.

Please RSVP by May 17, 2022, to info@stjohnofdamascus.org or 858-674-1931. Thank you!

10:00 AM
Icons: Typically
Usually and Almost
Always

12:00 PM Lunch

**1:00 PM Praying, with
Icons**

2:30-3 PM Coffee

**3 PM-5 PM Stump the
Monk! Answers to
Your Questions about
Icons**

6 PM: Great Vespers

**ST JOHN OF DAMASCUS
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16903 ESPOLA RD
92064**

FOR MORE
INFORMATION, CONTACT
FR. MICHAEL ANDERSON
INFO@STJOHNOFDAMASCUS.ORG

TROPARIA

Resurrection — Tone 2

When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead! And when from the depths Thou didst raise the dead, all the powers of heaven cried out: O Giver of Life! Christ our God! Glory to Thee!

Myrrhbearers — Tone 2

The noble Joseph, when he had taken down Your most pure Body from the Tree, wrapped it in fine linen and anointed it with spices, and placed it in a new tomb. But You rose on the third day, O Lord, granting the world great mercy.

St. John — Tone 2

Beloved Apostle of Christ our God, hasten to deliver a defenseless people! He who allowed you to recline on His breast, receives you as you bow before Him. Implore Him, John the Theologian, to dispense the persistent threat from the heathens, entreating for us peace and great mercy!

PROKEIMENA

Tone 6 — O Lord, save Thy people and bless Thine inheritance! (Ps 27/28:9)

v: To Thee, O Lord, will I call. O my God, be not silent to me! (Ps 27/28:1)

Tone 8 (St. John) — Their proclamation has gone out into all the earth, and their words to the ends of the universe! (Ps 18/19:4)

ALLELUIA

Tone 8 (Myrrh bearers Sunday) — V. O Lord, Thou hast been gracious to Thy land; Thou hast turned back the captivity of Jacob. (Ps. 84:1)

V. Mercy and truth are met together, righteousness and peace have kissed each other. (Ps. 84:10)

Tone 1 (St John) -V. The heavens will praise Thy wonders, O Lord; and Thy truth in the congregation of the saints. (Ps. 88:5)

KONTAKIA

St. John — Tone 2

Who shall declare your greatness, O virgin disciple, for you pour forth wonders and are a source of healings, and pray for our souls as theologian and friend of Christ.

Myrrhbearers — Tone 2

You commanded the Myrrhbearers to rejoice, O Christ God. By Your Resurrection, You stopped the lamentation of Eve, the first mother. You commanded them to preach to Your Apostles: "The Savior is risen from the tomb!"

Epistle — Acts 6: 1-7

6 Now in those days, when the number of the disciples was multiplying, a complaint arose from the Hellenists against the Hebrews, because their widows were neglected in the daily service [of food distribution].² The Twelve summoned the multitude of the disciples and said, "It is not appropriate for us to abandon the word of God in order to serve tables.

³ Therefore, select from among you, brethren, seven men of good reputation, full of the Holy Spirit and wisdom. We will appoint them over this necessary task⁴ and devote ourselves to prayer and to the ministry of the word."

⁵ These words pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolaus, a proselyte of Antioch.⁶ They presented these men to the apostles, who prayed and laid their hands on them.⁷ Thus, the word of God spread and the number of disciples greatly multiplied in Jerusalem, and a large number of Jews became obedient to the faith.

Epistle — 1 John 1:1-7

1 What was from the beginning, what we have heard, what we have seen with our eyes, what we looked at and what our hands touched, [this is our message] concerning the word of life.² The Life was revealed and we have seen, and testify, and proclaim to you the eternal life, which was with the Father and which was revealed to us.³ What we have seen and heard, this is what we proclaim to you, so that you also may have communion with us. Truly, our communion is with the Father and with his Son Jesus Christ.⁴ We write these things to you so that our joy may be fulfilled!

⁵ This is the message which we have heard from him and which we now announce to you: that God is light, and in him there is no darkness at all.⁶ If we say that we have communion with him and yet walk in the darkness, we lie—we do not practice the truth.

⁷ But if we walk in the light as he is in the light, then we do have communion with one another and the blood of his Son Jesus Christ cleanses us from all sin.

Gospel — Mark 15: 43-16:8

⁴³ Joseph of Arimathea (a prominent council member who was also looking for the Kingdom of God), came forward. He boldly went in to Pilate and asked for Jesus' body.⁴⁴ Pilate wondered if Jesus was already dead. Calling the centurion, he asked him whether Jesus had been dead for a long time.⁴⁵ Having been assured of this by the centurion, he granted the body to Joseph.

⁴⁶ Accordingly, Joseph bought fine linen, took Jesus down and wrapped him in the linen cloth. Having placed him in a tomb which had been cut out of a rock, he rolled a stone against the door of the tomb.⁴⁷ Mary Magdalene and Mary, the mother of Joses, saw where Jesus had been laid.

16 When the Sabbath was past, Mary Magdalene, Mary the mother of James, and Salome, bought spices in order to come and anoint him.² Very early on the first day of the week, they arrived at the tomb when the sun had risen.³ They were saying among themselves, "Who will roll away the stone from the door of the tomb for us?"⁴ But when they looked up, they saw that the stone was [already] rolled back, although it was extremely large.

⁵ Entering into the tomb, they saw a young man sitting on the right side, dressed in a white robe, and they were amazed.⁶ He said to them, "Do not be amazed! You seek Jesus the Nazarene, who has been crucified. He has risen! He is not here! Behold, the place where they laid him!"⁷ But go, tell his disciples and Peter, 'He goes before you into Galilee. There you will see him, as he told you.' "

⁸ They went out and fled from the tomb, for trembling and astonishment had come upon them. They said nothing to anyone because they were afraid.

Gospel — John 19: 25-27; 21:24-25

²⁵ But there were standing by the cross of Jesus his mother, and his mother's sister (Mary [the wife] of Clopas), and Mary Magdalene.²⁶ When Jesus saw his mother and the disciple whom he loved standing there, he said to his mother, "Woman, behold your son!"²⁷ Then he said to the disciple, "Behold, your mother!" And from that hour, the disciple took her to his own home.

²⁴ This is the disciple who bears witness about these things and who wrote these things.

We know that his testimony is true.²⁵ There are also many other things which Jesus did. If they were all written, I suppose that even the world itself could not contain the books that would be written. Amen.