

July 10, 2022



THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

4TH SUNDAY AFTER PENTECOST—TONE 3

VENERABLE ANTHONY OF THE KIEVAN
CAVES

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Welcome!

...to all who have gathered to follow
Jesus Christ & manifest the Kingdom of
God in the Liturgy of His Church. If this is
your first time with us, give us a chance to
get to know you and fill out a visitor card.

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A Word from the Holy Fathers

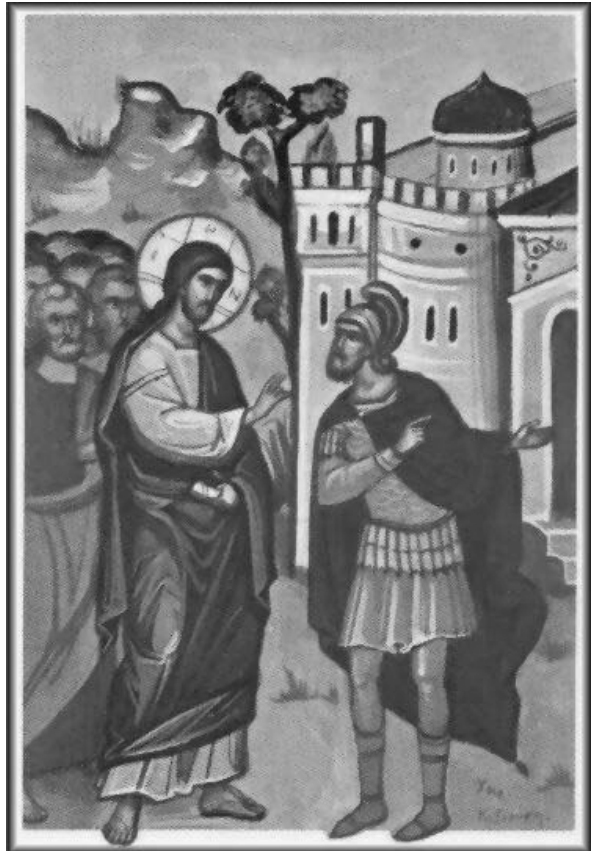
Paul does not parallel “the wages of sin”
with “the wages of good deeds” because
he wants to show that they were not set
free by their own efforts, nor had they done
anything to earn their salvation. It was by
grace alone that all these things came
about

St. John Chrysostom

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**Include Something in the Bulletin or
Be Included in our Weekly
(NEWS@StJohnofDamascus.org)
E-mails**

E-mail info@stjohnofdamascus.org
with your request.



Christ and the Centurion

Parish Life

Bulletin Bible Question "Test" Submit by Aug 15

This year every week the bulletin have had a Bible Question connected to the Old Testament. A "test" has been included in the bulletin and will be available in the narthex from July 10-Aug 15.

Whoever completes the "test" (you can use past bulletins to help) and submits it by Aug 15 will be entered into a raffle for a gift card to their favorite store and/or restaurant.

Submit your test to Fr Michael in person or by e-mailing it to info@stjohnofdamascus.org

Keep Informed: Receive Weekly E-mails About Parish Life

We are an active community with a lot going on. These days it is especially helpful to keep up to date on things taking place in our parish.

We have an email group
"News@stjohnofdamascus.org"

It is all those who are interested in the activities of St. John of Damascus Orthodox Church. Members receive periodic notifications of special events, parish meetings and weekly newsletters.

To be included E-mail Fr Michael at
info@stjohnofdamascus.org

Online Giving



Scan with your phone to be taken to our
secure online giving system.
You can set up 1-time or recurring gifts

SUMMER IS HERE! HOLD ON TO YOUR FAITH

With summer comes much needed vacations and opportunities to do fun things with friends & loved ones. As you are planning your summer be sure to keep your faith in mind. Remember to attend to your prayer life, scripture reading, and reception of the holy Sacraments.

Some dates to remember...

	SUMMER FEASTS
August 6	Transfiguration
August 15	Dormition of the Theotokos

	SUMMER FASTS
August 1-14	Dormition Fast

Also, please do what you can to **maintain your much-needed offerings of time and talent as well as your pledges and contributions over the summer.**

Unfortunately, our parish's expenses and needs do not go down during the summer months. The water bill still needs to be paid. We still want to have fellowship meals after Liturgy on Sundays.

Regarding financial giving, people handle this differently. Some people make up for weeks away when they return. Other members keep their financial contributions regular by using their online banking system to write and send their donations to the parish each month automatically. The parish also has an online giving system on our website. Simply click the "DONATE" button.

Whatever works best for you, please keep your spiritual home in mind.

Today's Worship—Hymns

TROPARIA

Resurrection — Tone 3

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

St Anthony — Tone 4

Having left the turmoil of the world, you
renounced the world to follow Christ in
accordance with the Gospel.
Living a life equal to the Angels, you reached
the quiet haven of the Holy Mountain of Athos.
With the blessing of the Athonite fathers, you
came to the hills of Kiev, where you labored
with love and illumined your homeland.
There you led a multitude of monastics to
Christ showing them the path that leads to the
Kingdom of Heaven.
Venerable Anthony, pray to Him that our souls
may be saved!

KONTAKIA

Resurrection — Tone 3

Hell became afraid, O almighty Savior, seeing
the miracle of Thy Resurrection from the tomb!
The dead arose! Creation with Adam, beheld this
and rejoiced with Thee! And the world, O my
Savior, praises Thee forever.

St. Anthony — Tone 8

Having loved God above all from your childhood,
O ven'erable one,
you surrendered yourself to Him and followed
Him with all your soul.
Despising the material things of this world,
you made a cave in the earth, where you fought
the good fight against the invisible Enemy.
Like a brilliant sun you illumined all the ends of
the earth,
and with rejoicing you passed into the heavenly
chambers.
Now as you stand with the Angels before the
Throne of the Master,
remember us who honor your memory as we cry
to you:
"Rejoice, our Fa-ther Anthony!"

Steadfast Protectress of Christians – Tone 6

Steadfast Protectress of Christians,
Constant advocate before the Creator:
Do not despise the cry of us sinners,
But in your goodness, come speedily to help us
who call on you in faith.
Hasten to hear our petitions and to intercede for
us, O Theotokos,
For you always protect those who honor you!

Today's Worship — Hymns

Epistle — Rom 6: 18-23

¹⁸Having been released from sin, you became slaves of righteousness.

¹⁹I speak in human terms because of the weakness of your flesh. Indeed, as you used to offer your members as slaves of impurity and ever-increasing wickedness, now offer your members as slaves of righteousness for sanctification. ²⁰For when you were slaves of sin, you were free in regard to righteousness.

²¹What fruit did you obtain at that time by those things which now shame you? The end result of those things is death! ²²But now, being made free from sin and having become enslaved to God, you have your fruit of sanctification, and the result of eternal life. ²³The wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Epistle — Galatians 5: 22-6:2

²²On the other hand, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faith, ²³gentleness, and self-control. Against such things there is no law! ²⁴Those who belong to Christ have crucified the flesh with its passions and lusts. ²⁵If we live by the Spirit, let us also walk by the Spirit! ²⁶Let us not become arrogant, challenging and envying one another.

Brethren, even if someone is caught in some fault, you who are spiritual must restore such a person in a spirit of gentleness. But watch out for yourself in order not to be tempted.

²Bear each others' burdens, and thus fulfill the law of Christ.

PROKEIMENA

Tone 3 (Resurrection) — Sing praises to our God, sing praises! Sing praises to our King, sing praises! (Ps 46/47:6)

v: Clap your hands, all peoples! Shout to God with loud songs of joy!(Ps 46/47:1)

Tone 7 (for Venerable Anthony) - Precious in the sight of the Lord is the death of His saints. (Ps 115/116:15)

ALLELUIA

Tone 2 (Resurrection) — V. In You, O Lord, have I hoped; let me never be put to shame! (Ps. 30:1a)

V. Be a God of protection for me, a house of refuge in order to save me! (Ps. 30:2b)

Tone 6 — V. Blessed is the man who fears the Lord, who greatly delights in His commandments. (Ps. 111:1)

Today's Worship — Scripture Readings

Gospel — Matt 8: 5-13

⁵ When Jesus came into Capernaum, a centurion came to him, imploring him ⁶ and saying, "Lord, my servant is lying in the house paralyzed, grievously tormented." ⁷ Jesus answered, "I will come and heal him." ⁸ But the centurion replied, "Lord, I am not worthy that you should come under my roof! Only say the word and my servant shall be healed. ⁹ For I am also a man under authority, having soldiers under my own authority. I tell this one, 'Go,' and he goes; and if I tell another, 'Come,' he comes. Or if I tell my servant, 'Do this,' he does it!"

¹⁰ When Jesus heard this, he marveled and said to those who followed, "Amen, I tell you that I have never found so great a faith, not even in Israel! ¹¹ I tell you that many will come from the east and the west, and will sit down with Abraham, Isaac, and Jacob in the Kingdom of Heaven. ¹² But the children of the Kingdom will be thrown out into the outer darkness and there will be weeping and gnashing of teeth."

¹³ Jesus said to the centurion, "Go your way. Let it be done for you as you have believed." And his servant was healed in that hour.

Gospel — Matt 4: 25—5:12

²⁵ Great crowds from Galilee, Decapolis, Jerusalem, Judea and from beyond the Jordan followed him.

Seeing the crowds, Jesus went up to the mountain and when he had sat down, his disciples came to him. ² He began to speak and to teach them, saying:

³ *Blessed are the poor in spirit, for theirs is the Kingdom of Heaven!*

⁴ *Blessed are those who mourn, for they shall be comforted!*

⁵ *Blessed are the meek, for they shall inherit the earth!*

⁶ *Blessed are those who hunger and thirst after righteousness, for they shall be filled!*

⁷ *Blessed are the merciful, for they shall obtain mercy!*

⁸ *Blessed are the pure in heart, for they shall see God!*

⁹ *Blessed are the peacemakers, for they shall be called children of God!*

¹⁰ *Blessed are those who are persecuted for righteousness' sake, for theirs is the Kingdom of Heaven!*

¹¹ *Blessed are you when people revile you, persecute you, and say all kinds of evil against you falsely for my sake! ¹² Rejoice, and be extremely glad, for great is your reward in heaven!*

Indeed, this is how they persecuted the prophets who were before you!

Our Faith, Our Church—ON BISHOPS



Christ is present now, always, and forever in his Church. The sacramental ministry of the Church -- the bishops, priests, and deacons -- receive the gift of the Holy Spirit to manifest Christ in the Spirit to men. Thus, through his chosen ministers, Christ exercises and realizes his unique and exclusive function as priest, perpetually offering himself as the perfect sacrifice to the Father on behalf of his human brothers and sisters.

The **bishops** are the leading members of the clergy in the sense that they have the responsibility and the service of maintaining the unity of the Church throughout the world by insuring the truth and unity of the faith, and practice of their respective churches with all of the others. Thus, the bishops represent their particular churches or dioceses to the other churches or dioceses, just as they represent the Universal Church to their own particular priests, deacons, and people.

In the Orthodox Church, the office of bishop is the leading Church ministry. The word bishop (*episkopos*, in Greek) means overseer (literally, chief slave). Each of the bishops has exactly the same service to perform. No bishop is "over any other bishop in the Church and, indeed, the bishop himself is not "over" his church, hut is himself within and of the Church as one of its members. He is the one who is responsible and answerable before God and man for the life of his

particular church community.

All bishops of the Orthodox Church are bishops of a particular geographical territory called a **diocese**. They usually receive their title from the main city in the territory. A bishop of the chief city of a region which has within it other bishops with their own particular dioceses is usually called the **metropolitan** or **archbishop**. "Metropolitan" merely means "bishop of the metropolis," the main city. The title of archbishop means "leading bishop" of an area, but sometimes the title is given to certain bishops for personal or honorary reasons. The title of **patriarch** belongs to the bishop of the capitol city of a region containing other metropolitanates and dioceses. Today this usually means a national church.

When the bishops of an area meet in council, as they must do periodically according to Church Law, the metropolitan presides; or in the case of a large territory or national church, the patriarch. Once again, however, it must be clearly understood that sacramentally all bishops are identical and equal. None is "higher" than the others as far as their sacramental position is concerned; none is "over" the others as far as their life in the Church is concerned.

In purely human and practical matters, the metropolitans and patriarchs guide and preside over areas greater than their own particular dioceses, but they are not superior or more powerful as far as their bishop's office is concerned. No bishop in Orthodoxy is considered infallible. None has any "powers" over or apart from his priests, deacons and people or the other bishops. All are servants of Christ and the Church. Since the sixth century it has been the rule in the Orthodox Church that the bishops be single men or widowers. They are also usually in at least the first degree of monastic orders.

Taken from the Orthodox Faith Series by Fr. Thomas Hopko

Parish Life

Join a Parish Ministry!

With the new Church year approaching in September, now is wonderful time to pray and consider joining one of our parish ministries.

While people are welcome to inquire about any ministry, the FOLLOWING MINISTRIES ARE SEEKING MORE HELP:

Church School (Teachers & Helpers)
Greeters
Candle Stand
Koliva Makers
Commemoration Loaves Bakers
Security Committee
Auxiliary Bakers

We are also looking to begin a **NEW** ministry: **Flowers/Decorating of the Church Temple**
This group of people will work together to beautify our church for all the major feast days.

If you have an interest in helping with this or any of the ministries please see the person listed in the ministry directory or contact Fr Michael.



Monthly Collections

As we continue to restore many of the beloved practices of our parish we are reinstating our monthly Sunday collections:

- 2nd Sunday of the Month—Seminarian at St Herman's Seminary in Alaska
- 3rd Sunday of the Month—Charities (local needs, IOCC, Project Mexico, etc.)

The basket will be placed out for the veneration of the cross at the end of Liturgy. Please plan on contributing as you can.

Ministry Coordinator Directory

Below are the people who lead various ministries in our parish. Feel free to contact them to find out how to offer your God-given time and talents to the life of our community.

Adult Ed — Fr Michael

Altar Servers—Subdeacon Ken Telles

Auxiliary President — Tanya Franchak

Candle Stand — Gene Francello

Choir—Carole Shumaik

Church School — Bill Moision

Counters — TBD

Social Media —Evan Keeling & Iryna Thayer

Electric Church Sign Messages—John Thayer

Fellowship/Coffee Hour — Linda Kedroff

Diamond Circle Seniors — Jim & Patty Pelachik

Greeters — Valerie Lane

Handmaidens — Sally Menig & Desiree Geralt

Koliva — Fr Michael

Parish Council Vice-President—Patty Pelachik

Prospora — Fr Michael

Readers at Divine Liturgy—Bill Moision

Saturday Adult Ed — Dn George Shumaik

Security Committee — John Thayer

Sunday Commemoration Loaves— Fr Michael

Consider taking part and helping this group make St John's the wonderful lively parish it is. For information on how to contact any of the above please speak with Fr Michael.



LOOKING AHEAD

*The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).*

Tuesday July 12

7:00pm—Parish Council Meeting

Wednesday July 13

10:30am — Father's Café (NOW ON WEDNESDAYS)

In Person in Church Hall & via Zoom (see online calendar for link)

7:00pm—Adult Ed: Images of the Kingdom of God in the Book of Isaiah (In Person & via Zoom—see online calendar for link)

July 18-23

Fr Michael & Elaine M attend All-American Council Baltimore, MD

Sunday July 24

After Divine Liturgy—Blessing of Vehicles in connection with commemoration of St Elijah (July 20)

Wednesday July 27

10:30am — Father's Café (NOW ON WEDNESDAYS)

In Person in Church Hall & via Zoom (see online calendar for link)

7:00pm—Adult Ed: Images of the Kingdom of God in the Book of Isaiah (In Person & via Zoom—see online calendar for link)

Wednesday Aug 3

10:30am — Father's Café (NOW ON WEDNESDAYS)

In Person in Church Hall & via Zoom (see online calendar for link)

Friday Aug 5

6:00pm—Great Vespers for Transfiguration

Saturday Aug 6—Transfiguration

8:30am—3rd Hour & Festal Divine Liturgy with blessing of fruit

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

Many Years!

Name Days

Bill (Vladimir) Moision 7/15
Rita (Margarita) Sladack 7/17

Birthdays

Tessa Sophia Stavrou, Iryna Thayer 7/11
Daniel Federoff 7/15

Wedding Anniversaries

Emily & Anthony Lorelli 7/10
Gene (Nectarios) & Judy Francello 7/11
Bob & Irene Stone 7/12
Dn George & Carole (Victoria) Shumaik 7/15

PARISH CONTACT INFO:

Church: 16903 Espola Rd Poway — **Mailing Address:** PO Box 28291 San Diego, CA 92198

Web: www.stjohnofdamascus.org

Email: info@stjohnofdamascus.org — **Phone:** (858) 674-1931

Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — **Phone:** (858) 717-2172

Attached Clergy: V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA