

## Prayer List — January 4, 2026

This list is distributed to the members & friends of St. John of Damascus Orthodox Church for inclusion in their personal intercessory prayers as well as for use during services. To include someone on the prayer list send contact Fr Michael with the included on the list (full Christian names, not nick names), a few words indicating why we are praying for them, and any important date(s) involved (i.e. date of surgery, anniversary of repose, celebration, etc.). People will remain on the prayer list for the week leading up to their celebration, the period of time leading up to the dates included, or 1 month unless their name is resubmitted.

### Health

#### ***Immediate Concerns (Health Issues, Surgery, etc.) - Included in litanies, etc.***

Archbishop BENJAMIN	healing - diagnosed with Parkinson's Disease
Archpriest Matthew Tate	faith, strength, perseverance - diagnosed with cancer.
Archpriest Michael Tassos	faith, strength, patience, perseverance - wife diagnosed with cancer
Houria Christina Tassos	faith, strength, healing — cancer - wife of Fr Michael Tassos
Barbara Anderson	faith, healing, perseverance- heart issues & cancer - Fr Michael's mother — sub 11/2
Peter Anderson	faith, perseverance — attending St Vladimir Seminary
Lisa	faith, healing, perseverance - breast cancer - friend of Fr Michael - sub 05/12
Gail	faith, healing - Gary Jollie's sister
Hue	faith, healing, strength - mother of Huen Do (Jollie)
Michael Lucky Francis Messy	faith, healing, strength - awaiting heart surgery - brother-in-law of Mike Wesdell 05/23
Issa	faith, healing - uncle of George Rahal
Wadih Rahal	faith, healing, strength - brother of George Rahal
Anne & Daniel Rutz	faith, healing, strength - both battling cancer - friends of Carole Shumaik
William & Margie (Marie) Hicks	faith, strength, healing - husband of Margie Hicks 5/12
Janet	faith, healing, strength - recovering from back surgery - friend of Mat Vickie F - 5/17
Joan Ediss-Loos	faith, healing, strength - friend of Barbara Karleen - sub 6/21
Douglas Kraetsch	faith, healing — father of Katie Jones sub 11/02/24
Paul	healing, wisdom - friend of Katie Jones sub 11/02/24
Amanda	faith, healing, strength - friend of Katie Jones sub 1/2/25
Ana Fontes	healing, strength - child of friends of Andersons sub 12/13/24
Kristen Ringas	faith, healing, strength - breast cancer - cousin of Bill Stafford sub 2/11
Jose Pina	faith, strength, healing - cancer - father of Melissa Palumbo - sub 8/5
Dennis (Dionysius) Stavrou	faith, strength, healing — heart issues
Joseph Temnick	faith, strength, healing - infection - recovering from surgery on 10/28
Vladimir	faith, healing - Elena Stafford's father
Miguel	faith, healing — family of John Thayer
Amy Cutting	faith, healing, perseverance — Ruaridh Cutting's mother
Grayson, Sydney, newborn Gideon	faith, healing, strength, perseverance - Gideon in hospital
Weston, Michelle, and baby Leon	faith, healing, strength, perseverance - Leon in hospital
Ineza	faith, healing, strength — in hospital for pneumonia- mother of Nino Kiria
Emmelia Budde and the child to be born of her	
Alexis Wenson and the child to be born of her	
Irene Blumenstock and the child to be born of her	

#### ***Those suffering from the acts of violence in Gaza, Israel and Lebanon & on the people of Ukraine, especially...***

Ludmilla	faith, protection, strength - mother of Iryna Thayer
Vitaliy & Tamara	faith, protection, strength - friends in Ukraine of Dmitriy Panasenko
Oksana, Ivan, Maria, Arkady, Andrey, Maryana, Anna, Taras, Darina, Yarina	- cousins of Elena Sullivan in Ukraine

#### ***The persecuted Christians in Egypt, India, Pakistan, China, Ethiopia, Eritrea, Gaza, Syria and throughout the world***

#### ***Celebrations (Name Days, Birthdays, Wedding Anniversaries, etc.) - Included in litanies, etc.***

##### *Other*

Archpriest Michael on his anniversary of tonsure as a Reader of the Church

##### *Name Day*

Edward Klavzar, Edward Lump

## *Birthday*

Nicholas Worth	1/5
Terrance Miller, Maha (Alexandra) Rahal, Anthony Baquero, Nicholas Stone	1/6
Tania Minakov	1/10

## *Wedding Anniversary*

George & Maha (Alexandra) Rahal 1/8  
Artemis & Margarita Sladack 1/10

## *Catechumen*

Austin Medlin

Justin Goelden

Deangelo Raza

Patrick Roberts

Lisa Hagerman

Irene Blumenstock

## Departed

### **Departed**

Those departed who were killed due to the wars in Gaza, Israel & Lebanon and in Ukraine

Archpriest Paul Pyrch +12/2 - 40 days January 10

### *Anniversary of Repose*

Steven Plell 1/4

Verdelle Kreuger 1/7

Phillip Walker, George Zivkovich 1/8

## Personal of the Faithful Prayers & Proskomedia

Ayana

## PRAYERS FOR THE FAITHFUL

### **Prayer OF a Sick Person**

Jesus Christ, my Lord and Savior, You became man and died on the cross for our salvation. You healed people of sickness and affliction through Your love and compassion. Visit me, Lord and grant me strength to bear this sickness with which I am afflicted, with patience, submission to Your will and trust in Your loving care. I pray that You will bless the means used for my recovery and those who administer them. Grant that my sickness may be to my spiritual benefit and that I may live the rest of my life more faithfully according to Your will. For You are the source of life and healing and to You I give praise and glory, now and forever. Amen.

### **Prayers FOR a Sick Person**

Heavenly Father, physician of our souls and bodies, Who have sent Your only-begotten Son and our Lord Jesus Christ to heal every sickness and infirmity, visit and heal also Your servant (name) from all physical and spiritual ailments through the grace of Your Christ. Grant him (her) patience in this sickness, strength of body and spirit, and recovery of health. Lord, You have taught us through Your word to pray for each other that we may be healed. I pray, heal Your servant (name) and grant to him (her) the gift of complete health. For You are the source of healing and to You I give glory, Father, Son and Holy Spirit. Amen.

O Lord our God, Who by a word alone did heal all diseases, Who did cure the kinswoman of Peter, You Who chastise with pity and heal according to Your goodness; Who are able to put aside every sickness and infirmity, do You Yourself, the same Lord, grant aid to Your servant (name) and cure him (her) of every sickness of which he (she) is grieved; and send down upon him (her) Your great mercy, and if it be Your will, give to him (her) health and a complete recovery; for You are the Physician of our souls and bodies, and to You do we send up Glory: to the Father, Son and Holy Spirit, Both now and forever, and to the ages of ages. Amen.

### **Prayers in Time of Need**

Almighty God, the Father of mercies and God of all comfort, come to my help and deliver me from this difficulty that besets me. I believe Lord, that all trials of life are under Your care and that all things work for the good of those who love You. Take away from me fear, anxiety and distress. Help me to face and endure my difficulty with faith, courage and wisdom. Grant that this trial may bring me closer to You for You are my rock and refuge, my comfort and hope, my delight and joy. I trust in Your love and compassion. Blessed is Your name, Father, Son and Holy Spirit, now and forever. Amen.

O God, our help in time of need, Who are just and merciful, and Who inclines to the supplications of His people. Look down upon me and have mercy on me and deliver me from the trouble that now besets me. Deal with us not according to our iniquities, but according to Your manifold mercies, for we are the works of Your hands, and You know our weaknesses. I pray to you to grant me Your divine helping grace, and endow me with patience and strength to endure my hardships with complete submission to Your Will. Only You know our misery and sufferings, and to You, our only hope and refuge, I flee for relief and comfort, trusting in Your infinite love and compassion, that in due time, when You know best, You will deliver me from this trouble, and turn my distress into comfort. We then shall rejoice in Your mercy, and exalt and praise Your Holy Name, O Father, Son and Holy Spirit, both now and forever and to the ages of ages. Amen