

August 21, 2022



THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

10TH SUNDAY AFTER PENTECOST—TONE 1

AFTERFEAST OF THE DORMTION OF THE
THEOTOKOS

APOSTLE THADDAEUS OF THE 70

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Welcome!

...to all who have gathered to follow
Jesus Christ & manifest the Kingdom of
God in the Liturgy of His Church. If this is
your first time with us, give us a chance to
get to know you and fill out a visitor card.

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A Word from the Holy Fathers

The Virgin resurrected bears witness to
God's plan for all humanity, all Creation; as
the 1st divinized human being, she
represents the perfect union of the human
with the Divine.

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**Include Something in the Bulletin or
Be Included in our Weekly**

(NEWS@StJohnofDamascus.org)

E-mails

E-mail info@stjohnofdamascus.org
with your request.



Parish Life

Bulletin Bible Question “Test” Drawing Winners

This year every week the bulletin have had a Bible Question connected to the Old Testament. A “test” was distributed and whoever completed it (you could use past bulletins to help) and submitted it by Aug 15 was entered into a drawing for a gift card to their favorite store and/or restaurant.

This year we received submissions in two age groups. Those receiving the gift cards are:

Teen: **Kelvin Brown**

Adult: **Ed Klavzar**



Purchase Gift Cards Through Our Scrip Coordinator & Help our Parish

Scrip gift cards raise money for St. John’s Auxiliary. When you buy Scrip cards, the store makes a donation with NO extra expense. Use the cards for your regular monthly purchases or gifts for loved ones and support our parish’s ministry. Cards are available for gas, groceries, Amazon, restaurants and many other stores.

See Carmen Brown after Liturgy for more information or to purchase your cards.



Scrip Sales Coordinators Needed

We need 2-3 people to sell scrip gift cards.

Please consider helping with this substantial fund raiser and speak to Carmen Brown, Tanya Franchak of Fr Michael if you are interested.

Church School Registration Begins for 2022-2023

Registration for this coming year’s church school program is beginning. Registration forms will be distributed to families beginning this weekend. Parents, please complete the forms and return them ASAP so our teachers can plan appropriately. Please see Bill Moision to get a form for your family.

NOTE: Church school will be held on the 1st and 3rd Sundays of each month. Youth Choir will be held on the 2nd and 4th Sundays.

Some dates:

Beginning of Church School 9/18

Church School BBQ 9/25

Swim for Hope with “Aqua Padre” Fr Simeon Corona - Sept 3 8am Benefitting Project Mexico

Fr Simeon Corona from St Gregory of Nyssa Greek Orthodox Church in El Cajon is leading a group of swimmers, kayakers and walkers to donate funds for Project Mexico. Everyone is encouraged to join in and support this worthy cause!

Domate online at

projectmexico.org/swim-for-hope

Mail checks payable to “Project Mexico”

4511 Riviera Shores St STE 3 San Diego, CA
92154

Services for Fr. Elias Velonis

at St Spyridon Greek Orthodox Church

TUES AUG 23:

6-8PM Visitation—7pm Trisagion

WED AUG 24:

9:00AM –12:00PM Liturgy & Funeral Service

1:00PM Graveside Burial at El Camino Memorial Park

2/2:30pm Repast Meal at St John’s Hall

Parish Life

Auxiliary Cooking Days in August

The Auxiliary will be cooking the following days in the church hall.

Thursday Aug 25— Pierogies

Please consider and helping (training is offered for new folks). See Tanya for details



Monthly Collections

As we continue to restore many of the beloved practices of our parish we are reinstating our monthly Sunday collections:

- 2nd Sunday of the Month—Seminarian at St Herman's Seminary in Alaska
- 3rd Sunday of the Month—Charities (local needs, IOCC, Project Mexico, etc.)

The basket will be placed out for the veneration of the cross at the end of Liturgy.



50th Wedding Anniversary Celebration Fr Alexander & Vickie Federoff Save the Date—Aug 28

Fr Alexander and Vickie will be celebrating their 50th wedding anniversary this year (Aug 20). As part of that celebration they have asked for a service of thanksgiving to be celebrated on Sunday Aug 28.

After the service they will be sponsoring a celebratory fellowship meal.

EVERYONE IS WELCOME!

Bishop Boris Scholarship Recipients

At the recommendation of our Scholarship Committee and the approval of our Parish Council, the following people have been awarded this year's scholarships.

New: Alexis Rahal, Grace Cooper & Timothy Anderson

Continuing: Anna Rahal & Isabell Tekla Griebing

May God bless them with faith, discernment & persistence in their studies!

Online Giving System

We have an online giving system that enables people to be able to manage their giving to our church.

You can set up automatic ongoing donations each month to cover your pledges. You can also use the system to make occasional donations for things like charities, flowers, candles, memorial donations, etc. You can even pay for your bookstore purchases.

There is an option to cover the bank processing fees if you would like to do that.

Not only is this a convenience for you it helps reduce the work required of our Counters on Sundays

[https://www.aplos.com/aws/give/
StJohnofDamascusOrthodoxChurch/donations](https://www.aplos.com/aws/give/StJohnofDamascusOrthodoxChurch/donations)



Scan with your phone to be taken to our secure online giving system.

You can set up 1-time or recurring gifts

Today's Worship — Hymns

TROPARIA

Resurrection — Tone 1

When the stone had been sealed by the Jews; while the soldiers were guarding Thy most pure Body; Thou didst rise on the third day, O Savior, granting life to the world. The powers of heaven therefore cried to Thee, O Giver of Life: Glory to Thy Resurrection, O Christ! Glory to Thy Kingdom! Glory to Thy dispensation, O Thou who lovest mankind.

Dormition — Tone 1

In giving birth you preserved your virginity. In falling asleep you did not forsake the world, O Theotokos. You were translated to life O Mother of Life, // and by your prayers you deliver our souls from death.

St John of Damascus — Tone 8

Teacher of Orthodoxy, piety, & purity!
Enlightener of the universe!
& divine inspiration to monastics
by your teachings we are all enlightened,
& by your spiritual music, O all-wise John of Damascus,
pray to Christ our God for the salvation of our souls!

Apostle Thaddaeus — Tone 4

O holy Apostle Thaddeus, witness of God,
Who appeared in the flesh for our sake,
You brought the light of saving grace to those in darkness
And were revealed as an excellent physician to those in Edessa.
Wherefore shelter those who fervently seek you.

KONTAKIA

Resurrection — Tone 1

As God, Thou didst rise from the tomb in glory, raising the world with Thyself. Human nature praises Thee as God, for death has vanished! Adam exults, O Master! Eve rejoices, for she is freed from bondage, and cries to Thee: Thou art the Giver of Resurrection to all, O Christ!

St John of Damascus — Tone 4

Let us the faithful sing praises to John, worthy of great honor the composer of hymns. The star & teacher of the Orthodox Faith, the defender of its doctrine. Through the might of the Lord's Cross he overcame heretical error! Now he is fervent in prayer to Christ God, to grant forgiveness of our sins.

Apostle Thaddaeus — Tone 4

The Church has acquired you as a brilliant star, And is ever enlightened by your miracles, O Apostle Thaddeus. Save those who in faith honor your memory.

Dormition — Tone 2

Neither the tomb, nor death could hold the Theotokos, who is constant in prayer and our firm hope in her intercessions. For being the Mother of Life, she was translated to life by the One who dwelt in her virginal womb.

PROKEIMENON

Tone 1 (Resurrection) — Let Thy mercy, O Lord, be upon us / as we have set our hope on Thee! (Ps. 32:22)

V. Rejoice in the Lord, O you righteous! Praise befits the just! (Ps. 32:1)

Tone 3 (Song of the Theotokos) — My soul doth magnify the Lord, / and my spirit hath rejoiced in God my Savior. (Lk. 1:46-47)

Today's Worship — Scripture Readings

Epistle — 1 Cor 4:9-16

⁹ I think that God has displayed us, the apostles, last of all, like men sentenced to death, because we are made a spectacle to the world, both to angels and people. ¹⁰ We are fools for Christ's sake, but you are wise in Christ. We are weak, but you are strong. You have honor, but we have dishonor. ¹¹ Even to this present hour, we hunger and thirst, we are naked, beaten, and [we] wander from place to place! ¹² We work hard, with our own hands. When people curse us, we bless [in return]. When we are persecuted, we endure. ¹³ When we are defamed, we try to conciliate. We are made as the filth of the world, as the dirt wiped off by all, even until now. ¹⁴ I do not write these things to shame you, but to admonish you as my beloved children. ¹⁵ For although you have ten thousand tutors in Christ, yet [you do] not [have] many fathers. For in Christ Jesus, I became your father through the Good News. ¹⁶ I beg you therefore, be imitators of me.

Gospel — Matt 17: 14-23

¹⁴ When they came to the crowd, a man came to Jesus. He knelt down before him and said: ¹⁵ "Lord, have mercy on my son! He is epileptic and suffers terribly as he often falls into the fire and into the water. ¹⁶ And so, I brought him to your disciples, but they could not cure him."

¹⁷ Jesus answered, "Faithless and perverse generation! How much longer must I be with you? How long must I bear with you? Bring him to me." ¹⁸ When Jesus rebuked it, the demon went out of the boy and he was cured from that hour.

¹⁹ Then the disciples came to Jesus in private and asked, "Why were we not able to cast it out?"

²⁰ Jesus replied, "Because of your unbelief! Amen, I tell you that if you have faith [even] like a grain of mustard, you will tell this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you! ²¹ <But this kind [of spirit] does not go out except by prayer and fasting.>"

²² While they were staying in Galilee, Jesus said to them, "The Son of Man is about to be delivered into the hands of men. ²³ They will kill him, and the third day, he will be raised up."

ALLELUIA

Tone 1 (Resurrection) — V. God gives vengeance unto me, and subdues people under me. (Ps. 17:48)

V. He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever. (Ps. 17:51)

Tone 8 — V. Arise, O Lord, into Thy rest, Thou and the Ark of Thy sanctification! (Ps. 131:8)

Orthodox Christians & Death - Part 2

(See last week's bulletin for Part 1)

When Sickness Increases

The family should keep the priest abreast of the patient's health. The sacramental mysteries of confession, unction and Communion are some of the means that the Church has provided for spiritual and physical health. Regular visits for these ministrations as well as counsel, comfort and simple fellowship are part of pastoral care. The Orthodox Christian should identify somebody to serve as the contact person for information about the ongoing status of the sick person.

When Sickness Grows Serious

The whole community offers prayers for spiritual and physical health on behalf of a sick person. (See the accompanying book of Prayers in time of Sickness, Dying and Death.) In The Priest's Service Book (also called The Book of Needs) there are special prayers and offices to be taken as the situation grows more severe. As death approaches there are prayers and offices that the priest will lead as the time of death draws near.

At the Time of Death

There are important prayers, absolutions and offices for the time of the parting of the soul from the body. The priest should be contacted when death approaches so he may come and perform these. Traditionally, upon death, any family or friends present at the time of death, wash the body with water and lay the deceased to rest on a bed, or more in keeping with a sacramental view of creation, with face elevated toward the east if possible. Acts 9:36-37 bears witness to this same preparation of the body of St. Tabitha (alternatively called Dorcus or Gazelle), the disciple of the Apostle Peter. In some instances, rose water and olive oil may be used to wash and anoint the body, in commemoration of the care given the Savior's body by Sts. Joseph of Arimathea and Nicodemus on Holy Friday.

In some places, instead of the usual clothing, a white winding sheet or shroud covers the body. Those who wish to prepare the body without the assistance of a funeral home, or with minimal assistance from the funeral home, may refer to the chapter titled "Care and Preparation of the Body."

It is customary in some Orthodox cultures to place a chaplet around the head of the deceased. This is a ribbon inscribed with a cross and the words of the Trisagion ("Holy God, Holy Mighty, Holy Immortal..."). In some instances, mourners place their final kiss upon the cross of the chaplet rather than forehead or hand of the deceased. This chaplet is reminiscent of the wreath of victory or glory that is awarded to the victorious — in this case, the one victorious over death.

The deceased's baptismal cross is usually placed prominently on the breast of the body, outside the clothing. An icon of the Descent into Sheol, the Savior, the Theotokos, or patron saint may be placed in the coffin with the body — often in the hands of the deceased.

Immediately after the Office at the Departure of the Soul, the Psalms are chanted or read continuously until the burial or until the body is removed from the place of death. The Psalter may be interrupted by a prayer service for the departed (panikhida, trisagion or parastasis), led by the priest. The Psalter is also interrupted occasionally by the prayer "O Lord our God, remember Your servant..." (taken from the end of the Office at the Departure of the Soul). In Bright Week, in addition to the above, we sing paschal hymnography. During the reading of the Word of God over the body of the departed, relatives and friends ought to be present. If they are able, the family arranges for someone to be with the deceased throughout the night, with family or friend taking shifts to watch.

(To be continued)

Parish Life

Join a Parish Ministry!

With the new Church year approaching in September, now is wonderful time to pray and consider joining one of our parish ministries.

While people are welcome to inquire about any ministry, the FOLLOWING MINISTRIES ARE SEEKING MORE HELP:

Church School (Teachers & Helpers)
Greeters
Candle Stand
Koliva Makers
Commemoration Loaves Bakers
Security Committee
Auxiliary Bakers
Scrip Card Coordinators/Sellers

We are also looking to begin a **NEW** ministry: **Flowers/Decorating of the Church Temple**
This group of people will work together to beautify our church for all the major feast days.

If you have an interest in helping with this or any of the ministries please see the person listed in the ministry directory or contact Fr Michael.

NEW Ministry - Ongoing Food Drive for San Diego County Food Bank

Families, including low-income military families, and fixed-income seniors rely on the Food Bank to put food on the table. Currently, 1 in 7 adults, and 1 in 5 children face food insecurity in San Diego County

To help with this, St John of Damascus is hosting a long-term food drive. We encourage you to bring nonperishable food items to church and place them in the red barrels in the hall. (NO GLASS CONTAINERS OR HOMEMADE ITEMS). Besides bringing the food to church and placing them in the barrels, there are 2 other options available:

Food items can be purchased via a Virtual Food Drive Page from your computer or smartphone using link <https://fooddriveonline.org/sandiegofoodbank/> or, a monetary donation can be made using link <http://www.sandiegofoodbank.org/donate>

Ministry Coordinator Directory

Below are the people who lead various ministries in our parish. Feel free to contact them to find out how to offer your God-given time and talents to the life of our community.

Adult Ed — Fr Michael
Altar Servers—Subdeacon Ken Telles
Auxiliary President — Tanya Franchak
Candle Stand — Gene Francello
Choir—Carole Shumaik
Church School— Bill Moision
Counters — TBD
Social Media —Evan Keeling & Iryna Thayer
Electric Church Sign Messages—John Thayer
Fellowship/Coffee Hour — Linda Kedroff
Diamond Circle Seniors — Jim & Patty Pelachik
Greeters — Valerie Lane
Handmaidens — Sally Menig & Desiree Geralt
Koliva — Fr Michael
Parish Council Vice-President—Patty Pelachik
Prospora — Fr Michael
Readers at Divine Liturgy—Bill Moision
Saturday Adult Ed — Dn George Shumaik
Security Committee — John Thayer
Sunday Commemoration Loaves— Fr Michael

Consider taking part and helping this group make St John's the wonderful lively parish it is. For information on how to contact any of the above please speak with Fr Michael.



LOOKING AHEAD

*The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).*

Wednesday Aug 24

10:30am — Father's Café

In Person in Church Hall & via Zoom (see online calendar for link)

Thursday Aug 25

9:00am — Auxiliary Cooking Day

Sunday Aug 28

After Liturgy—Molieben of Thanksgiving for Fr Alexander & Vickie Federoff's 50th Wedding Anniversary

6:00pm — Great Vespers & Litya for St John the Baptist

Monday Aug 29—Beheading of St John the Baptist Forerunner

8:30am — 3rd Hour & Divine Liturgy

Wednesday Aug 31

NO FATHER'S CAFÉ—Fr Michael has Jury Duty

Wednesday Sept 7

10:30am — Father's Café

In Person in Church Hall & via Zoom (see online calendar for link)

6:00pm — Great Vespers & Litya for St John the Baptist

Thursday Sept 8—Nativity of the Theotokos

8:30am — 3rd Hour & Festal Divine Liturgy

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

Many Years!

Birthdays

Eliza Malda Boyles, Luke Jones 8/24

Kimberly Klavzar 8/26

Wedding Anniversaries

Lily & Valerie Neskin, Theodore & Amy Tarris 8/23

PARISH CONTACT INFO:

Church: 16903 Espola Rd Poway — **Mailing Address:** PO Box 28291 San Diego, CA 92198

Web: www.stjohnofdamascus.org

Email: info@stjohnofdamascus.org — **Phone:** (858) 674-1931

Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — **Phone:** (858) 717-2172

Attached Clergy: V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA