

November 6, 2022



THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

21ST SUNDAY AFTER PENTECOST—TONE 4
ST. PAUL THE CONFESSOR, ARCHBISHOP OF
CONSTANTINOPLE

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Welcome!

...to all who have gathered to follow
Jesus Christ and manifest the Kingdom of
God in the Liturgy of His Church.

If this is your first time with us, give us a
chance to get to know you.

Please join us for our fellowship meal
following the service

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From the Holy Fathers

It is not the self-critical who reveals his
humility (for does not everyone have
somehow to put up with himself?). Rather it
is the man who continues to love the
person who has criticized him.

- St. John Climacus

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**Include Something in the Bulletin or
Be Included in our Weekly
(NEWS@StJohnofDamascus.org)**

E-mails

E-mail info@stjohnofdamascus.org
with your request.



Parish Life

Adopt a Poway Family

Our local Poway Unified School District is once again coordinating an "Adopt a Family" program for local families.

This year St John's is adopting 3 families (each with 3 children).

Information about purchasing items for these families will be found on the bulletin board in the church hall beginning next week.

If you have a questions, please contact Ken Telles.



Purchase Gift Cards Through Our Scrip Coordinator & Help our Parish

Scrip gift cards raise money for St. John's Auxiliary. When you buy Scrip cards, the store makes a donation with NO extra expense. Use the cards for your regular monthly purchases or gifts for loved ones and support our parish's ministry. Cards are available for gas, groceries, Amazon, restaurants and many other stores.

See Carmen Brown after Liturgy for more information or to purchase your cards.



1 or 2 Scrip Sales Coordinators Needed

We have 3 people who have stepped forward to offer help with coordinating our Scrip Sales on Sundays after Liturgy. Thank you!!!

We are still looking for 1 or 2 more to fill out the team.

Please consider helping with this substantial fund raiser and speak to Carmen Brown, Gene Francello or Fr Michael if you are interested.

Orthodox Christianity 101 Class Mondays 6-7:30pm NEXT CLASS 11/7 [Church Tour]

This 14 session class introduces people to the basic teachings and life of the Orthodox Christian Faith. It is excellent for new inquirers, those preparing for baptism and/or chrismation, as well as people who may have grown up in the Church but may desire a refresher in the basics of our Faith.

Tell your friends & friends. All are welcome.

To register email info@stjohnofdamascus.org or call 858-674-1931



Operation Christmas Child Now through Nov 14

We are still collecting items for Operation Christmas Child. We are in need of the following items:

- Socks for boys and girls ages 2-4, 5-9, 10-14
- individual toothbrushes with caps or holders
- coloring books (2-4 boys and girls)
- combs for the boys (all ages)
- cosmetic bags for older girls
- small purse/bag for 2-4 girls

We also need to raise funds to cover the shipping for these boxes. Our goal is \$550. Please make a donation to the parish's charity fund (either at church or online) to help cover the costs.

Today's Worship—Hymns

Ongoing Food Drive for San Diego County Food Bank

Families, including low-income military families, and fixed-income seniors rely on the Food Bank to put food on the table. Currently, 1 in 7 adults, and 1 in 5 children face food insecurity in San Diego County

To help with this, St John of Damascus is hosting a long-term food drive. We encourage you to bring nonperishable food items to church and place them in the red barrels in the hall. (NO GLASS CONTAINERS OR HOMEMADE ITEMS). Besides bringing the food to church and placing them in the barrels, there are 2 other options available:

Food items can be purchased via a Virtual Food Drive Page from your computer or smartphone using link <https://fooddriveonline.org/sandiegofoodbank/> or,

a monetary donation can be made using link <http://www.sandiegofoodbank.org/donate>



Annual Youth Sunday—Dec 4

The purpose of Youth Sunday is to involve all the Youth of St. John of Damascus Orthodox Church on the Sunday closest to our Parish Name Day celebration. Everyone will have an opportunity to participate in various ministries during the Divine Liturgy. Children are welcome to come early to help decorate the Church with flowers.

There will be a sign-up planning sheet to coordinate everything beginning next Sunday

For more information you can speak to one of our Church School teachers.

Auxiliary Thanksgiving Ethnic Foods & Bake Sale

Save the Date

**Saturday Nov 19 — 11am-2pm
Get Your Orders In!**

On Saturday Nov 19 from 11:00am—2:00pm our Auxiliary will be having its Thanksgiving Ethnic Foods & Bake Sale.

Pre-orders are taken by phone or email.

All our traditional ethnic foods and freshly made-baked goods will be available. A menu flyer with ordering instructions has been emailed and posted on our website at

<https://stjohnofdamascus.org/st-johns-auxiliary/>

We encourage you to order early.

To be added to the Auxiliary's e-mail list and receive this year's menu immediately, send an email to Auxiliary@stjohnofdamascus.org or



Auxiliary Baking Day 11/10

The Auxiliary is having another baking day on Nov 10 starting at 9am to make nut rolls.

Please consider coming and helping. All are welcome.

Dates for 2021

FAST SEASONS

Nativity Fast/Advent Nov 15-Dec 24

FAST-FREE WEEKS

After Christmas Dec 26-Jan 4

Today's Worship — Hymns

TROPARIA

Resurrection — Tone 4

When the women disciples of the Lord learned from the angel the joyous message of Thy Resurrection; they cast away the ancestral curse and elatedly told the apostles: Death is overthrown! Christ God is risen, granting the world great mercy.

St John of Damascus —Tone 8

Teacher of Orthodoxy, piety, & purity!
Enlightener of the universe!
& divine inspiration to monastics
by your teachings we are all enlightened,
& by your spiritual music, O all-wise John of Damascus,
pray to Christ our God for the salvation of our souls!

St. Paul – Tone 3

For confessing the divine faith,
among her priests the Church has likened you to another Paul.
Abel cries out to the Lord together with you,
as does the righteous blood of ^Zachariah.//
Venerable Father, entreat Christ God to grant us His great mercy.

KONTAKIA

Resurrection — Tone 4

My Savior and Redeemer as God rose from the tomb and delivered the earthborn from their chains. He has shattered the gates of hell, and as Master, He has risen on the third day!

St John of Damascus — Tone 4

Let us the faithful sing praises to John, worthy of great honor the composer of hymns. The star & teacher of the Orthodox Faith, the defender of its doctrine.
Through the might of the Lord's Cross he overcame heretical error!
Now he is fervent in prayer to Christ God, to grant forgiveness of our sins.

St. Paul – Tone 2

Paul, you shone on the earth like a star of heavenly splendor;
now you enlighten the universal Church for which you suffered,
for you laid down your life,
and your blood cries out to the Lord like that of Zachariah and Abel.

Steadfast Protectress — Tone 6

Steadfast Protectress of Christians,
Constant advocate before the Creator:
Do not despise the cry of us sinners,
But in your goodness, come speedily to help us who call on you in faith.
Hasten to hear our petitions and to intercede for us, O Theotokos,
For you always protect those who honor you!

PROKEIMENON

Tone 4 (Resurrection) — O Lord, how manifold are Thy works; in wisdom hast Thou made them all. (*Ps 103/104:24*)

v: Bless the Lord, O my soul! O Lord, my God, Thou art very great! Ps 103/104:1)

ALLELUIA

Tone 4 (Resurrection) -- V. Go forth, prosper and reign, for the sake of meekness, righteousness and truth! (*Ps. 44:3b*)

V. For Thou lovest righteousness, and hatest iniquity. (*Ps. 44:6*)

Today's Worship — Gospel Readings

Epistle — Gal 2: 16-20

¹⁶yet knowing that no one is justified by the works of the law but through faith in Jesus Christ, we believed in Christ Jesus, so that we might be justified by faith in Christ, and not by the works of the law, because no one will be justified by the works of the law. ¹⁷But if, even though we desired to be justified in Christ, we were found to be sinners, does that mean that Christ is a servant of sin? Certainly not!

¹⁸Indeed, if I build up again those things which I [once] destroyed, I show that I am breaking the law. ¹⁹For I, through the law, died to the law, so that I might live to God. ²⁰I have been crucified with Christ, and it is no longer I who live, but Christ who lives in me. I now live this life in the flesh, but I live [it] by faith in the Son of God, who loved me and who gave himself up for me.

Gospel — Luke 8: 41-56

⁴¹And behold, a man named Jairus came, and he was a ruler of the synagogue. He fell down at Jesus' feet and begged him to come to his house ⁴²because he had an only daughter, about twelve years old, who was dying. But as Jesus went, the crowd pressed against him. ⁴³There was a woman who had a flow of blood for twelve years and who had spent all she had on physicians, but she could not be healed by any. ⁴⁴She came behind him and touched the fringe of his cloak. Immediately, the flow of her blood stopped. ⁴⁵Jesus said, "Who touched me?"

As everyone was denying it, Peter and those with him said, "Master, the people are crowding and pressing against you, <and you ask, 'Who touched me?>' "

⁴⁶But Jesus said, "Someone has touched me, for I perceived that power has gone out from me."

⁴⁷When the woman saw that she was not hidden, she came forth trembling. Falling down before Jesus, in the presence of all the people, she confessed to him why she had touched him, and how she had immediately been healed. ⁴⁸He said to her, "Daughter, be of good cheer! Your faith has made you well. Go in peace."

⁴⁹While Jesus was still speaking, someone came from the ruler of the synagogue's house, saying to him, "Your daughter is dead. Do not trouble the Teacher."

⁵⁰But when Jesus heard it, he answered him, "Do not be afraid! Only believe, and she will be healed."

⁵¹When Jesus arrived at the house, he did not allow anyone to enter in, except Peter, John, and James, as well as the father of the child and her mother. ⁵²All were weeping and mourning the girl, but Jesus said, "Do not weep! She is not dead, but sleeping."

⁵³But they mocked him, knowing that she was dead. ⁵⁴Jesus put them all outside, and taking the girl by the hand, he called, "Child, arise!" ⁵⁵Her spirit returned, and she immediately got up. He ordered that something to eat should be given to her. ⁵⁶Her parents were amazed, but he commanded them to tell no one what had been done.

Our Life in Christ

We are preparing pledge forms and will be distributing them in the next couple weeks. Please take this time to pray about your situation and what an appropriate pledge of time & talent as well as financial offerings would be as good stewards of the gifts the Lord has given you

The Ministry Directory to the right as well as the Financial Offering information below are offered as resources to aid you as you prayerfully make your decisions.

Thank you!

Often people ask, "How much should I give to the Church?" We remember the full tithe, or 10%, that was due to God under the old covenant. But under grace in Christ, we understand that everything (100%) we have is His given to us from Him and we are mere stewards of it in this life. Such there is no fixed percentage commanded of us. It is up to each of us to consult God in prayer, to seek His will for us in this regard. In truth, what is most important is the spirit with which our gift is given.

- *He [Jesus] looked up and saw the rich putting their gifts into the treasury; and he saw a poor widow put in two copper coins. And he said, "Truly I tell you, this poor widow has put in more than all of them; for they all contributed out of their abundance, but she out of her poverty put in all the living that she had."* (Luke 21:1-4)
- *Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work.* (2 Corinthians 9: 7-8)

The table below is offered as a resource:

Percentage Giving—Approximate Proportionate Gift Per Week

<i>If Annual Income is:</i>	3%	4%	5%	8%	10%	12%
\$25,000	\$14	\$19	\$24	\$38	\$48	\$58
\$30,000	\$17	\$23	\$29	\$46	\$58	\$69
\$35,000	\$20	\$27	\$34	\$54	\$67	\$81
\$40,000	\$23	\$31	\$38	\$62	\$77	\$92
\$45,000	\$26	\$35	\$43	\$69	\$87	\$104
\$50,000	\$29	\$38	\$48	\$77	\$96	\$115
\$55,000	\$32	\$42	\$53	\$85	\$106	\$127
\$60,000	\$35	\$46	\$58	\$92	\$115	\$138
\$65,000	\$38	\$50	\$63	\$100	\$125	\$150
\$70,000	\$40	\$54	\$67	\$108	\$135	\$162
\$75,000	\$43	\$58	\$72	\$115	\$144	\$173
\$80,000	\$46	\$62	\$77	\$123	\$154	\$185
\$85,000	\$49	\$65	\$82	\$131	\$163	\$196
\$90,000	\$52	\$69	\$87	\$138	\$173	\$208
\$95,000	\$55	\$73	\$91	\$146	\$183	\$219
\$100,000	\$58	\$77	\$96	\$154	\$192	\$231

REGARDLESS OF HOW MUCH YOU GIVE, THE PARISH IS GRATEFUL FOR WHAT YOU OFFER!

Our Life in Christ

Ministry Directory

Below are the people who coordinate various ministries in our parish. Feel free to contact them to find out how to offer your God-given time and talents to the life of our community.

Adult Ed — Fr Michael

Altar Servers—Subdeacon Ken Telles

Auxiliary President — Tanya Franchak

Candle Stand — Gene Francello

Choir—Carole Shumaik

Church School — Bill Moision

Counters — TBD

Social Media —Evan Keeling & Iryna Thayer

Electric Church Sign Messages—John Thayer

Fellowship/Coffee Hour — Linda Kedroff

Diamond Circle Seniors — Jim & Patty Pelachik

Greeters — Valerie Lane

Handmaidens — Sally Menig & Desiree Geralt

Koliva — Fr Michael

Parish Council Vice-President—Patty Pelachik

Prospora — Fr Michael

Readers at Divine Liturgy—Bill Moision

Saturday Adult Ed — Dn George Shumaik

Security Committee — Parish Council

Scrip Sales—Auxiliary

Sunday Commemoration Loaves— Fr Michael

Consider taking part and helping this group make St John's the wonderful lively parish it is. For information on how to contact any of the above please speak with Fr Michael.

Online Giving System

We have an online giving system that enables people to be able to manage their giving to our church.

You can set up automatic ongoing donations each month to cover your pledges. You can also use the system to make occasional donations for things like charities, flowers, candles, memorial donations, etc. You can even pay for your bookstore purchases.

There is an option to cover the bank processing fees if you would like to do that.

Not only is this a convenience for you it helps reduce the work required of our Counters on Sundays

[https://www.aplos.com/aws/give/
StJohnofDamascusOrthodoxChurch/donations](https://www.aplos.com/aws/give/StJohnofDamascusOrthodoxChurch/donations)



**Scan with your phone to be taken to our
secure online giving system.
You can set up 1-time or recurring gifts**



LOOKING AHEAD

*The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).*

Monday Nov 7

6:00-7:30pm— Orthodox Christianity 101
(Church Tour)

Nov 8-16

Fr Michael travels to MA to help his mother

Thurs Nov 10

9:00am — Auxiliary Cooking Day

Tues Nov 15

11:00am—Diamond Circle Gathering

Sat Nov 19

11:00am-2:00pm—Auxiliary Thanksgiving Ethnic Food & Bake Sale

Sun Nov 20

6:00pm—Vespers & Litya Entrance of the Theotokos into the Temple

Mon Nov 21—Entrance of the Theotokos into the Temple

8:30am—3rd Hour & Festive Divine Liturgy

Wed Nov 23

7:00am—Monthly Weekday Liturgy (Thanksgiving)

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

Many Years!

Dn George Shumaik on his elevation to Protodeacon (11/6)

Name Days

Archpriest Michael Anderson, Dale (Michael) Franchak,

Michael Geralt, Michael Kapsimalis 11/8

Victor Anderson 11/11

Birthdays

Nicholas Patrick Geralt 11/9

Zoe Rahal 11/11

PARISH CONTACT INFO:

Church: 16903 Espola Rd Poway — **Mailing Address:** PO Box 28291 San Diego, CA 92198

Web: www.stjohnofdamascus.org

Email: info@stjohnofdamascus.org — **Phone:** (858) 674-1931

Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — **Phone:** (858) 717-2172

Attached Clergy: V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA