

August 31, 2025



THE IMAGE...

(Jn 12:45 & 14:9; Heb 1:3; Col 1:15)

www.stjohnofdamascus.org

Publication of St. John of Damascus Orthodox Church, Poway, CA

12TH SUNDAY AFTER PENTECOST—TONE 3
THE PLACING OF THE CINCTURE (SASH) OF
THE MOST-HOLY THEOTOKOS

+

Welcome!

...to all who have gathered to follow
Jesus Christ and manifest the Kingdom of
God in the Liturgy of His Church.

If this is your first time with us, give us a
chance to get to know you.

Please join us for our fellowship meal
following the service

+

A Word...

To follow the Savior is to be an imitator of
him and walk in his steps. Anyone who
says that he believes in Christ must himself
also walk in the steps he walked in.

St Jerome

+

Include Something in the Bulletin or
Receive our Weekly Parish E-mails

E-mail info@stjohnofdamascus.org
with your request.



ST. JOHN OF DAMASCUS ORTHODOX CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA

Parish Life

Iconography “Helpers” Invited

In the past some folks with artistic ability have offered to help Yakov Ferens, our iconographer, as he works. If you would like to help with that please contact Yakov at 619-952-4738.

Parish Family Photo “Directory” Photos to Begin to be Taken in June

Our bulletin board “Parish Family Directory” is ready to take its next step.

Beginning in June, Elena Stafford will be approaching people to have their pictures taken to be posted on the blue bulletin board in the church hall. The photos will also have the names of the people in them so that folks have a resource to put names to the faces” as our community continues to grow.

If you have a photo you would rather have used, please speak to Elena about sending it to her so we can have it printed in the format we will be using.



The above picture of a photo directory is taken from St Nicholas Orthodox in Portland, OR. A number of parishes in our Diocese as well as around the country are doing similar things to address the quick growth in their communities.

Orthodox Catechism Class Tuesdays 7:00pm

Having completed the catechist training program at St Vladimir’s Seminary, Erik Worth will be leading a catechism class beginning on Tuesday 8/19 at 7:00pm.

The class will be offered in the church hall and via a GoToMeeting link available on our parish website calendar:

<https://stjohnofdamascus.org/calendar/>



“Crafty Creators” 1st Sunday of the Month

St John’s “Craft Creators” is a new gathering for all crafters, crocheters, knitters, jewelry makers, artists, quilters, scrap bookers, etc. to bring their projects and work alongside other crafters to be inspired, share skills, and build friendships.

Crafty Creators meets every first Sunday of the month in the Fellowship Hall in the back classrooms after church school.

Our first meet-up was well attended and participants had a wonderful time. Mark your calendars for Sept 7.



St John’s Auxiliary Meeting Sunday Sept 21 — 11am

Our St John’s Auxiliary will be meeting on Sunday Sept 21 at around 11am to discuss it’s plans for the year.

NEWCOMERS are welcome!

Parish Life

Church School Registration

It is time for parents to register their children for our church school programs.

We are doing registration online to have better access to information so we can keep families informed.

Please scan the QR code below and complete the online form for EACH child who will be attending church school.



Church School for Children & Youth 1st & 3rd Sunday of Month Youth Choir 2nd & 4th Sunday of Month

Our Church School for children and youth are held on the 1st and 3rd Sundays of the month beginning SEPTEMBER 7.

Our children's and youth choir (for those able to read) are held on the 2nd and 4th Sundays of the month.

Church School Helpers & Teachers Needed

Our new church school year will be beginning next month. We are in need of helpers and teachers. Please speak to Bill Moision, Sally Menig, Katie Jones or Fr Michael to see how you can help.

New Adult Education Class Wednesdays 7:00-8:30pm Jesus Christ & the Temple

Beginning on September 10th, Fr Michael will be offering a new adult education class in the church hall and via Zoom.

We will spend 5 sessions (weeks) discussing the Tabernacle/Temple and what it tells us about Christ and the Gospel.

Coffee & Tea as well as light snacks will be offered for those attending in person.

Those attending via Zoom can find the link on our parish website online calendar.



Auxiliary Goodies for Sale!

Looking for tasty quick and easy meal options? Our Auxiliary has a number of things in stock. We have the following kinds of pierogi

Non-Meat (\$10/dozen)

- Potato/Cheese
- Loaded BAKed
- Sauerkraut
- Farmers Cheese

Meat (\$12/dozen)

- Sausage & Cheese
- Hamburger

We also have...

- Stuffed Cabbage (\$20/dz)
- Nut rolls (\$20)
- Poppyseed rolls (\$20)
- Apricot rolls (\$20)

Please speak with Tanya or any member of the Auxiliary to make your order.

Today's Worship — Hymns

TROPARIA

Resurrection—Tone 3

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

Belt (Sash) of the Theotokos—Tone 8

Ever Virgin Theotokos, protectress of mankind,
you have given your people a powerful legacy:
the robe and sash of your most honored body
which remained incorrupt throughout
your seedless childbearing;
for through you time and nature are renewed.//
Therefore we implore you: "Grant peace to your
people and to our souls great mercy!"

St John of Damascus —Tone 8

Teacher of Orthodoxy, piety, & purity!
Enlightener of the universe!
& divine inspiration to monastics
by your teachings we are all enlightened,
& by your spiritual music, O all-wise John of
Damascus,
pray to Christ our God for the salvation of our
souls!

KONTAKIA

Resurrection—Tone 3

On this day You rose from the tomb, O Merciful
One,
leading us from the gates of death.
On this day Adam exults as Eve rejoices;
with the Prophets and Patriarchs//
they unceasingly praise the divine majesty of
Your power.

St John of Damascus — Tone 4

Let us the faithful sing praises to John,
worthy of great honor the composer of hymns.
The star & teacher of the Orthodox Faith,
the defender of its doctrine.
Through the might of the Lord's Cross he
overcame heretical error!
Now he is fervent in prayer to Christ God,
to grant forgiveness of our sins.

Belt (Sash) of the Theotokos—Tone 4

Today your flock celebrates the enshrinement of
your precious sash,
and it earnestly cries out to you://
"Rejoice, O Virgin, boast of all Christians!"

PROKEIMENON

Tone 3 - (Resurrection) Sing praises to our God, sing praises! / Sing praises to our King, sing praises!
(Ps. 46:6)

V. Clap your hands, all peoples! Shout to God with loud songs of joy! (Ps. 46:1)

Today's Worship — Scripture Readings

Epistle — 1 Corinthians 15: 1-11

15 Now I declare to you, brethren, the Good News which I preached to you, which also you accepted, in which you also stand. ² And you are saved by it, that is if you hold firmly to the word which I preached to you. Otherwise, you believed in vain. ³ For I delivered to you, first of all, what I also received: that Christ died for our sins according to the Scriptures, ⁴ that he was buried, that he was raised on the third day according to the Scriptures, ⁵ and that he appeared to Kephias, then to the Twelve. ⁶ After that, he appeared to over five hundred brethren at once, most of whom remain [alive] until now, but some have also fallen asleep. ⁷ Then he appeared to James, then to all the apostles, ⁸ and last of all, as to the child born at the wrong time, he appeared to me also. ⁹ Indeed, I am the least of the apostles, unworthy to be called an apostle, because I persecuted the Church of God. ¹⁰ But by the grace of God, I am what I am. His grace which was bestowed on me was not in vain, but I worked more than all of them—yet not I, but the grace of God which was with me. ¹¹ It does not matter whether is it I or they: this is what we preach, and so you believed.

Gospel — Mathew 19: 16-26

¹⁶ Behold, a man came to him and asked, "Good teacher, what good thing shall I do in order to have eternal life?"

¹⁷ Jesus said to him, "Why do you call me good? No one is good but one, that is, God. But if you want to enter into life, keep the commandments."

¹⁸ The man asked him, "Which ones?"

Jesus replied, "'You shall not murder.' 'You shall not commit adultery.' 'You shall not steal.' 'You shall not bear false witness.' ¹⁹ 'Honor your father and mother;' and, 'You shall love your neighbor as yourself.' "

²⁰ The young man then said to him, "All these things I have observed from my youth! What do I still lack?"

²¹ Jesus replied, "If you want to be perfect, go, sell what you have, give it to the poor, and you will have [a] treasure in heaven. Then come, and follow me!" ²² But when the young man heard these words, he went away sad because he was a person with great possessions.

²³ Jesus said to his disciples,

"Amen I say to you: it will be hard for someone who is rich to enter into the Kingdom of Heaven!"

²⁴ Indeed, I tell you that it is easier for a camel to pass through the eye of a needle than for a rich man to enter into the Kingdom of God."

²⁵ When his disciples heard this, they were extremely astonished and said, "Who then can be saved?"

²⁶ Gazing at them, Jesus answered, "By human resources, this is impossible, but with God all things are possible!"

ALLELUIA

Tone 3 — V. In You, O Lord, have I hoped; let me never be put to shame! (Ps. 30:1a)

V. Be a God of protection for me, a house of refuge in order to save me! (Ps. 30:2b)

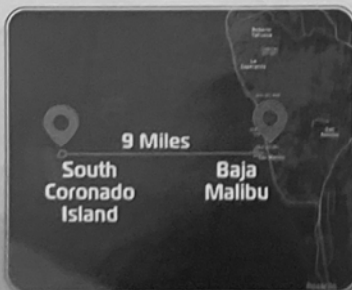
Our Life in Christ

11th ANNUAL SWIM FOR HOPE//2025

Help Fund Education for Orphaned Children in Mexico



Saturday, September 6th



Father Simeon and the Swim for Hope team will swim, kayak, or paddle across open waters to raise critical funds for Project Mexico's School Buddies Education Program, directly benefiting the children of St. Innocent Orphanage. After the swim, everyone is invited to a community beach barbecue near Baja Malibu to celebrate the journey and the impact of your support. **GOT QUESTIONS?** Call Fr. Simeon: (619) 760-6373

DONATE TODAY at link on QR code or:

projectmexico.org/swim-for-hope

Mail checks payable to: "Project Mexico"

4511 Riviera Shores St, Ste. 3, San Diego, CA 92154



PROJECT MEXICO
& St. Innocent Orphanage



Building hope for boys without families & families without homes

Join Us October 2 – 5, 2025

To Celebrate a New Icon of Creation
at Point Loma Nazarene University (PLNU):

The Transfiguration of Creation



The 4-day celebration in San Diego is free to attend and will feature:

- Lectures by renowned Orthodox Christian theologians and scholars, including the iconographer Aidan Hart
- Icon exhibit curated by icon collector Subdeacon Michael Roeder
- Blessing the new icon at Saint Gregory of Nyssa Greek Orthodox Church in El Cajon on Sunday, October 5th, 2025
- Fine art prints of the new icon for sale
- For more information and to RSVP, scan QR code or visit <https://sites.google.com/pointloma.edu/creationicon>





LOOKING AHEAD

*The following are services & parish events **IN ADDITION** to the usual weekend services (Sat 6pm & Sun 8:30am).*

Monday Sept 1

Church New Year

Tuesday — Sept 2

7:00pm — Catechism Class w/ Erik Worth

Wednesday — Sept 3

10:30am — Father's Café

Saturday — Sept 6

4:30pm — Choir Rehearsal

Sunday — Sept 7

6:00pm — Great Vespers w/ Litya for Nativity of the Theotokos

Monday — Sept 8

Nativity of the Theotokos

8:30am — 3rd Hour & Festal Divine Liturgy

Tuesday — Sept 9

7:00pm — Catechism Course

Wednesday — Sept 10

7:00pm — Adult Ed: Jesus & the Temple

For more dates & links please visit our website: www.stjohnofdamascus.org/calendar

Many Years!

Newly-illuminated Tyler Thomas, Stefanie Emmelia, Peyton Elizabeth, Emmett Elijah,
Liam Panteleimon, Logan Nicholas, Theodore Budde

Birthday

Kim Anh Nguyễn Herbert	9/2
Mark Rahal	9/4
Gene (Nectarios) Francello	9/5
Anthony Boquero, Barbara Anderson	9/6

Wedding Anniversary

Vincent (Constantine) & Melissa Palumbo	9/1
Heather & Daniel Federoff	9/5
Kelly & David Martot	9/6

PARISH CONTACT INFO:

Church: 16903 Espola Rd Poway — **Mailing Address:** PO Box 28291 San Diego, CA 92198

Web: www.stjohnofdamascus.org

Email: info@stjohnofdamascus.org — **Phone:** (858) 674-1931

Priest: V. Rev. Michael Anderson, Rector

Email: powaypadre@stjohnofdamascus.org — **Phone:** (858) 717-2172

Attached Clergy: V. Rev. Alexander Federoff, Retired, Rev. John Robinson, Retired &
Pdn. George Shumaik

ST. JOHN OF DAMASCUS CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA