

July 23, 2023



THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

7TH SUNDAY AFTER PENTECOST—TONE 6
MARTYRS TROPHIMUS, THEOPHILUS & 13
OTHERS IN LYCIA

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Welcome!

...to all who have gathered to follow Jesus Christ & manifest the Kingdom of God in the Liturgy of His Church. If this is your first time with us, give us a chance to get to know you and fill out a visitor card.

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A Word from the Holy Fathers

Both men were blind at the time the Lord was passing through this world on the way to his house. Unless they had exclaimed "Have pity on us, Son of David!" and in answer to Jesus' question "Do you believe that I can do this to you?" affirmed "Yes, Lord," they would not have received the pristine light.

St Jerome

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**Include Something in the Bulletin or
Be Included in our Weekly
(NEWS@StJohnofDamascus.org)
E-mails**

E-mail info@stjohnofdamascus.org
with your request.



Jesus asked them, "Do you believe that I am able to do this?"

They replied, "Yes, Lord."

²⁹ He then touched their eyes, saying, "According to your faith, let it be done to you!"

Parish Life

Monthly Memorial Next Week

Due to the many blessings taking place this week, we are moving our monthly memorial for our beloved departed to next week.

Please submit the names of your loved ones who have a connection to the month of July before next week's service.



Please Sign-up for Fellowship Hour

There are a number of Sundays that have openings for people to help with our Fellowship Meal after Liturgy.

We encourage groups of 4 to alleviate the cost of trying to feed our growing parish.

Simple meals are welcome!

If you have any questions speak with Linda Kedroff.



FOOD ALLERGIES

There are many people who are afflicted with food allergies—some of which can be nearly lethal. If you are bringing something for the weekly potluck **please create a sign and attach it to your dish if it includes items like:**

- Peanuts/Nuts
- Shellfish
- Cantaloupe
- MSG

Thank you!

Orthodox Christian Prison Ministry Awareness Sunday 7/30

America's tragically high incarceration rate (2.3 million) means that—chances are—more than one parishioner in your church has been touched by a person serving time in prison.

OCPM introduces prisoners to the fullness of the Orthodox Faith. And we help Orthodox Christians who have been convicted of crimes to return to the Orthodox faith and find healing and reconciliation. But we can't do this work without the support of our parishes. As the national prison ministry of the Orthodox Church, we are entirely funded through parish and individual support.

Please help us fulfill the commandment of our Lord to visit Him in prison (Matthew 25:36) by participating in this vital day of awareness.

Orthodox Christian Prison Ministry (OCPM) is an agency of the Assembly of Canonical Orthodox Bishops of the United States. For Orthodox Christians who have been arrested for crimes, OCPM helps them return to the Faith, offering forgiveness and reconciliation with Christ. For both Orthodox and non-Orthodox alike, OCPM provides spiritual care, enabling prisoners to find hope and purpose in their lives.



Purchase Gift Cards Through Our Scrip Coordinator & Help our Parish

Scrip gift cards raise money for St. John's Auxiliary. When you buy Scrip cards, the store makes a donation with NO extra expense. Use the cards for your regular monthly purchases or gifts for loved ones and support our parish's ministry. Cards are available for gas, groceries, Amazon, restaurants and many other stores.

See Carmen Brown after Liturgy for more information or to purchase your cards.

Parish Life

Blessing of Vehicles Today

Many parishes bless vehicles in connection with the feast of the Holy Prophet Elijah and his chariot during July.

Today after the services we will have this blessing. If you would like your car blessed on the inside as well as the outside, please have the doors open.

SUMMER IS HERE! HOLD ON TO YOUR FAITH

With summer comes much needed vacations and opportunities to do fun things with friends & loved ones. As you are planning your summer be sure to keep your faith in mind. Remember to attend to your prayer life, scripture reading, and reception of the holy Sacraments.

Some dates to remember...

	SUMMER FEASTS
August 6	Transfiguration
August 15	Dormition of the Theotokos

	SUMMER FASTS
August 1-14	Dormition Fast

Also, please do what you can to **maintain your much-needed offerings of time and talent as well as your pledges and contributions over the summer.** Unfortunately, our parish's expenses and needs do not decrease during the summer months. The water bill still needs to be paid. We still want to have fellowship meals after Liturgy on Sundays.

Regarding financial giving, people handle this differently. Some people make up for weeks away when they return. Other members keep their financial contributions regular by using their online banking system to write and send their donations to the mission each month automatically. The parish also has an online giving system on our website. Simply click the "DONATE" button.

Whatever works best for you, please keep your spiritual home in mind.

Online Giving System

We have an online giving system that enables people to be able to manage their giving to our church.

You can set up automatic ongoing donations each month to cover your pledges. You can also use the system to make occasional donations for things like charities, flowers, candles, memorial donations, etc. You can even pay for your bookstore purchases.

There is an option to cover the bank processing fees if you would like to do that.

Not only is this a convenience for you it helps reduce the work required of our Counters on Sundays

Visit www.stjohnofdamascus.org and click on **DONATE**



Scan with your phone to be taken to our secure online giving system.
You can set up 1-time or recurring gifts

Dates for 2023

FASTS

Dormition Fast	August 1-14
Nativity Fast/Advent	Nov 15-Dec 24

FAST-FREE WEEKS

After Christmas	Dec 25-Jan 4
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Today's Worship — Hymns

TROPARIA

Resurrection—Tone 6

The Angelic Powers were at Your tomb;
the guards became as dead men.
Mary stood by Your grave,
seeking Your most pure body.
You captured hell, not being tempted by it.
You came to the Virgin, granting life.
O Lord, Who rose from the dead, //
glory to You.

St John of Damascus —Tone 8

Teacher of Orthodoxy, piety, & purity!
Enlightener of the universe!
& divine inspiration to monastics
by your teachings we are all enlightened,
& by your spiritual music, O all-wise John of
Damascus,
pray to Christ our God for the salvation of our
souls!

Martyrs—Tone 4

Your holy martyr Trophimus and his
companions, O Lord,
through their sufferings have received
incorruptible crowns from You, our God.
For having Your strength, they laid low their
adversaries,
and shattered the powerless boldness of
demons. //
Through their intercession, save our souls!

KONTAKIA

Resurrection—Tone 6

When Christ God, the Giver of Life,
raised all of the dead from the valleys of misery
with His mighty hand,
He bestowed resurrection on the human race. //
He is the Savior of all, the Resurrection, the Life,
and the God of all.

St John of Damascus — Tone 4

Let us the faithful sing praises to John,
worthy of great honor the composer of hymns.
The star & teacher of the Orthodox Faith,
the defender of its doctrine.
Through the might of the Lord's Cross he
overcame heretical error!
Now he is fervent in prayer to Christ God,
to grant forgiveness of our sins.

Martyrs —Tone 8

You have appeared as bright lamps, O holy
martyrs!
Illumine the whole creation with the brightness of
your miracles.
Deliver it from infirmity and drive away the deep
darkness. //
always interceding before Christ God for us all.

Steadfast Protectress—Tone 6

Steadfast Protectress of Christians,
Constant advocate before the Creator:
Do not despise the cry of us sinners,
But in your goodness, come speedily to help us
who call on you in faith.
Hasten to hear our petitions & to intercede for
us, O Theotokos,
For you always protect those who honor you!

PROKEIMENON

Tone 6 (*Resurrection*) — O Lord, save Your people, / and bless Your inheritance! (Ps. 27:9a)

V. To You, O Lord, will I call. O my God, be not silent to me! (Ps. 27:1a)

Today's Worship — Scripture Readings

Epistle — Romans 15: 1-7

15 Now we who are strong should bear the weaknesses of the weak, and not {just} please ourselves. ² Let each one of us please our neighbor for what is good, to be edifying to him. ³ Even Christ did not please himself. But, as it is written, "The insults of those who insulted you fell on me." ⁴ For whatever things were written before were written for our instruction, so that through patience and the Scriptures' encouragement we might have hope. ⁵ Now may the God of endurance and encouragement grant you to be together of the same mind according to Christ Jesus, ⁶ so that with one accord, you may with one mouth glorify the God and Father of our Lord Jesus Christ. ⁷ Therefore, accept one another, even as Christ also accepted you, to the glory of God.

Gospel — Matthew 9: 27-35

²⁷ As Jesus passed by from there, two blind men followed him, calling out and saying, "Have mercy on us, son of David!" ²⁸ When he entered the house, the blind men came to him. Jesus asked them, "Do you believe that I am able to do this?" They replied, "Yes, Lord." ²⁹ He then touched their eyes, saying, "According to your faith, let it be done to you!" ³⁰ And their eyes were opened. Jesus strictly commanded them, saying, "See that no one knows about this." ³¹ However, they went out and spread his fame throughout that entire land. ³² As they were leaving, behold, a mute man who was demon-possessed was brought to him. ³³ When the demon was cast out, the mute began to speak. The multitudes marveled, saying, "Nothing like this has ever been seen in Israel!" ³⁴ But the Pharisees said, "It is by the prince of the demons that he casts out demons." ³⁵ Jesus went about all the cities and villages, teaching in their synagogues and preaching the Good News of the Kingdom. He also healed every kind of disease and sickness among the people.

ALLELUIA

Tone 6 — V. He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God. (Ps. 90:1)

V. He will say to the Lord: "My Protector and my Refuge; my God, in Whom I trust." (Ps. 90:2)

Our Life in Christ—Prayer for When You Cannot Attend Liturgy

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

Glory to Thee, our God, glory to Thee!

O Heavenly King, the Comforter, the Spirit of Truth, Who art everywhere and fillest all things; Treasury of Blessings, and Giver of Life - come and abide in us, and cleanse us from every impurity, and save our souls, O Good One.

Holy God! Holy Mighty! Holy Immortal! Have mercy on us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O most Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Thy name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy name. Thy Kingdom come; Thy will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Lord, have mercy. (12x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

1 Bless the LORD, O my soul; and all that is within me, bless his holy name! 2 Bless the LORD, O my soul, and forget not all his benefits, 3 who forgives all your iniquity, who heals all your diseases, 4 who redeems your life from the Pit, who crowns you with steadfast love and mercy, 5 who satisfies you with good as long as you live so that your youth is renewed like the eagle's. 6 The LORD works vindication and justice for all who are oppressed. 7 He made known his ways to Moses, his acts to the people of Israel. 8 The LORD is merciful and gracious, slow to anger and abounding in steadfast love. 9 He will not always chide, nor will he keep his anger for ever. 10 He does not deal with us according to our sins, nor requite us according to our iniquities. 11 For as the heavens are high above the earth, so great is his steadfast love toward those who fear him; 12 as far as the east is from the west, so far does he remove our transgressions from us. 13 As a father pities his children, so the LORD pities those who fear him. 14 For he knows our frame; he remembers that we are dust. 15 As for man, his days are like grass; he flourishes like a flower of the field; 16 for the wind passes over it, and it is gone, and its place knows it no more. 17 But the steadfast love of the LORD is from everlasting to everlasting upon those who fear him, and his righteousness to children's children, 18 to those who keep his covenant and remember to do his commandments. 19 The LORD has established his throne in the heavens, and his kingdom rules over all. 20 Bless the LORD, O you his angels, you mighty ones who do his word, hearkening to the voice of his word! 21 Bless the LORD, all his hosts, his ministers that do his will! 22 Bless the LORD, all his works, in all places of his dominion. Bless the LORD, O my soul!

Only Begotten Son and Immortal Word of God,
Who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary,
Who without change didst become man and wast crucified, O Christ our God,

Our Life in Christ—Prayer for When You Cannot Attend Liturgy

Trampling down death by death, Who art one of the Holy Trinity,
Glorified with the Father and the Holy Spirit, save us.

Beatitudes

In Thy kingdom remember us, O Lord, * when Thou comest in Thy kingdom. Blessed are the poor in spirit, * for theirs is the kingdom of heaven. Blessed are they that mourn, * for they shall be comforted. Blessed are the meek, * for they shall inherit the earth. Blessed are they that hunger and thirst after righteousness, * for they shall be filled. Blessed are the merciful, * for they shall obtain mercy. Blessed are the pure in heart, * for they shall see God. Blessed are the peacemakers, * for they shall be called the sons of God. Blessed are they which are persecuted for righteousness' sake, * for theirs is the kingdom of heaven. Blessed are ye, when men shall revile you, and persecute you, * and shall say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding glad, * for great is your reward in the heavens.

Creed

I believe in one God, the Father Almighty, Maker of Heaven and Earth and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages. Light of light; true God of true God; begotten, not made; of one essence with the Father, by Whom all things were made; Who for us men and for our salvation came down from Heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And He was crucified for us under Pontius Pilate, and suffered, and was buried. And the third day He arose again, according to the Scriptures, and ascended into Heaven, and sits at the right hand of the Father; and He shall come again with glory to judge the living and the dead; Whose Kingdom shall have no end.

And in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by the prophets.

In one Holy, Catholic, and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead and the life of the world to come. Amen.

Prayer before Reading Scripture

Illumine our hearts, O Master Who lovest mankind, with the pure light of Thy divine knowledge. Open the eyes of our mind to the understanding of Thy gospel teachings. Implant also in us the fear of Thy blessed commandments, that trampling down all carnal desires, we may enter upon a spiritual manner of living, both thinking and doing such things as are well-pleasing unto Thee. For Thou art the illumination of our souls and bodies, O Christ our God, and unto Thee we ascribe glory, together with Thy Father, Who is from everlasting, and Thine all-holy, good, and life-creating Spirit, now and ever and unto ages of ages. Amen.

Epistle Reading & Gospel Reading

Glory to Thee our God, glory to Thee.

Through the prayers of our holy fathers, O Christ our God have mercy on us and save us. Amen.



LOOKING AHEAD

*The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).*

Sunday July 23

Blessing of Vehicles

Mon July 24

6:00pm — Orthodox Christianity 101

Wed July 26—St Jacob of Alaska

7:00am—Monthly Weekday Liturgy

10:30am — Father's Café

Mon July 31

6:00pm — Orthodox Christianity 101

Mon July 31

7:00pm — Parish Council Meeting

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

Many Years!

Birthdays

Sergio Perez 7/26

Nathan Cooper, Jacob Lorelli 7/27

John Henry Keeling 7/28

Olga Bishaev 7/30

Wedding Anniversaries

James & Patricia Pelachik (50 years) 7/21

Edward & Vera Klavzar 7/25

PARISH CONTACT INFO:

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Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — **Phone:** (858) 717-2172

Attached Clergy: V. Rev. Alexander Federoff, Retired & Dn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA