SUNDAY, MARCH 19, 2023 THIRD SUNDAY OF GREAT LENT VENERATION OF THE CROSS

GREAT VESPERS

<u>LORD I CALL</u>: Six stikhera of the Resurrection in tone 7, followed by four stikhera from the Triodion

Triodion, (Special Podoben Melody) tone 5:

Shine O Cross of the Lord!

Shine with the <u>light</u> of grace on the hearts of <u>those</u> honoring you!

O desire of the world, we embrace you with love inspired by God!

By you our tears of sorrow are wiped away,

We are delivered from death, and pass to unending joy!

Show us the glory of your beauty.

And grant to us, your servants,

The rewards of <u>fasting</u>,//

For with faith we beg your protection and great mercy!

Rejoice, O life-giving Cross,

The <u>paradise</u> of the Church

The tree of incorruption that brings us the joy of eternal life!

The demons are driven away by you!

And together the ranks of angels rejoice,

As the congregation of the <u>faithful</u> keeps the feast!

You are a stronghold, an invincible weapon!

You are the <u>victory</u> of kings and the glory of priests!//

Grant us to reach the Passion of Christ and His Resurrection!

Rejoice, O life-giving Cross,

The unconquerable trophy of faith,

Door to paradise, help of the faithful,

And a wall of defense set around the Church!

Through you the <u>curse</u> is destroyed and the power of death is

swallowed up,

And we are <u>raised</u> from <u>earth</u> to heaven!

In<u>vincible</u> weapon, adversary of demons,

<u>Glory</u> of the martyrs, true ornament of the holy monks,//

Haven of salvation giving the <u>world</u> great mercy!

Come, our first parents, Adam and Eve,
Who fell through the envy of the murderer of the human race,
With bitter pleasure you ate of the tree in Paradise
Behold, the tree of the Cross now draws near!
Run to embrace it with joy and cry out with faith:
"You are our help, O precious Cross!
From your fruit we have gained incorruption!
We are again restored to Eden,//
And receive great mercy!"

GLORY...Triodion, tone 3

Wishing to restore all men to life,
You accepted crucifixion, O Christ our God.
Burning with boundless love for man,
You took the quill of the Cross in Your hand;
dipping it in ink of royal crimson,
You signed our release with blood-stained fingers.
Though temptations assault us,
may we never forsake You again!
Have mercy on Your despairing people,
O long-suffering Master!//
Arise and fight Your enemies in Your almighty power!

NOW AND EVER... the Dogmatikon in tone 7

APOSTIKHA: All stikhera of the Resurrection in tone 7

GLORY...NOW AND EVER... Triodion, tone 4:

The humble <u>David</u> defeated his enemies by Your <u>help</u>, O Lord.

Now <u>come</u> to the aid of Your Orthodox <u>people</u>; show us Your power as You <u>did</u> of old, and our adversaries will <u>know</u> that <u>You</u> are God!

And <u>we</u> will be victorious, for we <u>hope</u> in You.

Through the constant intercessions of Your all-pure <u>Mother</u>,// grant us Your great <u>mercy</u>!

TROPARIA

Resurrection, tone 7

By Your <u>Cross</u> You destroyed <u>death</u>.

To the thief You opened <u>Paradise</u>.

For the <u>Myrrh</u>bearers You changed weeping into <u>joy</u>.

And You commanded Your disciples, O <u>Christ</u> God, to pro<u>claim</u> that You are <u>risen</u>,//
granting the <u>world</u> great <u>mer</u>cy.

Cross, tone 1:

O <u>Lord</u>, save Your <u>people</u>, and bless Your in<u>her</u>itance! <u>Grant</u> victories to the Orthodox <u>Chris</u>tians over their <u>ad</u>versaries; and by <u>vir</u>tue of Your <u>Cross</u>,// preserve Your habitation!

Resurrectional Dismissal Theotokion, tone 1

When <u>Gabriel</u> announced to you, O Virgin, saying "Rejoice!" with that word the Master of all was incarnate in <u>you</u>, the holy Ark, spoken of by the righteous <u>David!</u>
Your <u>womb</u> became more spacious than the <u>heavens</u>, for you carried your <u>Creator</u>.
<u>Glory to Him Who took abode in you!</u>
Glory to Him Who came <u>forth</u> from you!//
Glory to Him Who freed us by being <u>born</u> of you!

Saint John of Damascus Orthodox Church

Rector: Father Michael Anderson 16903 Espola Rd Poway, CA 92064

Email: powaypadre@stjohnofdamascus.org

Office: 858-674-1931