

April 2, 2023



# THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

[www.stjohnofdamascus.org](http://www.stjohnofdamascus.org)

Publication of St. John of Damascus Orthodox Church, Poway, CA

5TH SUNDAY OF GREAT LENT —TONE 1  
SUNDAY OF ST.MARY OF EQYPT

+

## Welcome!

...to all who have gathered to follow Jesus Christ and manifest the Kingdom of God in the Liturgy of His Church.

If this is your first time with us, give us a chance to get to know you.

Please join us for our fellowship meal following the service

+

## From the Holy Fathers

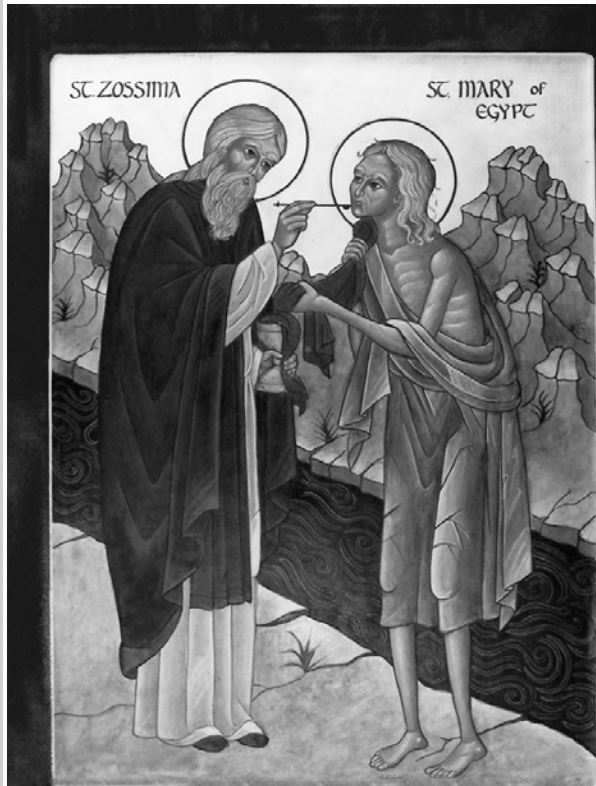
Believe me, I have not seen a human face ever since I crossed the Jordan, except yours today. I have not seen a beast or a living being ever since I came into the desert. I never learned from books. I have never even heard anyone who sang and read from them. But the word of God which is alive and active, by itself teaches a man knowledge.

ST. MARY OF EQYPT

+

**Include Something in the Bulletin or  
Receive our Weekly  
Parish E-mails**

E-mail [info@stjohnofdamascus.org](mailto:info@stjohnofdamascus.org)



*"Blessed is God Who creates the great and wondrous, the glorious and marvelous without end. Blessed is God Who has shown me how He rewards those who fear Him. Truly, O Lord, Thou dost not forsake those who seek Thee!"*

ST. JOHN OF DAMASCUS ORTHODOX CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA

## Parish Life

### Fellowship Meal Sign-up Posted Now through June

The sign-up calendar for fellowship meals after Sunday Divine Liturgies for the first half of 2023 has been posted in the church hall on the bulletin board. Please take a look and sign up for a few. There is room on the form for multiple families to sign-up for a given Sunday so no one is tasked with feed the masses alone. Please be a part of this important ministry of fellowship and hospitality.



### Purchase Gift Cards Through Our Scrip Coordinator & Help our Parish

Scrip gift cards raise money for St. John's Auxiliary. When you buy Scrip cards, the store makes a donation with NO extra expense. Use the cards for your regular monthly purchases or gifts for loved ones and support our parish's ministry. Cards are available for gas, groceries, Amazon, restaurants and many other stores.

Look for the Scrip sign on the rectangle table next to the church hall doors.



### BRING IN YOUR PALMS

It is time to dispose of your blessed palms from last year. Please bring them to church and give them to Fr. Michael. He will then burn them and scatter the ashes around the church.



### Viewing of TV Show "The Chosen" Sunday April 2 12:30pm Discussion to Follow

A number of parishioners have been watching a TV show about the ministry of the Lord.

We will be showing the 3rd episode of season 1 in the Church Hall on Sunday April 2 beginning at 12:30pm after our fellowship meal. We will also have a short discussion about the episodes and how it compare to the Church's understanding of the events and people (some are saints) presentd.



### Donations for Paschal Flowers

We are collecting donations for flowers for Holy Week & Pascha.



Please give as you are able and include "flowers" on your check



### Help Needed with Pre-School & Early Elementary Church School Classes

We need a couple people to help with our pre-school and early elementary church school classes.

Classes are held twice a month (1st & 3rd Sundays) from September to June at the conclusion of the Divine Liturgy.

If you are willing to help please see Bill Moision, Fr Michael or Sally Menig

## Today's Worship—Hymns

### TROPARIA

#### **Resurrection — Tone 1**

When the stone had been sealed by the Jews;  
while the soldiers were guarding Thy most  
pure Body; Thou didst rise on the third day, O  
Savior, granting life to the world. The powers  
of heaven therefore cried to Thee, O Giver of  
Life: Glory to Thy Resurrection, O Christ! Glory  
to Thy Kingdom! Glory to Thy dispensation, O  
Thou who lovest mankind.

#### **St John of Damascus —Tone 8**

Teacher of Orthodoxy, piety, & purity!  
Enlightener of the universe!  
& divine inspiration to monastics  
by your teachings we are all enlightened,  
& by your spiritual music, O all-wise John of  
Damascus,  
pray to Christ our God for the salvation of our  
souls!

#### **St. Mary of Egypt—Tone 8**

The image of God was truly preserved in you,  
O Mother,  
for you took up the Cross and followed Christ.  
By so doing, you taught us to disregard the  
flesh for it passes away;  
but to care instead for the soul, for it is  
immortal.//  
Therefore your spirit, O holy Mother Mary,  
rejoices with the angels.

### KONTAKIA

#### **Resurrection — Tone 1**

As God, You rose from the tomb in glory,  
raising the world with Yourself.  
Human nature praises You as God, for death  
has vanished.  
Adam exults, O Master!  
Eve rejoices, for she is freed from bondage  
and cries to You://  
“You are the Giver of Resurrection to all, O  
Christ!”

#### **St John of Damascus — Tone 4**

Let us the faithful sing praises to John,  
worthy of great honor the composer of hymns.  
The star & teacher of the Orthodox Faith,  
the defender of its doctrine.  
Through the might of the Lord's Cross he  
overcame heretical error!  
Now he is fervent in prayer to Christ God,  
to grant forgiveness of our sins.

#### **St. Mary of Egypt — Tone 3**

Having been a sinful woman,  
you became through repentance a bride of  
Christ.  
Having attained angelic life,  
you defeated demons with the weapon of the  
Cross.//  
Therefore O most glorious Mary, you are a  
bride of the Kingdom.

#### **Steadfast Protectress – Tone 6**

Steadfast Protectress of Christians,  
Constant advocate before the Creator:  
Do not despise the cry of us sinners,  
But in your goodness, come speedily to help  
us who call on you in faith.  
Hasten to hear our petitions and to intercede  
for us, O Theotokos,  
For you always protect those who honor you!

## Today's Worship — Scripture Readings

### Epistle — Heb 9:11-14

<sup>11</sup> But when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) <sup>12</sup> he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. <sup>13</sup> For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, <sup>14</sup> how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

### Epistle — Galatians 3:23-29

<sup>23</sup> Now before faith came, we were confined under the law, kept under restraint until faith should be revealed. <sup>24</sup> So that the law was our custodian until Christ came, that we might be justified by faith. <sup>25</sup> But now that faith has come, we are no longer under a custodian; <sup>26</sup> for in Christ Jesus you are all sons of God, through faith. <sup>27</sup> For as many of you as were baptized into Christ have put on Christ. <sup>28</sup> There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. <sup>29</sup> And if you are Christ's, then you are Abraham's offspring, heirs according to promise.

### PROKEIMENA

**Tone 1** (*Resurrection*) - Let Thy mercy, O Lord, be upon us as we have set our hope on Thee! (Ps 32/33:22)

*v: Rejoice in the Lord, O your righteous! Praise befits the just! (Ps 32/33:1)*

**Tone 4** (*St Mary of Egypt*) - God is wonderful in His saints, the God of Israel. (Ps 67/68:35)

### ALLELUIA

Tone 1 — V. God gives vengeance unto me, and subdues people under me. (Ps. 17:48)

V. He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever. (Ps. 17:51)

Tone 1 -- V. I waited patiently for the Lord; He attended to me and heard my supplication. (Ps. 39:1)

## Today's Worship — Scripture Readings

### Gospel — Mark 10: 32-45

<sup>32</sup> And they were on the road, going up to Jerusalem, and Jesus was walking ahead of them; and they were amazed, and those who followed were afraid. And taking the twelve again, he began to tell them what was to happen to him, <sup>33</sup> saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; <sup>34</sup> and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise."

<sup>35</sup> And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." <sup>36</sup> And he said to them, "What do you want me to do for you?" <sup>37</sup> And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." <sup>38</sup> But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" <sup>39</sup> And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; <sup>40</sup> but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." <sup>41</sup> And when the ten heard it, they began to be indignant at James and John. <sup>42</sup> And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. <sup>43</sup> But it shall not be so among you; but whoever would be great among you must be your servant, <sup>44</sup> and whoever would be first among you must be slave of all. <sup>45</sup> For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

### Gospel — Luke 7: 36-50

<sup>36</sup> One of the Pharisees asked him to eat with him, and he went into the Pharisee's house, and took his place at table. <sup>37</sup> And behold, a woman of the city, who was a sinner, when she learned that he was at table in the Pharisee's house, brought an alabaster flask of ointment, <sup>38</sup> and standing behind him at his feet, weeping, she began to wet his feet with her tears, and wiped them with the hair of her head, and kissed his feet, and anointed them with the ointment. <sup>39</sup> Now when the Pharisee who had invited him saw it, he said to himself, "If this man were a prophet, he would have known who and what sort of woman this is who is touching him, for she is a sinner." <sup>40</sup> And Jesus answering said to him, "Simon, I have something to say to you." And he answered, "What is it, Teacher?" <sup>41</sup> "A certain creditor had two debtors; one owed five hundred denarii, and the other fifty. <sup>42</sup> When they could not pay, he forgave them both. Now which of them will love him more?" <sup>43</sup> Simon answered, "The one, I suppose, to whom he forgave more." And he said to him, "You have judged rightly." <sup>44</sup> Then turning toward the woman he said to Simon, "Do you see this woman? I entered your house, you gave me no water for my feet, but she has wet my feet with her tears and wiped them with her hair. <sup>45</sup> You gave me no kiss, but from the time I came in she has not ceased to kiss my feet. <sup>46</sup> You did not anoint my head with oil, but she has anointed my feet with ointment. <sup>47</sup> Therefore I tell you, her sins, which are many, are forgiven, for she loved much; but he who is forgiven little, loves little." <sup>48</sup> And he said to her, "Your sins are forgiven." <sup>49</sup> Then those who were at table with him began to say among themselves, "Who is this, who even forgives sins?" <sup>50</sup> And he said to the woman, "Your faith has saved you; go in peace."

**SAINT JOHN OF DAMASCUS  
ORTHODOX CHURCH  
AUXILIARY**

ETHNIC FOODS and BAKE SALE

**Saturday, April 8, 2023**

**11:00 A.M. to 2:00 P.M.**

**16903 Espola Road, Poway**

**Pierogies – Many Varieties!**

Cheese • Potato/Cheese • Sauerkraut • Sweet Cabbage  
Prune • Cherry @ \$10.00 per dozen

Sausage & Cheese • Loaded Baked Potato • The Polish  
The Italian @ \$12.00 per dozen

**Stuffed Cabbage Rolls** - \$20.00 per dozen **Quiche** - \$15.00 ea.

**Piroshky** - \$15.00 per bag **Easter Breads** - \$10.00 ea.

**Georgian Cheese Bread** - \$16.00 ea. **Baklava** - \$18.00 per dozen

**Spanakopita** - \$18.00 per dozen

**Walnut, Poppy Seed, and Apricot Rolls** - \$18.00 ea.

**Brownies** - \$9.00 per ½ dozen **Lemon Bars** \$9.00 per ½ dozen

**Tea Breads** (Lemon Poppy Seed, Orange Nut, Banana Nut) - \$10.00 ea.

**Russian Tea Cakes** \$9.00 per dozen

**Cream Puffs** - \$1.50 ea.

**Mini Chocolate Cheesecakes** - \$2.50 ea.

**Kolachi Cookies** (Apricot, Walnut) \$10 per dozen

*Advance Orders Only / Pick-Up in Church Hall*  
TO ORDER, PHONE

Tanya: (619) 818-2311 or Mike: (858) 344-2981

Or EMAIL: [auxiliary@stjohnofdamascus.org](mailto:auxiliary@stjohnofdamascus.org)

Ask about our  
marinated  
Easter Lamb!

**Easter Bake Sale  
April 8—11am-2pm  
Get your orders in!**

Our annual Easter Baked Good & Food Sale will be Saturday (Lazarus Saturday) April 8 from 11am.

The menu/flyer is included in the bulletin. Information for making your order is included. Supplies are finite. Get your order in early to be sure you can get your favorites!



**Lazarus Saturday Pancake Breakfast  
Palm Sunday Decoration  
April 8 after Liturgy**

After Divine Liturgy on Lazarus Saturday we will be hosting a Lenten pancake breakfast for folks staying to help with the Bake Sale, assembling palms & decorating the church for Palm Sunday.

Plan on staying for a bit, have some pancakes and help decorate!



**Confessions This Friday  
(3 Timeframes)**

We will have our pre-Holy Week day of Confessions this coming Friday.

Times of the services are:

- 11:30am
- 4:30pm
- 6:30pm

Be sure to prepare for Confession with prayer, fasting and reviewing one of the many preparatory reflections for Confession that the Church has. If someone needs help finding one, please let me know.

**Holy Week & Paschal Sign-ups  
In the Narthex**

Be on the lookout in the narthex (vestibule) of the church for sign-ups for various activities during Holy Week & Pascha.

There are many special opportunities for people to participate including keeping vigil over the tomb on Holy Friday & Saturday, reading Old Testament readings on Holy Saturday, and reading the Gospel in various languages on Pascha day. We will also have a potluck sign-up for the Paschal meal.



**Set-up & Decoration of Tomb  
Holy Friday 10:30am**

We need folks to help with setting up and decorating the Tomb of our Lord on Holy Friday. We will be gathering at 10:30am after Royal Hours.

Please consider joining in and helping!



**Paschal BBQ & Egg Hunt—Sun 4/16**

After the Paschal Agape Vespers we WILL have our lamb BBQ and Children's Easter Egg Hunt.



## LOOKING AHEAD

*The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).*

### Sun April 2

12:30pm — Viewing of Episode of The Chosen w/ Discussion

### Mon April 3

6:00pm — Orthodox Christianity 101

### Wed April 5

10:30am — Father's Café (In Person & Zoom: see online calendar)

6:00pm—Presanctified Liturgy followed by Lenten Potluck

### Fri April 7

11:30am — Confessions

4:30pm—Confessions

### Fri April 7 (continued)

6:30pm — Confessions

### Saturday April 8 Lazarus Saturday

8:30am — 3rd Hour & Divine Liturgy

After Liturgy — Pancake Breakfast

11:00am — 2:00pm—Ethnic Food Bake Sale

Assemble Palms & Decorate Church

6:00pm—Vigil for Palm Sunday w blessing of palms

### Sun April 9 Palm Sunday

8:30 Hours, 9:00am Festal Divine Liturgy

6:00pm—Bridegroom Matins

**For more dates & links please visit our website: [www.stjohnofdamascus.org/calendar](http://www.stjohnofdamascus.org/calendar)**

*Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.*

### Many Years!

Newly-illuminated Jonah Gabriel Winchester 3/26

#### *Name Days*

Mary Caetta 4/1

#### *Birthdays*

Matthew Sladack 4/2

Ivo Vuskovich 4/3

Edward Klavzar 4/4

Erik (Konstantine) Worth 4/7

Anna Jones 4/8

### PARISH CONTACT INFO:

**Church:** 16903 Espola Rd Poway — **Mailing Address:** PO Box 28291 San Diego, CA 92198

**Web:** [www.stjohnofdamascus.org](http://www.stjohnofdamascus.org)

**Email:** [info@stjohnofdamascus.org](mailto:info@stjohnofdamascus.org) — **Phone:** (858) 674-1931

**Priest:** V. Rev. Michael Anderson, Rector

**Email:** [powaypadre@stjohnofdamascus.org](mailto:powaypadre@stjohnofdamascus.org) — **Phone:** (858) 717-2172

**Attached Clergy:** V. Rev. Alexander Federoff, Retired & Pdcn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA