

ST. JOHN OF DAMASCUS ORTHODOX CHURCH

A PARISH OF THE ORTHODOX CHURCH IN AMERICA, THE DIOCESE OF THE WEST

March 2023

Location: 16903 Espola Rd

Poway, CA

Mailing: PO Box 28291

San Diego, CA 92198

Phone: (858) 674-1931

E-mail: powaypadre@stjohnofdamascus.org

Web: www.stjohnofdamascus.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 Cheesfare Forgiveness Sunday 8:30 AM 3rd & 6th Hours 9:00 AM Divine Liturgy 10:30 AM Forgiveness Sunday Vespers	27 Beginning of Great Lent St Raphael of Brooklyn 6:00 PM Compline w/ Canon of St Andrew	28 6:00 PM Compline w/ Canon of St Andrew	1 10:30 AM Father's Cafe (Hybrid) 6:00 PM Compline w/ Canon of St Andrew	2 6:00 PM Compline w/ Canon of St Andrew	3 6:00 PM Presanctified Liturgy followed by Lenten Potluck	4 6:00 PM Great Vespers for the Resurrection
5 Sunday of Orthodoxy 8:30 AM 3rd & 6th Hours 9:00 AM Divine Liturgy w/ Procession of Icons 10:30 AM Church School 11:45 AM Choir Rehearsal 6:00 PM Vespers for Sunday of Orthodoxy at St Anthony Antiochian Orthodox Church	6 Finding of the Precious Cross	7	8 10:30 AM Father's Cafe (Hybrid) 6:00 PM Presanctified Liturgy followed by Lenten Potluck	9 Holy 40 Martyrs of Sebaste 9:00 AM Auxiliary Baking	10	11 Memorial Saturday 8:30 AM 3rd Hour & Soul Saturday Divine Liturgy 6:00 PM Great Vespers for the Resurrection
12 St Gregory Palamas Support our Seminaries 8:30 AM 3rd & 6th Hours 9:00 AM Divine Liturgy 10:30 AM Youth Choir & Teen Talk w/ Fr Michael 12:30 PM Viewing of The Chosen w/ Discussion	13 6:00 PM Orthodox Christianity 101	14 9:00 AM Auxiliary Baking 7:00 PM Parish Council Meeting	15 10:30 AM Father's Cafe (Hybrid) 6:00 PM Presanctified Liturgy followed by Lenten Potluck	16 9:00 AM Auxiliary Baking	17 St Patrick Bishop of Armagh Ven. Alexius, the Man of God 10:00 AM Presanctified Liturgy followed by Lenten Potluck	18 St. Nicholas of Zicha & South Cana 6:00 PM Great Vespers for the Resurrection
19 Charity Collection Veneration of the Holy Cross 8:30 AM 3rd & 6th Hours 9:00 AM Divine Liturgy 10:30 AM Church School 11:45 AM Choir Rehearsal 6:00 PM Lenten Vespers - St Gregory of Sinai Greek Orthodox Church	20 6:00 PM Orthodox Christianity 101	21 11:00 AM Diamond Circle Meeting	22 10:30 AM Father's Cafe (Hybrid) 6:00 PM Presanctified Liturgy followed by Lenten Potluck	23 9:00 AM Auxiliary Baking	24 6:00 PM Vigil for Annunciation	25 Holy Annunciation 8:30 AM 3rd Hour & Festal Divine Liturgy 6:00 PM Great Vespers for the Resurrection
26 St John Climacus Synaxis of Archangel Gabriel 8:30 AM 3rd & 6th Hours 9:00 AM Divine Liturgy 10:30 AM Youth Choir	27 6:00 PM Orthodox Christianity 101	28	29 6:00 PM Presanctified Liturgy followed by Lenten Potluck	30 9:00 AM Auxiliary Baking 6:00 PM Matins with Canon of St Andrew of Crete	31 St Innocent of Alaska 6:00 PM Matins w/ Akathist to the Theotokos	1 Saturday of Akathist to the Theotokos 6:00 PM Great Vespers for the Resurrection

Greeters

Evening	Morning
Mar 1 Viorica R	
Mar 2 Viorica R	
Mar 3 Joe T	
Mar 4 Val L	Mar 5 John T
Mar 8 Joe T	
	Mar 11 Viorica R
Mar 11 Iryna T	Mar 12 Val L
Mar 15 John T	
	Mar 17 Val L
Mar 18 Val L	Mar 19 Iryna T
Mar 22 Joe T	
Mar 24 Val L	
	Mar 25 John T
Mar 25 Iryna T	Mar 26 Joe T
Mar 29 Iryna T	
March 30 TBD	
Mar 31 Joe T	

Divine Liturgy Readers

Mar 5 - Linda K
Mar 11 - Carmen
Mar 12 - Roman S
Mar 12 -Roman S
Mar 18- TBD
Mar 19 - Sbdn Nathaniel
Mar 25 - Erik W
Mar 26 - Rdr John K

Candle Stand

Mar 5 - Joseph S
Mar 12 - Art S
Mar 19 - Dennis S
Mar 26 - Gene F
Questions?
Gene F

Koliva/Kutya

Mar 11 -Viorica R

Counters

Mar 5 - Joseph S, Margie H
Mar 12 - Terry M, Ken T,
Mar 19 - Ed L, Joseph S
Mar 26 - Dmitry P, Joe T
In Training - Mary C

Altar Servers - Weekends

Evening

Mar 3 Sbdn Ken, Ed L, Peter A
Mar 4 Sbdn Ken T, Andrew C, Oliver C
Mar 8 Sbdn Ken T, Ed L, Peter A
Mar 11 Sbdn Ken, Peter A, Leo K
Mar 15 Sbdn Ken T, Ed L, Peter A
Mar 18 Sbdn Ken, Peter A, Leo K
Mar 22 Sbdn Ken, Ed L, Peter A
Mar 24 Sbdn Ken, Peter A
Mar 25 Sbdn Ken T, Peter A, Andrew C,
Oliver C
Mar 29 Sbdn Ken, Ed L, Peter A

Questions? Contact Subdeacon Ken Telles

Morning

Mar 5 Sbdn Ken, Ed L, Peter A, Andrew C
Oliver C, Leo K, Matthew S
Mar 11 Sbdn Ken, Peter A
Mar 12 Sbdn Ken, Ed L, Peter A, Kelvin B
Nicholas G
Mar 17 Sbdn Ken T, Ed L
Mar 19 Sbdn Ken, Ed L, Peter A, Nicholas G
Matthew S
Mar 25 Sbdn Ken, Peter A
Mar 26 Sbdn Ken, Ed L, Peter A, Andrew C
Oliver C, Leo K, Matthew S

Handmaidens

Mar 5 - 1 Sadie 2 Layla 3 Zoe 4 Nina
Mar 12 - 1 Tessa 2 Sophia 3 Anna 4 Rebekah
Mar 19 - 1 Layla 2 Tessa 3 Alina 4 Katherine
Mar 26 - 1 Anna 2 Rebekah 3 Peyton 4 Alina

Prospora

Mar 3 - George R (Antidoron) Mar 12 - Pdcn George (+2) Mar 22 - George R (Antidoron)
Mar 5 - Pdcn George (+1) Mar 15 - George R (Antidoron) Mar 24 - George R (Litya)
Mar 8 - George R (Antidoron) Mar 17 - George R (Antidoron) Mar 25 - Jim S
Mar 11 - Jim S Mar 19 - Pdcn George (+1) Mar 26 - Pdcn George (+1)
(+ Prospora for additional lambs - Jim S) Mar 29 - George R (Antidoron)

Commemoration Loaves

Mar 5	Tanya R	Mar 19	Ken T
Mar 12	Pat S	Mar 26	Fr Michael (Freezer)

Questions? Contact Fr Michael

Scrip

Mar 5 - Gene F	Mar 19 - Valerie L
Mar 12 - Carmen B	Mar 26 - Erik W

Questions? Contact Carmen B

Great Lent

The season of Great Lent is the time of preparation for the feast of the Resurrection of Christ. It is the living symbol of man's entire life which is to be fulfilled in his own resurrection from the dead with Christ. It is a time of renewed devotion: of prayer, fasting, and almsgiving. It is a time of repentance, a real renewal of our minds, hearts and deeds in conformity with Christ and his teachings. It is the time, most of all, of our return to the great commandments of loving God and our neighbors.

In the Orthodox Church, Great Lent is not a season of morbidity and gloominess. On the contrary, it is a time of joyfulness and purification. We are called to "anoint our faces" and to "cleanse our bodies as we cleanse our souls." The very first hymns of the very first service of Great Lent set the proper tone of the season:

Let us begin the lenten time with delight ... let us fast from passions as we fast from food, taking pleasure in the good words of the Spirit, that we may be granted to see the holy passion of Christ our God and his holy Pascha, spiritually rejoicing.

Thy grace has arisen upon us, O Lord, the illumination of our souls has shown forth; behold, now is the acceptable time; behold, now is the time of repentance (Vespers Hymns).

It is our repentance that God desires, not our remorse. We sorrow for our sins, but we do so in the joy of God's mercy. We mortify our flesh, but we do so in the joy of our resurrection into life everlasting. We make ready for the resurrection during Great Lent, both Christ's Resurrection and our own.