



LOOKING AHEAD

The following are services & parish events **IN ADDITION** to the usual weekend services (*Sat 6pm & Sun 8:30am*).

Sunday June 19

After Divine Liturgy—Fathers' Day Luncheon

June 20-28

Apostles Fast

Tuesday June 21

11am — Diamond Circle Lunch in Church Hall

Wednesday June 22

10:30am — Father's Café (NOW ON WEDNESDAYS)

In Person in Church Hall & via Zoom (see online calendar for link)

7:00pm—Adult Ed: Images of the Kingdom of God in the Book of Isaiah (In Person & via Zoom—see online calendar for link)

Monday June 27

11:30-5:30 — Blodd Drive (walk-ins welcome)

Tuesday June 28

6:00pm—Great Vespers for Ss Peter and Paul

Wednesday June 29—Ss Peter & Paul

8:30am — 3rd Hour & Festal Divine Liturgy

After Liturgy— Breakfast at Impossible Café

7:00pm—Adult Ed: Images of the Kingdom of God in the Book of Isaiah (In Person & via Zoom—see online calendar for link)

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

Many Years!

All our Fathers, Godfathers, Grandfathers, Steppathers & Foster Fathers

Birthdays

Kathrine Minakov	6/23
Grace (Victoria) Cooper, Nika Federoff Carlson	6/25

PARISH CONTACT INFO:

Church: 16903 Espola Rd Poway — Mailing Address: PO Box 28291 San Diego, CA 92198

Web: www.stjohnofdamascus.org

Email: info@stjohnofdamascus.org — Phone: (858) 674-1931

Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — Phone: (858) 717-2172

Attached Clergy: V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA

June 19, 2022



THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

1ST SUNDAY AFTER PENTECOST—TONE 8

SUNDAY OF ALL SAINTS



Welcome!

...to all who have gathered to follow Jesus Christ & manifest the Kingdom of God in the Liturgy of His Church. If this is your first time with us, give us a chance to get to know you and fill out a visitor card.



A Word from the Holy Fathers

Repentance is a medicine which destroys sin. It is a heavenly gift, a marvelous force which through the grace of God conquers the might and force of the laws. It accepts and transforms all. It does not reject the fornicator, does not send away the adulterer... it regenerates everybody because it is the furnace for purification from sin. The wound and the medicine, these are sin and repentance.

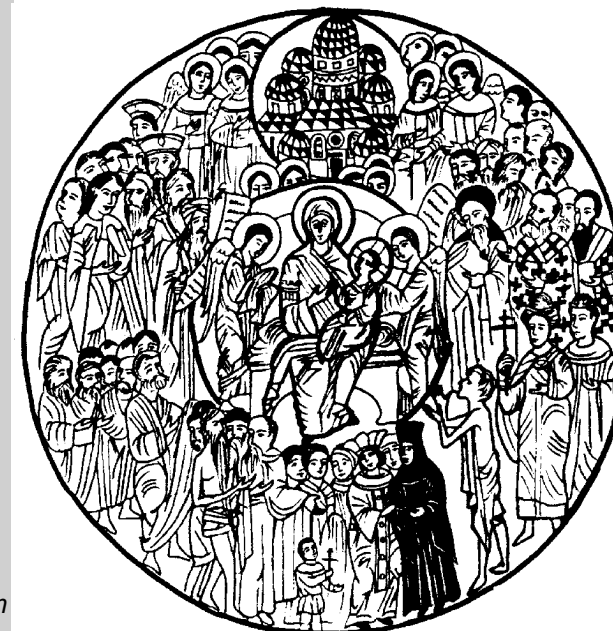
St. John Chrysostom



Include Something in the Bulletin or Be Included in our Weekly (NEWS@StJohnofDamascus.org)

E-mails

E-mail info@stjohnofdamascus.org with your request.



ST. JOHN OF DAMASCUS ORTHODOX CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA

**Wednesday Evening Adult Ed Resumes
Topic: Images of the Kingdom of God
in the Prophet Isaiah**

Beginning on Wednesday May 18 we will resume our weekly adult education class. Our next topic will be images of the Kingdom of God in the Book of Isaiah.

Every wonder what the Kingdom of God will be like? Come and learn what God showed the Prophet Isaiah!

The class will be held in person in the Church Hall and via Zoom. You can find the Zoom link on our parish calendar:
<https://stjohnofdamascus.org/calendar/>



**Father's Café
Now on Wednesday
In-Person as well as via Zoom
10:30-11:30 (ish)**

Our weekly gathering for prayer, reflection & simple fellowship has moved to Wednesdays. It is at 10:30am is available for people to attend IN PERSON as well as via Zoom (see online calendar for the link).

This is an opportunity to sit and have a cup of coffee or tea (reg and decaf provided) and ask questions about the Faith or talk about whatever comes to mind (gardening, movies, history, etc.). We say a prayer, read a reflection and let the conversation (and coffee) flow.

**Parish Clean-up Day (Outside & Inside)
Thank YOU!**

We are so grateful to God for those who came on Saturday to help with our landscaping "deep-clean"

The number of volunteers set a new record and we were able to get a lot accomplished!

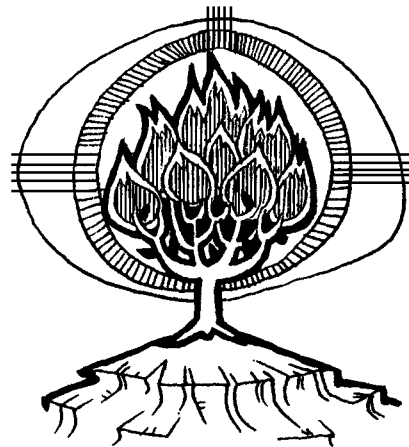
We are truly blessed to have people who are willing to offer back some of their God-given time and energy for the care of our parish!



**From Fr Alexander & Vickie
THANK YOU!**

Fr Alexander and Vickie want to express their thanks for the very special and wonderful meal, entertainment, touching comments and generous gifts.

They are eternally grateful to everyone!



This year every week the bulletin will have a Bible Question connected to the Old Testament. After Pentecost a "test" will be included in the bulletin. Whoever completes the "test" (you can use past bulletins to help) and submits it will be entered into a raffle for a gift card to their favorite store and/or restaurant.

Bible Question(s)

ACCORDING TO THE BIBLE.....

- Q. After reading God's law to Israel at Sinai and the people confirmed they would do everything the Lord commanded, how did they seal the covenant between God and Israel?
 - Q. What name was given to the book that contained God's commandments to Israel?
 - Q. After this, who went back up to the top of the mountain with Moses and how long were they there? What did God instruct them about next?
- Answers will be included in next week's bulletin. Stay tuned!**

Bible Question(s) - Answers

ACCORDING TO THE BIBLE.....

- Q. What did Moses have to do for the people of Israel to prevail over Amalek?
A. Keep his arms raised.
 - Q. How does this action remind us of Jesus?
A. It reminds us of our Lord raising his arms upon the Cross.
 - Q. How long had the Israelites been travelling when they came to Sinai?
A. Three months.
 - Q. What are the 10 commandments?
A. You shall have no other gods before the Lord.. You shall not make for yourself an idol of a likeness of anything in heaven above or in the earth beneath, or in the waters under the earth and bow down to them and serve them. You shall not take the name of the Lord your God in vain. Remember the Sabbath & keep it holy. Honor your father & mother. You shall not commit murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against you neighbor. You shall not covet your neighbor's wife or his house, his field, his male or female servant, his ox, his donkey, any of his cattle or whatever belongs to your neighbor.
 - Q. Where did Moses have to go to receive the 10 commandments?
A. The top of the mountain.
- Answers will be included in next week's bulletin. Stay tuned!**

Make Your Appointment to Give Blood
Go to RedCrossBlood.org, and use sponsor code "StJohnDamascus"



Help save a life.
Schedule your
blood donation
appointment today.



Fathers' Day Luncheon Today

In celebration of Fathers' Day, today we will have a special luncheon for all our Fathers, Godfathers, Stepfathers, Grandfathers & Foster Fathers.

Please join us!.



**Blood Drive—June 27
Make Your Appointment**

Join us to help save lives with the Red Cross! Lend an arm at the blood drive on June 27! More time slots have been added around noon and late afternoon. Go to RedCrossBlood.org, and use sponsor code "StJohnDamascus" or direct link: <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=StJohnDamascus>

Justin Wong can continue to schedule appointments in person. Also let him know if you can lend a hand on the day of the drive.



**Keep Informed
Receive Weekly E-mails
About Parish Life**

We are an active community with a lot going on. These days it is especially helpful to keep up to date on things taking place in our parish.

We have an email group
*News@stjohnofdamascus.org

It is all those who are interested in the activities of St. John of Damascus Orthodox Church. Members receive periodic notifications of special events, parish meetings and weekly newsletters.

**To be included E-mail Fr Michael at
info@stjohnofdamascus.org**

Ministry Coordinator Directory

Below are the people who lead various ministries in our parish. Feel free to contact them to find out how to offer your God-given time and talents to the life of our community.

- Adult Ed — Fr Michael
 - Altar Servers—Subdeacon Ken Telles
 - Auxiliary President — Tanya Franchak
 - Candle Stand — Gene Francello
 - Choir—Carole Shumaik
 - Church School— Bill Moision
 - Counters — TBD
 - Social Media —Evan Keeling & Iryna Thayer
 - Electric Church Sign Messages—John Thayer
 - Fellowship/Coffee Hour — Linda Kedroff
 - Diamond Circle Seniors — Jim & Patty Pelachik
 - Greeters — Valerie Lane
 - Handmaidens — Sally Menig & Desiree Geralt
 - Koliva — Fr Michael
 - Parish Council Vice-President—Patty Pelachik
 - Prospora — Fr Michael
 - Readers at Divine Liturgy—Bill Moision
 - Saturday Adult Ed— Dn George Shumaik
 - Security Committee — John Thayer
 - Sunday Commemoration Loaves— Fr Michael
- Consider taking part and helping this group make St John's the wonderful lively parish it is. For information on how to contact any of the above please speak with Fr Michael.

Today's Worship — Hymns

TROPARIA

Resurrection — Tone 8

You descended from on high, O Merciful One!
You accepted the three day burial to free us
from our sufferings!//
O Lord, our Life and Resurrection, glory to
You!

All Saints — Tone 4

As with fine porphyry and royal purple,
Your Church has been adorned with Your
martyrs' blood shed throughout all the world.
She cries to You, O Christ God:
"Send down Your bounties on Your people,//
grant peace to Your habitation and great
mercy to our souls!"

KONTAKIA

All Saints — Tone 8

The universe offers You the God-bearing
Martyrs
as the first fruits of creation, O Lord and
Creator.
By their prayers keep Your Church, Your
habitation, in abiding peace//
through the Theotokos, O most Merciful One!

PROKEIMENA

Tone 8 (Resurrection) — Pray and make your vows / before the Lord,
our God! (Ps. 75:10a)

V. In Judah God is known; His Name is great in Israel. (Ps. 75:1)

Tone 4 (All Saints) — God is wonderful in His saints, / the God of Israel.
(Ps. 67:35a)

ALLELUIA

Tone 4 — V. The righteous cried and the Lord heard them, and delivered them out of all their
troubles. (Ps. 33:17)

V. Many are the afflictions of the righteous; the Lord will deliver them out of them all. (Ps.
33:19)

Today's Worship — Scripture Readings

Epistle — Hebrews 11: 33-12:2

³³Through faith, they overpowered kingdoms, administered justice, obtained promises, stopped the mouths of lions, ³⁴quenched the power of fire, escaped the edge of the sword, became strong in weakness, grew mighty in war and caused foreign armies to flee. ³⁵Women received their dead by resurrection. Others were tortured, not accepting their deliverance, that they might obtain a better resurrection. ³⁶Others were tried by mocking and scourging, yes, by chains and imprisonment. ³⁷They were stoned, they were slain with the sword. They went around in sheep and goat skins, being destitute, afflicted, and ill-treated. And yet the world was not worthy of them! ³⁸They wandered in deserts, mountains, caves, and the holes of the earth. ³⁹All of them received a testimony through their faith but they did not receive the promise ⁴⁰because God had made provision for us to have something better, and they were not to reach perfection apart from us.

12 And so, seeing that we are surrounded by such a great a cloud of witnesses, let us lay aside every weight and the sin which so easily entangles us. Let us run with endurance the race that is set before us, ²fixing our eyes on Jesus, the author and perfecter of faith. For the joy that was set before him, he endured the cross, despising its shame, and he has sat down at the right hand of the throne of God.

Gospel — Mathew 10:32-33, 37-38; 19: 27-30

³²Whoever confesses me before men I will also confess before my Father who is in heaven.

³³But whoever denies me in front of others I will also deny before my Father who is in heaven.

³⁷Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me.

³⁸Whoever does not take his cross and follow after me is not worthy of me.

²⁷Then Peter said, "Behold, we have left everything and followed you. What then will we have?"

²⁸Jesus said to them, "Amen, I tell you that you who have followed me, at the regeneration, when the Son of Man will sit on the throne of his glory, you also will sit on twelve thrones, judging the twelve tribes of Israel. ²⁹Everyone who has left houses, brothers, sisters, father, mother, wife, children, or lands for my Name's sake will receive a hundred times [more] and will inherit eternal life. ³⁰But many who are first will be last, and many who are last will be first!"