

October 2, 2022



THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

16TH SUNDAY AFTER PENTECOST—TONE 7

HIEROMARTYR CYPRIAN

VIRGIN MARTYR JUSTINA

MARTYR THEOCTISTUS OF NICOMEDIA

+

Welcome!

...to all who have gathered to follow
Jesus Christ & manifest the Kingdom of
God in the Liturgy of His Church. If this is
your first time with us, give us a chance to
get to know you and fill out a visitor card.

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A Word from the Holy Fathers

Just as the thought of fire does not warm
the body, so faith without love does not
actualize the light of spiritual knowledge in
the soul.

- *St. Maximus the Confessor*

+

**Include Something in the Bulletin or
Be Included in our Weekly**

(NEWS@StJohnofDamascus.org)

E-mails

E-mail info@stjohnofdamascus.org
with your request.



ST. JOHN OF DAMASCUS ORTHODOX CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA

Parish Life

Church School for Children & Youth 1st & 3rd Sunday of Month Youth Choir 2nd & 4th Sunday of Month Fr Michael & Teens 2nd Sunday of Month AFTER Choir

This year our Church School for children and youth on Sundays will be held on the 1st and 3rd Sundays of the month.

Our children's and youth choir (for those able to read) will be held on the 2nd and 4th Sundays of the month.



Scrip Sales Coordinators Needed

We need 2-3 people to sell scrip gift cards.

Please consider helping with this substantial fund raiser and speak to Carmen Brown, Tanya Franchak of Fr Michael if you are interested.



Purchase Gift Cards Through Our Scrip Coordinator & Help our Parish

Scrip gift cards raise money for St. John's Auxiliary. When you buy Scrip cards, the store makes a donation with NO extra expense. Use the cards for your regular monthly purchases or gifts for loved ones and support our parish's ministry. Cards are available for gas, groceries, Amazon, restaurants and many other stores.

See Carmen Brown after Liturgy for more information or to purchase your cards.

Adult Ed Topic Search

Classes Begin Wed Oct 12 7-8:30pm

All our parish education efforts this year will focus on the Gospel & the Gospels.

If you have a specific topic you would like to discuss and learn more about within the 4 Gospels please share it with Fr Michael.



Orthodox Christianity 101 Class Day/Time Search

We will be offering our "101 Class" on the Faith beginning the week of Oct 10. If you are interested in participating and have a preferred day and time please speak with Fr Michael.

Options include things like: Saturdays 4-5:30pm, Mondays 7-8:30pm

Join a Parish Ministry!

With the new Church year, now is wonderful time to pray and consider joining one of our parish ministries.

While people are welcome to inquire about any ministry, the FOLLOWING MINISTRIES ARE SEEKING MORE HELP:

Church School (Teachers & Helpers)
Greeters
Candle Stand
Koliva Makers
Commemoration Loaves Bakers
Security Committee
Auxiliary Bakers
Scrip Card Coordinators/Sellers

We are also looking to begin a **NEW** ministry: **Flowers/Decorating of the Church Temple**
This group of people will work together to beautify our church for all the major feast days.

If you have an interest in helping with this or any of the ministries please see the person listed in the ministry directory or contact Fr Michael.

Today's Worship—Hymns

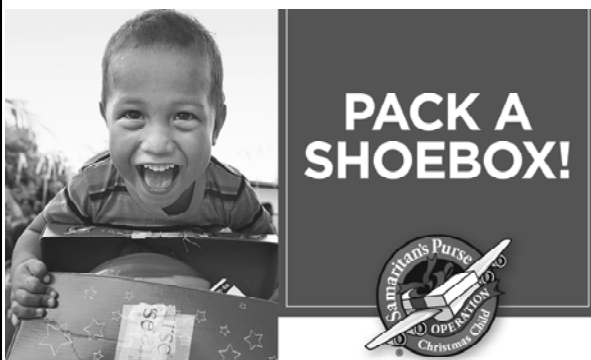
Operation Christmas Child Now through Nov 14

Ps 96:23 says declare glory among the nations.

Our Auxiliary is participating in Operation Christmas Child. It is a long standing project that brings joy to children around the world at Christmas time. Children hear the story of Jesus' Nativity and literally receive SHOEBOXES full of little gifts. They are filled, packaged and shipped all over the world to children who are in need.

Join us this year in collecting unwrapped small toys, t-shirts, little stuffed animals, crafts, coloring books/crayons, combs, etc to give to children around the world.

Collection Boxes are in the social hall as you enter on the left.



Ministry Coordinator Directory

Below are the people who coordinate various ministries in our parish. Feel free to contact them to find out how to offer your God-given time and talents to the life of our community.

Adult Ed — Fr Michael

Altar Servers—Subdeacon Ken Telles

Auxiliary President — Tanya Franchak

Candle Stand — Gene Francello

Choir—Carole Shumaik

Church School — Bill Moision

Counters — TBD

Social Media —Evan Keeling & Iryna Thayer

Electric Church Sign Messages—John Thayer

Fellowship/Coffee Hour — Linda Kedroff

Diamond Circle Seniors — Jim & Patty Pelachik

Greeters — Valerie Lane

Handmaidens — Sally Menig & Desiree Geralt

Koliva — Fr Michael

Parish Council Vice-President—Patty Pelachik

Prospora — Fr Michael

Readers at Divine Liturgy—Bill Moision

Saturday Adult Ed — Dn George Shumaik

Security Committee — Parish Council

Sunday Commemoration Loaves— Fr Michael

Consider taking part and helping this group make St John's the wonderful lively parish it is. For information on how to contact any of the above please speak with Fr Michael.

Dates for 2021

FAST SEASONS

Nativity Fast/Advent Nov 15-Dec 24

FAST-FREE WEEKS

After Christmas Dec 26-Jan 4

Today's Worship — Epistle Readings

TROPARIA

Resurrection — Tone 7

By Thy Cross, Thou didst destroy death! To the thief, Thou didst open Paradise! For the Myrrhbearers, Thou didst change weeping into joy! And Thou didst command Thy disciples, O Christ God, to proclaim that Thou art risen, granting the world great mercy!

St John of Damascus —Tone 8

Teacher of Orthodoxy, piety, & purity!
Enlightener of the universe!
& divine inspiration to monastics
by your teachings we are all enlightened,
& by your spiritual music, O all-wise John of Damascus,
pray to Christ our God for the salvation of our souls!

St Cyprian – Tone 4

By sharing in the ways of the Apostles,
you became a successor to their throne.
Through the practice of virtue, you found the
way to divine contemplation, O inspired one of
God;
by teaching the word of truth without error, you
defended the Faith, even to the shedding of
your blood.//
Hieromartyr Cyprian, entreat Christ God to
save our souls!

KONTAKIA

Resurrection — Tone 7

The dominion of death can no longer hold men captive, for Christ descended, shattering and destroying its powers! Hell is bound, while the prophets rejoice and cry: The Savior has come to those in faith! Enter, you faithful, into the Resurrection!

St John of Damascus — Tone 4

Let us the faithful sing praises to John,
worthy of great honor the composer of hymns.
The star & teacher of the Orthodox Faith,
the defender of its doctrine.
Through the might of the Lord's Cross he
overcame heretical error!
Now he is fervent in prayer to Christ God,
to grant forgiveness of our sins.

Saints– Tone 1

You turned from the art of sorcery to the
knowledge of God,
and were shown forth as a skillful healer for the
world, Cyprian, inspired by God.
Together with Justina you grant cures to those
who honor you;//
With her, pray to the Master Who loves
mankind that He may save our souls!

Steadfast Protectress — Tone 6

Steadfast Protectress of Christians,
Constant advocate before the Creator:
Do not despise the cry of us sinners,
But in your goodness, come speedily to help us
who call on you in faith.
Hasten to hear our petitions and to intercede
for us, O Theotokos,
For you always protect those who honor you!

PROKEIMENON

Tone 7 (Resurrection) — The Lord shall give strength to His people! The Lord shall bless His people with peace (*Ps 28/29:11*)

v: Offer to the Lord, O ye sons of God! Off young rams to the Lord! (Ps 28/29:1)

Today's Worship — Gospel Readings

2 Cor. 6: 1-10

¹ Working together with him, then, we entreat you not to accept the grace of God in vain. ² For he says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. ³ We put no obstacle in any one's way, so that no fault may be found with our ministry, ⁴ but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, ⁵ beatings, imprisonments, tumults, labors, watching, hunger; ⁶ by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, ⁷ truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; ⁸ in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; ⁹ as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; ¹⁰ as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Luke 6: 31-36

³¹ And as you wish that men would do to you, do so to them. ³² "If you love those who love you, what credit is that to you? For even sinners love those who love them. ³³ And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. ³⁴ And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. ³⁵ But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. ³⁶ Be merciful, even as your Father is merciful.

ALLELUIA

Tone 7 (Resurrection) -- V. It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High. (Ps. 91:1)

V. To declare Thy mercy in the morning, and Thy truth by night. (Ps. 91:2a)

Orthodox Christians & Death Check-list (Taken from booklet by Church in OR)

**Modified Checklist for
Emergency Record Guide**

PRE-PLANNING

NOTES

- ___ Family meeting to discuss healthcare decisions:
 - ___ Advance Directive (MD/priest/parish nurse)
 - ___ Living Will
 - ___ Durable Power of Attorney

___ Prepare a Will, preferably with lawyer.

___ Identify Executor _____
(name/phone)

___ Discuss Funeral Arrangements with:

___ Parish Priest _____
(name/phone)

___ Cemetery: _____
(name/phone)

___ Funeral Director: _____
(name/phone)

___ Discuss / select burial arrangements:

- ___ Casket
- ___ Vault/ outer case
- ___ Monument
- ___ Clothing / icon / jewelry
- ___ Flowers
- ___ Pallbearers
- ___ Food:
 - ___ Evening Vigil
 - ___ Memorial Meal
- ___ Transportation
 - ___ Funeral Cars
- ___ Memorial cards / service booklets
- ___ Thank-you notes/ other correspondence

___ Lodging for out-of-town visitors

___ Home preparation (visitors)

___ Identify liaison for communications with:

- Parish Priest / parish community
- Family/ friends/ employers
- Medical Personnel: MD/ Hospice / hospital



LOOKING AHEAD

*The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).*

Sept 23-Oct 6

Fr Michael Vacation

Fr John Robinson will cover services 9/24-25

Fr Alexander Federoff will cover services 10/1-2

October 10-14

Day & Time TBD—Orthodox Christianity 101

Wed Oct 12

10:30-11:30am Father's Café (In-person & Zoom—See Online Calendar for link)

7:00-8:30pm—Adult Ed: Topic TBD

October 17-22

Day & Time TBD—Orthodox Christianity 101

Mon Oct 17

7:00pm — Parish Council Meeting

Tues Oct 18

11:00am — Diamond Circle

Wed Oct 19

10:30-11:30am Father's Café (In-person & Zoom—See Online Calendar for link)

7:00-8:30pm—Adult Ed: Topic TBD

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

Many Years!

Name Days

Dennis (Dionysius) Stavrou 10/3

Birthdays

Kathryn (Anna) Jones 10/5

Cortney Stavrou 10/6

Linda Kedroff 10/7

Wedding Anniversaries

Eliza & David Boyles 10/4

Sally & Kyle Menig 10/5

PARISH CONTACT INFO:

Church: 16903 Espola Rd Poway — **Mailing Address:** PO Box 28291 San Diego, CA 92198

Web: www.stjohnofdamascus.org

Email: info@stjohnofdamascus.org — **Phone:** (858) 674-1931

Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — **Phone:** (858) 717-2172

Attached Clergy: V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

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